

Town of York - Center for Active Living - Lunch Menu – AUGUST 2022

Registration begins Thursday, July 28 at 9:00am for York Residents and Friday, July 29 for Non-York Residents. See p. 11 of *The Scoop* for lunch program details. Reservation required by noon the Friday prior to the meal you desire; call 207-363-1036, Monday – Friday, 9:00am-3:30pm. Meals: \$5.00 except for special meals (Lobster Bake, 08/12/22 – single \$21.00, twin \$29.00). Limit, one meal per person. Order early as there are a limited number of meals per day. Muffins are *not* part of the meal; order muffins separately (5 muffins - \$2.50; 10 muffins - \$5.00).

Tuesday LUNCH TO-GO	Wednesday DINE-IN ONLY	Thursday LUNCH TO-GO	Friday LUNCH TO-GO / DINE-IN
2 Chicken Cacciatore over Spaghetti, Vegetable, Garlic Bread <i>Muffin: Blueberry Corn</i>	3 <u>DINNER AT 5:00PM</u> Pork Chop with Stuffing, Mashed Potato, Vegetable <i>Muffin: Sweet Georgia</i>	4 American Chop Suey with Cheese, Vegetable <i>Muffin: Honey Raisin Bran</i>	5 <u>DINE-IN</u> Baked Haddock with Crumb Topping, Rice Pilaf, Vegetable <i>Muffin: Sweet Georgia</i>
9 Country Breaded Chicken Breast, Potato & Egg Salad, Cole Slaw, Corn Muffin <i>Muffin: Mixed Berry</i>	10 <i>Bunch at Lunch!</i> <u>CHOICE DAY</u> Broccoli Spinach <u>OR</u> Bacon Ham Quiche, Potato Patty, Sausage <i>Muffin: Peanut Butter Choc Chip</i>	11 Beef Barley Soup, Italian Sub Sandwich, Chips, Crackers <i>Muffin: Banana Walnut</i>	12 <u>LOBSTER BAKE - TO GO</u> 12 Single Lobster (\$21.00) <u>OR</u> Twin Lobster (\$29.00) with Corn Chowder, Cole Slaw, & Blueberry Crumb Cake <i>ALTERNATIVE:</i> 2 corn chowders instead of lobster (\$5.00) <i>Muffin: Cranberry Corn</i>
16 Baked Sliced Ham, Mac & Cheese, Vegetable <i>Muffin: Pumpkin Streusel</i>	17 Beef Stroganoff over Egg Noodles, Vegetable <i>Muffin: Cinnamon Peach</i>	18 Italian Herb Chicken Breast, Pasta Primavera, Garlic Bread <i>Muffin: Cranberry Walnut</i>	19 <u>CHOICE DAY – DINE-IN</u> 19 Seafood Pie <u>OR</u> Plain Baked Haddock, Rice Pilaf, Vegetable <i>Muffin: Banana Choc Chip</i>
23 Everyone’s Favorite Meatloaf, Mashed Potato, Vegetable <i>Muffin: Lemon Blueberry</i>	24 Hot Turkey Sandwich with Stuffing & Gravy, Vegetable <i>Muffin: Apple Streusel</i>	25 Stuffed Shells with Cheese, Meatball/Sausage, Vegetable <i>Muffin: Blueberry Corn</i>	26 <u>CHOICE DAY – TO GO</u> 26 Baked Haddock Florentine <u>OR</u> Plain Baked Haddock, Potato Au Gratin, Vegetable <i>Muffin: Mixed Berry</i>
30 Minestrone Soup, Meatball Sub with Cheese, Chips, Crackers <i>Muffin: Peanut Butter & Jelly</i>	31 <u>DINNER AT 5:00PM</u> Haddock Fish Chowder, Seafood Salad Roll, Cole Slaw, Chips, Crackers <i>Muffin: Cranberry Corn</i>	Sept. 1 Boneless Chicken Breast with Mushroom Sauce, Wild Rice Pilaf, Vegetable <i>Muffin: Blueberry Bran</i>	Sept. 2 <u>CHOICE DAY – DINE-IN</u> Sept. 2 Seafood Newburgh <u>OR</u> Plain Baked Haddock, Rice, Vegetable <i>Muffin: Banana Walnut</i>

MENU ITEMS SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY; Thank you for your understanding!