



## Town of York - Center for Active Living - Lunch Menu – February 2022

Registration begins Thursday, February 3 at 9:00am for York Residents and 1:00pm for Non-York Residents. See p. 7 of *The Scoop* for additional information.

Reservation required by noon the Friday prior to the meal you would like; call 207-363-1036, Monday – Friday, 9:00am-3:30pm. Meals: \$5.00 each.

Order early as there are a limited number of meals per day.

Muffins are not part of the meal; order muffins separately (5 muffins for \$2.00; 10 muffins for \$4.00)



Tuesday LUNCH TO-GO	Wednesday DINE-IN ONLY	Thursday LUNCH TO-GO	Friday LUNCH TO-GO
<p style="text-align: right;">8</p> <p><b>Stuffed Shells with Meat Sauce</b>, Meatball/Sausage, Vegetable, Garlic Bread</p> <p><i>Muffin: Banana Choc Chip</i></p>	<p style="text-align: right;">9</p> <p><b>Turkey Barley Soup, Philly Cheesesteak Sub,</b> Chips &amp; Crackers</p> <p><i>Muffin: Mixed Berry</i></p>	<p style="text-align: right;">10</p> <p><b>Shepherd’s Pie,</b> Vegetable, Corn Muffin</p> <p><i>Muffin: Blueberry Corn</i></p>	<p style="text-align: right;"><u>CHOICE DAY</u> 11</p> <p><b>Seafood Pie <u>OR</u> Baked Haddock,</b> Rice Pilaf, Vegetable</p> <p><i>Muffin: Peanut Butter &amp; Jelly</i></p>
<p style="text-align: right;">15</p> <p><b>Chunky Beef Stew over Rice,</b> Vegetable, Corn Muffin</p> <p><i>Muffin: Peanut Butter &amp; Jelly</i></p>	<p style="text-align: right;">16</p> <p><b>Broccoli Cheese Soup, Grilled Rubeen on Rye,</b> Chips, Crackers</p> <p><i>Muffin: Cinnamon Peach</i></p>	<p style="text-align: right;">17</p> <p><b>Baked Chicken with Mushroom Sauce,</b> Potato, Vegetable</p> <p><i>Muffin: Honey Raisin Bran</i></p>	<p style="text-align: right;"><u>CHOICE DAY</u> 18</p> <p><b>Baked Haddock Florentine <u>OR</u> Plain Baked Haddock,</b> Au Gratin Potato, Vegetable</p> <p><i>Muffin: Maine Wild Blueberry</i></p>
<p style="text-align: right;">22</p> <p><b>Chicken Parmesan over Spaghetti,</b> Vegetable, Garlic Bread</p> <p><i>Muffin: Cranberry Corn</i></p>	<p style="text-align: right;">23</p> <p><b>Baked Ham, Mac &amp; Cheese,</b> Vegetable</p> <p><i>Muffin: Banana Walnut</i></p>	<p style="text-align: right;">24</p> <p><b>Cream of Mushroom Soup, BBQ Pulled Pork on Bun,</b> Chips, Cole Slaw</p> <p><i>Muffin: Cherry Choc Chip</i></p>	<p style="text-align: right;"><u>CHOICE DAY</u> 25</p> <p><b>Seafood Newburgh over Rice <u>OR</u> Plain Baked Haddock,</b> Rice Pilaf, Vegetable</p> <p><i>Muffin: Mixed Berry</i></p>
<p style="text-align: right;">March 1</p> <p><b>Roast Pork, Stuffing,</b> Mashed Potato, Vegetable</p> <p><i>Muffin: Pumpkin Streusel</i></p>	<p style="text-align: right;">March 2</p> <p><b>“Cheese Steak” Stuffed Pepper,</b> Rice, Pilaf, Vegetable</p> <p><i>Muffin: Peanut Butter Choc. Chip</i></p>	<p style="text-align: right;">March 3</p> <p><b>Minestrone Soup, Our Own Italian Sub Sandwich,</b> Chips</p> <p><i>Muffin: Cranberry Walnut</i></p>	<p style="text-align: right;"><u>CHOICE DAY</u> March 4</p> <p><b>Baked Haddock with Shrimp Sauce <u>OR</u> Plain Baked Haddock,</b> Potato, Vegetable</p> <p><i>Muffin: Peach Cinnamon</i></p>

We appreciate your patience, as menu items may change due to staffing & stock availability.

For “Lunch To Go,” please do not arrive in the parking lot early; please arrive at your assigned time; thank you!