

Town of York - Center for Active Living - Lunch Menu – December 2022

Registration: York Residents begin Wednesday, Nov. 30 at 9am and Non-Residents begin Thursday Dec. 1 at 9am. See p. 10 of *The Scoop* for lunch program details. Reservation deadline: *Friday by 2pm prior to the meal you desire*; call 207-363-1036, Monday – Friday, 9:00am-3:30pm. *If you need to cancel a meal, to obtain a refund, please cancel two days in advance.* Meals are limited to one per person. All meals are \$5.00 each except for Holiday Meal on Dec. 21, \$6.00. Order early as there are a limited number of meals per day. Muffins are not part of the meal; order separately (5 muffins - \$2.50; 10 muffins - \$5.00).

Tuesday	Wednesday	Thursday	Friday
6 Stuffed Shells with Sausage/Meatball, Vegetable, Garlic Bread <i>Muffin: Cranberry Corn</i>	7 Nancy's MILD Chili, Hot Dog, Cole Slaw, Corn Chips <i>Muffin: Sweet Georgia</i>	8 Turkey A La King over Rice, Vegetable, Corn Muffin <i>Muffin: Wild Maine Blueberry</i>	9 Corn Chowder, Fish Sandwich on a bun with cheese, Chips, Cole Slaw <i>Muffin: Peanut Butter Choc Chip</i>
13 Split Pea Soup, Canadian Pork Pie, Vegetable, Potato <i>Muffin: Maple Walnut</i>	14 Swedish Meatballs over Egg Noodles, Vegetable <i>Muffin: Mixed Berry</i>	15 Teriyaki Chicken Breast, Egg Roll, Fried Rice, Vegetable <i>Muffin: Banana Choc Chip</i>	16 Baked Haddock with Crumb Topping, Rice Pilaf, Vegetable <i>Muffin: Orange Cranberry</i>
20 Minestrone Soup, Philly Cheese Steak Sub, Chips, Cole Slaw <i>Muffin: Honey Raisin Bran</i>	21 <u>Holiday Luncheon</u> Pork Dinner with Potato, Stuffing, Vegetable (\$6.00) RESERVE BY DEC. 14th <i>Muffin: Blueberry Corn</i>	22 Mini Meatloaf, Mashed potato, Gravy, Vegetable <i>Muffin: Pumpkin Cranberry</i>	23 CLOSED FOR WINTER BREAK; RE-OPENING ON TUESDAY, JAN. 3, 2023
Jan. 3 Baked Spiral Ham, Mac N Cheese, Vegetable <i>Muffin: Lemon Blueberry</i>	Jan. 4 Cream of Mushroom Barley Soup, BBQ Pork on a Bun, Cole Slaw, Chips, Crackers <i>Muffin: Apple Streusel</i>	Jan. 5 Italian Herb Chicken Breast, Penne Pasta Primavera <i>Muffin: Cranberry Corn</i>	CHOICE DAY Jan. 6 Baked Haddock Florentine <u>or</u> Plain Haddock Rice Pilaf, Vegetable <i>Muffin: Cherry Choc Chip</i>

MENU SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY; Thank you for your understanding!