

Town of York - Center for Active Living - Lunch Menu – March 2023

Registration: York Residents begin Wed., March 1 at 9am, Non-Residents begin Thurs. March 2 at 9am. See p. 11 of *The Scoop* for lunch program details. **Reservation deadline:** *Friday by 2pm prior to the meal you desire*; call 207-363-1036, Monday – Friday, 9:00am-3:30pm. *If you need to cancel a meal, to obtain a refund, please cancel two days in advance.* Meals are limited to one per person. All meals are \$5.00 except St. Patrick’s Day special meal – Corned Beef & Cabbage (\$9.00). if you can’t pay, please see Jo, Facility Coordinator. Order early as there are a limited number of meals per day. Muffins are not part of the meal; order separately (5 muffins - \$2.50; 10 muffins - \$5.00).

Tuesday	Wednesday	Thursday	Friday
7 Split Pea Soup, Italian Sub Sandwich Chips, Crackers <i>Muffin: Maine Wild Blueberry</i>	8 American Chop Suey with Cheese, Vegetable, Corn Muffin <i>Muffin: Pumpkin Streusel</i>	9 Roast Pork Dinner with Stuffing and Gravy Vegetable, Potato <i>Muffin: Honey Raisin Bran</i>	10 Corn Chowder, Haddock Fish Sandwich on Bun with Cheese, Oven Fries, Crackers, Cole Slaw <i>Muffin: Apple Spice</i>
14 Lasagna Roll-Up with Meat Sauce, Meatball/Sausage, Vegetable <i>Muffin: Cranberry Corn</i>	15 Chicken with Mushroom Sauce, Rice Pilaf, Vegetable <i>Muffin: Orange Cranberry</i>	16 Everyone’s Favorite Meatloaf, Mashed Potato, Vegetable <i>Muffin: Peanut Butter & Jelly</i>	17 ST. PATRICK’S DAY SPECIAL Corned Beef & Cabbage Vegetables, Soda Bread (\$9.00) <i>Muffin: Lemon Poppy Seed</i>
21 Pork Chop with Peppers & Onion, Potato, Vegetable <i>Muffin: Maple Walnut</i>	22 Chicken Parmesan over Spaghetti with Red Sauce, Vegetable <i>Muffin: Cherry Pineapple</i>	23 Beef Stroganoff over Egg Noodles, Vegetable <i>Muffin: Pumpkin Cranberry</i>	24 CHOICE DAY Baked Haddock Florentine <u>or</u> Plain Baked Haddock Potato, Vegetable <i>Muffin: Banana Walnut</i>
28 DINNER AT 4:45pm Chicken Enchilada with Salad Toppings, Corn Muffin [no delivery or pick-up] <i>Muffin: Mixed Berry</i>	29 Italian Herb Chicken Breast, Pasta Primavera with Light Alfred Sauce, <i>Muffin: Sweet Georgia</i>	30 Chicken Rice Soup, Meatball Sub with Cheese, Chips, Crackers <i>Muffin: Blueberry Corn</i>	31 CHOICE DAY Baked Haddock with Shrimp Sauce <u>or</u> Plain Haddock Rice Pilaf, Vegetable <i>Muffin: Cinnamon Peach</i>

MENU SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY; Thank you for your understanding!