

Town of York - Center for Active Living - Lunch Menu – May 2023

Registration: York Residents begin Thursday, April 27 at 9am and Non-Residents begin Friday, April 28 at 9am. See p. 11 of *The Scoop* for lunch program details. Reservation deadline: *Friday by 2pm prior to the meal you desire*; call 207-363-1036, Monday – Friday, 9:00am-3:30pm. *If you need to cancel a meal, to obtain a refund, please cancel two days in advance.* Meals are limited to one per person. All meals are \$5.00. Order early as there are a limited number of meals per day. Please be sure to read p. 11 for information on how Wednesday Pick-Up meals will operate. Muffins are not part of the meal; order separately (5 muffins - \$2.50; 10 muffins - \$5.00).

Tuesday	Wednesday (Pick-Up)	Thursday	Friday
2 Stuffed Shells with Meat Sauce, Meatball, Sausage, Vegetable, Garlic Bread <i>Muffin: Cherry Pineapple</i>	3 Irish Corned Beef Soup, Our Own Italian Sub Sandwich, Chips, Crackers <i>Muffin: Maple Walnut</i>	4 Boneless Herb Chicken Breast, Pasta Primavera, Garlic Bread <i>Muffin: Cinnamon Peach</i>	5 CHOICE DAY Haddock Fish Chowder and Seafood Salad Sandwich <u>OR</u> 2 Chowders and No Sandwich, Chips, Cole Slaw, Crackers <i>Muffin: Peanut Butter Choc Chip</i>
9 Turkey Rice Vegetable Soup, Philly Cheese Steak Sub, Chips, Pickle <i>Muffin: Maine Wild Blueberry</i>	10 Spiral Baked Ham with Pineapple, Mac & Cheese, Vegetable <i>Muffin: Cherry Choc Chip</i>	11 Stuffed Cabbage, Mashed Potato, Vegetable <i>Muffin: Honey Raisin Bran</i>	12 Baked Haddock with Crumb Topping, Rice Pilaf, Vegetable <i>Muffin: Blueberry Corn</i>
16 Boneless Breast Chicken with Mushroom Sauce, Rice Pilaf, Vegetable <i>Muffin: Pumpkin Streusel</i>	17 Everyone's Favorite Meatloaf, Mashed Potato, Gravy, Vegetable <i>Muffin: Banana Walnut</i>	18 NO LUNCH TODAY CENTER CLOSING AT 11:30AM <i>Muffin: Lemon Poppy Seed</i>	19 CHOICE DAY Plain Baked Haddock with Shrimp Sauce <u>or</u> Plain Baked Haddock, Potato, Vegetable <i>Muffin: Peanut Butter & Jelly</i>
23 Yankee Pot Roast with Vegetable Garnish, Mashed Potato, Vegetable <i>Muffin: Sweet Georgia</i>	24 SPRING FLING BBQ Boneless Chicken Breast Potato & Egg Salad, Cole Slaw <i>Muffin: Cranberry Corn</i>	25 Our Own Mild Meat Chili with Cheese, Hot Dog, <i>Muffin: Maple Walnut</i>	26 CHOICE DAY Baked Haddock Florentine <u>OR</u> Plain Baked Haddock, Rice Pilaf, Vegetable <i>Muffin: Cranberry Walnut</i>
30 DINNER AT 5:00pm French Bread Pizza with Cheese, Meat, or Vegetable Topping, Salad [no delivery or pick-up] <i>Muffin: Lemon Blueberry</i>	31 Homemade Lasagna with Meat Sauce, Meatball, Sausage, Vegetable, Garlic Bread <i>Muffin: Orange Cranberry</i>	June 1 Teriyaki Chicken, Fried Rice, Egg Roll, Stir Fried Vegetable <i>Muffin: Banana Choc Chip</i>	June 2 CHOICE DAY Seafood Newburg <u>OR</u> Plain Baked Haddock, Rice, Vegetable <i>Muffin: Maine Wild Blueberry</i>

MENU SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY; Thank you for your understanding!