



Town of York - Center for Active Living October 2021 - Lunch Menu

REGISTRATION BEGINS Wednesday, October 6 for York at 9:30am Residents and at 1:00pm for Non-York Residents. See p. 8 for additional information. Reservation required by noon the Friday prior to the meal you would like; call 207-363-1036, Monday – Friday, 9:30am-3:30pm. If you need to cancel, to receive credit, please call at least 2 days in advance. Special Meals limited to one per person. Order early as limited number of meals per day.



Tuesday LUNCH TO-GO	Wednesday DINE-IN ONLY	Thursday LUNCH TO-GO	Friday LUNCH TO-GO
12	13	14	<u>CHOICE DAY</u> 15
<p>Chunky Tomato Tortellini Soup, Melty Ham & Cheese Sub with Tomato Chips & Crackers <i>Muffin: Maine Wild Blueberry</i></p>	<p>Lasagna Rollups with Red Sauce, Meatball/Sausage & Vegetable <i>Muffin: Banana Cranberry</i></p>	<p>Meatball Stroganoff Over Egg Noodles, Vegetable & Corn Muffin <i>Muffin: Sweet Georgia</i></p>	<p>Seafood Pie <u>OR</u> Baked Haddock, Rice Pilaf & Vegetable <i>Muffin: Hawaiian</i></p>
19	20	21	<u>CHOICE DAY</u> 22
<p>Chicken A LA King Over Rice & Vegetable <i>Muffin: Peanut Butter & Jelly</i></p>	<p>Broccoli Cheese Soup, Philly Cheese Steak Sub, Chips & Crackers <i>Muffin: Cinnamon Peach</i></p>	<p>Everyone's Favorite Meatloaf, Mashed Potato & Vegetable <i>Muffin: Banana Chocolate Chip</i></p>	<p>Baked Haddock Florentine <u>OR</u> Plain Crumb Haddock Au Gratin Potatoes, & Vegetable <i>Muffin: Pumpkin Streusel</i></p>
<u>SPECIAL MEAL</u> 26	<u>CHOICE DAY</u> 27	28	<u>SPECIAL MEAL</u> 29
<p>Roast Turkey Dinner with All the Fixings <i>Muffin: Apple Bacon Corn</i></p>	<p>Grilled Liver and Onions <u>OR</u> Spiral Baked Ham, Mashed Potato & Vegetable <i>Muffin: Blueberry Bran</i></p>	<p>Herbed Boneless Chicken Breast, Pasta Primavera in Light Alfredo Sauce & Garlic Bread <i>Muffin: Cranberry Corn</i></p>	<p>LOBSTER ROLL (\$16.00) plus Creamy Corn Chowder, Chips & Coleslaw <i>Muffin: Pumpkin Chocolate Chip</i></p>
November 2	November 3	November 4	<u>CHOICE DAY</u> November 5
<p>Chicken Cacciatore Over Spaghetti, Vegetable & Garlic Bread <i>Muffin: Sweet Georgia</i></p>	<p>Yankee Pot Roast with Vegetable Garnish, Masked Potato & Vegetable <i>Muffin: Mixed Berry</i></p>	<p>Stuffed Cabbage with Red Sauce Mashed Potato & Vegetable <i>Muffin: Blueberry Corn</i></p>	<p>Baked Haddock with Shrimp Sauce <u>OR</u> Plain Crumb Potato & Vegetable <i>Muffin: Honey Raisin Bran</i></p>

We appreciate your patience, as menu items may change due to staffing & stock availability.