

Town of York - Center for Active Living - Lunch Menu – April 2023

Registration: York Residents begin Wednesday, March 29 at 9am and Non-Residents begin Thursday March 30 at 9am. See p. 11 of *The Scoop* for lunch program details. **Reservation deadline: Friday by 2pm prior to the meal you desire; call 207-363-1036, Monday – Friday, 9:00am-3:30pm. If you need to cancel a meal, to obtain a refund, please cancel two days in advance.** Meals are limited to one per person. All meals are \$5.00 with exception of Spring Celebration Luncheon (Thursday, April 6). Order early as there are a limited number of meals per day. Muffins are not part of the meal; order separately (5 muffins - \$2.50; 10 muffins - \$5.00).

Tuesday	Wednesday	Thursday	Friday
4 Chicken Chow Mein over Rice, Egg Roll, Stir Fry Vegetables <i>Muffin: Apple Streusel</i>	5 Mini Meatloaf, Mashed Potato, Vegetable <i>Muffin: Blueberry Bran</i>	6 SPRING CELEBRATION CHOICE DAY Ham (\$5.00) or Lamb (\$7.00), Smashed Garlic Potato, Vegetable, Matzo <i>Muffin: Cherry Chocolate Chip</i>	7 Baked Haddock with Seafood Crumb Topping, Spinach Rice Pilaf, Vegetable <i>Muffin: Cranberry Corn</i>
11 Lasagna Roll Ups with Meat Sauce, Meatball/Sausage, Garlic Bread <i>Muffin: Lemon Poppy Seed</i>	12 Broccoli Cheese Soup, Grilled Reuben Sandwich, Chips, Cole Slaw <i>Muffin: Banana Walnut</i>	13 Turkey Dinner with all the Fixins, Potato, Vegetable <i>Muffin: Mixed Berry</i>	14 Oven Fried Haddock – “Fish -N-Chips,” Cole Slaw <i>Muffin: Pumpkin Cranberry</i>
18 CHOICE DAY Tomato Tortellini Soup, Hamburger <u>or</u> Cheeseburger on a Bun, Fries/Chips, Cole Slaw <i>Muffin: Peanut Butter Choc Chip</i>	19 BBQ Chicken Breast Potato & Egg Salad, Cole Slaw <i>Muffin: Wild Maine Blueberry</i>	20 Baked Ziti with Meat Sauce, Vegetable, Garlic Bread <i>Muffin: Sweet Georgia</i>	21 CHOICE DAY BRING A FRIEND TO LUNCH Seafood Newburg <u>or</u> Plain Baked Haddock, Golden Rice, Vegetable <i>Muffin: Pineapple Cherry</i>
25 DINNER AT 5:00pm Roast Pork Dinner, Stuffing, Applesauce, Potato, Vegetable [no delivery or pick-up] <i>Muffin: Cranberry Walnut</i>	26 Spaghetti with Meat Sauce, Meatball, Sausage, Vegetable, Garlic Bread <i>Muffin: Cinnamon Peach</i>	27 Everyone’s Favorite Meatloaf, Mashed Potato, Vegetable <i>Muffin: Blueberry Corn</i>	28 Baked Haddock with Crumb Topping, Rice Pilaf, Vegetable <i>Muffin: Honey Raisin Bran</i>

MENU SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY; Thank you for your understanding!