

Town of York - Center for Active Living - Lunch Menu – April 2022



Registration begins Thursday, March 31 at 9:00am for York Residents and 1:00pm for Non-York Residents. See p. 11 of *The Scoop* for details. Reservation required by noon the Friday prior to the meal you desire; call 207-363-1036, Monday – Friday, 9:00am-3:30pm. Meals: \$5.00. Order early as there are a limited number of meals per day. Muffins are not part of the meal; order muffins separately (5 muffins for \$2.00; 10 muffins for \$4.00)



| Tuesday LUNCH TO-GO | Wednesday DINE-IN ONLY | Thursday LUNCH TO-GO | Friday LUNCH TO-GO |
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| 5 Pork Chop with Onion & Pepper , Mashed Potato, Vegetable <i>Muffin: Cranberry Corn</i> | 6 Teriyaki Chicken Breast , Fried Rice, Egg Roll, Vegetable <i>Muffin: Honey Raisin Bran</i> | 7 Minestrone Soup , Grilled Reuben Sandwich, Chips, Crackers <i>Muffin: Mixed Berry</i> | 11 Corn Chowder , Haddock Fish Sandwich with Cheese, Cole Slaw, Chips <i>Muffin: Peanut Butter & Jelly</i> |
| 12 Corned Beef & Cabbage Soup , Grilled Chicken Sandwich, Chips, Crackers <i>Muffin: Peach Cinnamon</i> | 13 Turkey A La King over Rice or Biscuit, Vegetable <i>Muffin: Sweet Georgia</i> | 14 Yankee Pot Roast with Vegetable Garnish , Mashed Potato, Vegetable <i>Muffin: Banana Walnut</i> | 15 Corn Chowder , Haddock Fish Sandwich, Cole Slaw, Crackers <i>Muffin: Apple Spice</i> |
| 19 American Chop Suey with Cheese Topping , Vegetable <i>Muffin: Lemon Blueberry</i> | 20 Spiral Sliced Ham , Baked Beans, Potato Salad <i>Muffin: Maine Wild Blueberry</i> | 21 Turkey Barley Soup , BBQ Pork on a Bun, Cole Slaw, Chips, Crackers <i>Muffin: Cranberry Walnut</i> | <u>CHOICE DAY</u> 22 Baked Haddock with Shrimp Sauce OR Plain Baked Haddock , Potato, Vegetable <i>Muffin: Mixed Berry</i> |
| 26 Shepherd's Pie , Vegetable, Corn Bread <i>Muffin: Pumpkin Streudel</i> | 27 Split Pea Soup , Hamburger or Cheeseburger on Bun, chips, crackers <i>Muffin: Apple Spice</i> | 28 Boneless Italian Herb Chicken Breast , Pasta Primavera with White Sauce, Garlic Bread <i>Muffin: Banana Choc Chip</i> | <u>CHOICE DAY</u> 25 Seafood Newberg over Rice OR Plain Baked Haddock with Rice , Vegetable <i>Muffin: Blueberry Bran</i> |
| May 3 Chicken Vegetable Rice Soup , Philly Cheese Steak Sub, Chips, Crackers <i>Muffin: Peanut Butter & Jelly</i> | <u>Brunch at Lunch - Choice</u> 4 Bacon/Ham Quiche OR Broccoli/Spinach Quiche , Home Fry Potato, Sausage <i>Muffin: Mixed Berry Corn</i> | May 5 Lasagna Roll-Up , Red Sauce, Sausage, Vegetable, Garlic Bread <i>Muffin: Cherry Choc Chip</i> | May 6 Baked Haddock with Crumb Topping , Spinach Rice Pilaf, Vegetable <i>Muffin: Sweet Georgia</i> |

Menu subjected to change/modification based on food availability. Thank you for your understanding.