

Town of York - Center for Active Living - Lunch Menu – JULY 2022

Registration begins Thursday, June 30 at 9:00am for York Residents and 1:00pm for Non-York Residents. See p. 10 of *The Scoop* for lunch program details. Reservation required by noon the Friday prior to the meal you desire; call 207-363-1036, Monday – Friday, 9:00am-3:30pm. Meals: \$5.00 except for special meals (Lobster Roll, 07/22/22 - \$16.00). Limit, one meal per person. Order early as there are a limited number of meals per day. Muffins are *not* part of the meal; order muffins separately (5 muffins - \$2.50; 10 muffins - \$5.00).

Tuesday LUNCH TO-GO	Wednesday DINE-IN ONLY	Thursday LUNCH TO-GO	Friday LUNCH TO-GO / DINE-IN
5	6	7	8
Chicken Vegetable Tortellini Soup, Grilled Reuben Sandwich, Chips, Crackers <i>Muffin: Peanut Butter Choc Chip</i>	<u>DINNER AT 5:00PM</u> Everyone's Favorite Meatloaf, Mashed Potato, Vegetable <i>Muffin: Blueberry Bran</i>	Broccoli Cheese Soup, Italian Sub Sandwich, Chips, Crackers <i>Muffin: Sweet Georgia</i>	<u>TO-GO CHOICE DAY</u> Seafood Pie OR Plain Baked Haddock, Rice Pilaf, Vegetable <i>Muffin: Cranberry Corn</i>
12	13	14	15
Turkey Divan (Hot Turkey rolled around Broccoli with Cheese Sauce) Rice Pilaf, Vegetable <i>Muffin: Pumpkin Streusel</i>	<u>Summer Sizzler Cookout</u> <i>Eat indoors or outdoors</i> Corn Chowder, Hamburger/Hotdogs Salad, Chips <i>Muffin: Cinnamon Peach</i>	Yankee Pot Roast Dinner with Vegetable Garnish, Mashed Potato, Vegetable <i>Muffin: Maine Wild Blueberry</i>	<u>DINE-IN</u> Tuna Stuffed Tomato, Cold Salad Plate with Potato Salad & Cole Slaw <i>Muffin: Banana Walnut</i>
19	20	21	22
Chicken Breast with Mushroom Sauce, Wild Rice Pilaf, Vegetable <i>Muffin: Honey Raisin Bran</i>	Turkey Barley Soup, Philly Cheese Steak Sub, Chips, Crackers <i>Muffin: Lemon Raspberry</i>	Chicken Parmesan over Spaghetti, Vegetable, Garlic Bread <i>Muffin: Blueberry Corn</i>	<u>TO-GO - SPECIAL MEAL (\$16.00)</u> Corn Chowder, Lobster Roll, Chips, Crackers, Cole Slaw *Strawberry Shortcake* Alternative: 2 chowders & no lobster roll - \$5.00 <i>Muffin: Mixed Berry</i>
26	27	28	29
Chunky Tomato Soup, Melty Ham and Cheese Sub with Tomato, Chips, Crackers <i>Muffin: Wild Maine Blueberry</i>	Stuffed Cabbage Rolls, Smashed Potato, Vegetable <i>Muffin: Cranberry Walnut</i>	Roast Pork Dinner Mashed Potato, Vegetable <i>Muffin: Banana Choc Chip</i>	<u>DINE-IN CHOICE DAY</u> Baked Haddock Florentine OR Plain Baked Haddock, Roasted Potato, Vegetable <i>Muffin: Apple Streusel</i>

MENU ITEMS SUBJECT TO CHANGE BASED ON FOOD AVAILABILITY; Thank you for your understanding!