



Town of York - Center for Active Living - Lunch Menu - November 2021

Registration begins Wednesday, November 3 at 9:30am for York Residents and 1:00pm for Non-York Residents. See p. 7 of *The Scoop* for additional information.

Reservation required by noon the Friday prior to the meal you would like; call 207-363-1036, Monday – Friday, 9:30am-3:30pm. Meals: \$5.00 each.

Special Meal only one per person. Order early as there are a limited number of meals per day.

Muffins are not part of the meal; order muffins separately (5 muffins for \$2.00; 10 muffins for \$4.00)



Tuesday LUNCH TO-GO	Wednesday DINE-IN ONLY	Thursday LUNCH TO-GO	Friday LUNCH TO-GO
<p style="text-align: right;">9</p> <p>Spiral Baked Ham, Mac & Cheese, Vegetable</p> <p><i>Muffin: Cranberry Walnut</i></p>	<p style="text-align: right;">CHOICE DAY 10</p> <p>Chicken Rice Veg Soup, Hamburger on a Bun <u>OR</u> Cheeseburger on a Bun, Chips & Crackers</p> <p><i>Muffin: Apple Spice</i></p>	<p style="text-align: right;">11</p> <p>CENTER CLOSED FOR VETERANS DAY</p>	<p style="text-align: right;">12</p> <p>Baked Haddock with Crumb Topping, Rice Pilaf, Vegetable</p> <p><i>Muffin: Blueberry Bran</i></p>
<p style="text-align: right;">16</p> <p>Minestrone Soup, Our Own Italian Sub Sandwich, Chips & Crackers</p> <p><i>Muffin: Peanut Butter & Jelly</i></p>	<p style="text-align: right;">17</p> <p>Pork Chops with Peppers & Onions, Mashed Potato, Gravy, Vegetable</p> <p><i>Muffin: Lemon Blueberry</i></p>	<p style="text-align: right;">THANKSGIVING PRELUDE 18</p> <p>Special Meal: Turkey Dinner with all the Fixings</p> <p><i>Muffin: Honey Raisin Bran</i></p>	<p style="text-align: right;">CHOICE DAY 19</p> <p>Haddock Fish Chowder & Seafood Salad Sandwich <u>OR</u> Two Chowders, Crackers & Coleslaw</p> <p><i>Muffin: Cranberry Orange</i></p>
<p style="text-align: right;">23</p> <p>Stuffed Pepper with Red Sauce, Mashed Potato, Vegetable</p> <p><i>Muffin: Blueberry Corn</i></p>	<p style="text-align: right;">24</p> <p>CENTER CLOSED FOR THANKSGIVING BREAK</p>	<p style="text-align: right;">25</p> <p>CENTER CLOSED FOR THANKSGIVING</p>	<p style="text-align: right;">26</p> <p>CENTER CLOSED FOR THANKSGIVING BREAK</p>
<p style="text-align: right;">30</p> <p>Chunky Beef Stew Over Rice, Vegetable, Corn Muffin</p> <p><i>Muffin: Mixed Berry</i></p>	<p style="text-align: right;">December 1</p> <p>Country Breaded Chicken, Potato & Egg Salad, Cole Slaw, & Strawberry Shortcake</p> <p><i>Muffin: Peanut Butter Choc. Chip</i></p>	<p style="text-align: right;">December 2</p> <p>Nancy's Homemade Lasagna, Meatball/Sausage, Garlic Bread</p> <p><i>Muffin: Maine Wild Blueberry</i></p>	<p style="text-align: right;">CHOICE DAY December 3</p> <p>Baked Haddock with Shrimp Sauce <u>OR</u> Plain Baked Haddock, Roasted Potato, Vegetable</p> <p><i>Muffin: Peach Cinnamon</i></p>

We appreciate your patience, as menu items may change due to staffing & stock availability.

Please do not arrive in the parking lot early for lunch pick-up. Please arrive at your assigned time; thank you!