

Town of York - Center for Active Living - Lunch Menu – September 2022

Registration: York Residents begin Thursday, Sept. 1, 9am and Non-Residents begin Friday Sept. 2, at 9am. See p. 10 of *The Scoop* for lunch program details. **Reservation deadline:** *Friday by 2pm prior to the meal you desire*; call 207-363-1036, Monday – Friday, 9:00am-3:30pm. **Meals are limited to one per person.** Meals are \$5.00 each except for “**STEAK OUT**” (0812/22): **Steak - \$9.00 or Chicken - \$6.00.** Order early as there are a limited number of meals per day. Muffins are not part of the meal; order separately (5 muffins - \$2.50; 10 muffins - \$5.00).

Tuesday LUNCH TO-GO	Wednesday DINE-IN ONLY	Thursday LUNCH TO-GO	Friday LUNCH TO-GO/DINE-IN
6	7	8	<u>DINE-IN</u> 9
Chicken Cacciatore over Spaghetti, Vegetable, Garlic Bread <i>Muffin: Banana Choc Chip</i>	Hot Dog with Baked Beans, Cole Slaw, Rolls <i>Muffin: Peanut Butter & Jelly</i>	15 Bean Soup with Veggies, Melty Ham & Cheese Sub, Chips, Crackers <i>Muffin: Mixed Berry</i>	Baked Haddock with Crumb Topping, Rice Pilaf, Vegetable <i>Muffin: Cinnamon Peach</i>
13	14	15	<u>TO-GO</u> 16
Boneless Chicken with Mushroom Sauce, Rice Pilaf, Vegetable <i>Muffin: Pumpkin Streusel</i>	Chicken Vegetable Noodle Soup, Philly Cheese Steak Sub, Chips, Crackers <i>Muffin: Blueberry Bran</i>	Stuffed Cabbage Rolls, Smashed Potato, Vegetable <i>Muffin: Cherry Choc Chip</i>	<u>“STEAK OUT” - Choice</u> Sirloin Strip Steak (\$9.00) <u>OR</u> Chicken Quarter (\$6.00), Potato & Egg Salad, Corn on the Cob, Cole Slaw <i>Muffin: Cranberry Corn</i>
20	<u>Dinner 4:45</u> 21	22	<u>DINE-IN - Choice</u> 23
Everyone’s Favorite Meatloaf, Mashed potato, Vegetable <i>Muffin: Sweet Georgia</i>	Our Own Lasagna with Meat Sauce, Meatball/Sausage, Vegetable, Garlic Bread <i>Muffin: Banana Walnut</i>	Roast Pork Dinner, Mashed Potato, Vegetable <i>Muffin: Wild Maine Blueberry</i>	Baked Haddock Florentine <u>OR</u> Plain Baked Haddock, Potato, Vegetable <i>Muffin: Honey Raisin Bran</i>
27	28	29	<u>TO-GO</u> 30
Chicken Parmesan over Spaghetti, Vegetable, Garlic Bread <i>Muffin: Peanut Butter Choc Chip</i>	Turkey A la King over Rice or Biscuit, Vegetable <i>Muffin: Cherry Pineapple</i>	Tomato Tortellini Soup, Grilled Reuben Sandwich, Chips, Crackers <i>Muffin: Orange Cranberry</i>	Haddock Fish Chowder, Seafood Salad Sandwich, Chips, Crackers <i>Muffin: Mixed Berry</i>

MENU SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY; Thank you for your understanding!