

# YOUTH PROGRAMS

## **Take Flight - Adventure Awaits!**

Take your next adventure to great heights with Take Flight and the York Parks and Recreation Department! This **6-week program for children ages 6-14** will feature *Zip Lining, High Ropes Course Elements, Aerial Adventure Course, Nature Trails, and Team Building Programming*. Go flying by the trees on the *Adventure Zip Line Tour!* Take a climb up, then start zipping down 6 different zip lines on this adventure, lead by Take Flight's experienced Flight Crew. Kids can feel what it's like to fly like a bird and take in the crisp Fall air. *Aerial Adventure Course* allows kids to choose their challenge on 3 different levels. There are no set routes or paths, so, kids can create their own adventure! The Take Flight Crew will be standing by to support, encourage and assist as kids go over, through, and around the course. With over 30 acres, Take Flight is excited to offer *Nature Trails* for kids to explore the ecosystem, right here, in their own backyard. Take Flight's programming promotes *Teamwork*, leadership, communication, trust, problem solving, and more! They want to help kids reconnect with one another, and build relationships that will last far beyond the program dates. Afternoons will be spent outdoors – **please wear sneakers and be prepared to be outside in inclement weather.** Please bring 2 masks as they are required inside the building. There will be rain date for this program. If a session has to be cancelled, participants will receive a two-hour pass to Take Flight to make up for the missed session. If your child is not feeling well, please keep them at home. Please be sure to complete Take Flight's Waiver here: <https://waivers-ui.xola.com/templates/5eaaf647597cb9419132d206/preview?sellerId=5865247de0179832618b4612>

REGISTRATION: Ongoing (must have a minimum of 8 participants)

STARTS: September 29th (Ages 6-10) or September 30th (Ages 11-14)

ENDS: November 3rd (Ages 6-10) or November 4th (Ages 11-14)

COST: \$225.00

LOCATION: Take Flight, 506 Blue Star Memorial Highway, Kittery

DAYS: Ages 6-10 - Wednesdays

Ages 11-14 - Thursdays

ARRIVAL TIME: 3:00pm-3:15pm PROGRAM TIME: 3:15pm-5:15pm PICK-UP TIME: 5:15pm-5:30pm



## **Strong Girls Bootcamp! Grades 2nd-4th**

Join volunteer coaches Amanda Gunter and Noelle Nichols as they lead a Strong Girls class with a twist - Strong Girls Bootcamp! This class will focus on the Strong Girls United pillars of strong bodies (physical activity), kind hearts (social connections), and unstoppable minds (mental skills training). Classes will have fitness, mindfulness, team building, ropes, medicine balls, ladders, and more! Participants will get a Strong Girls United T-shirt, the book A Strong Girls' Guide to Being, and more goodies as part of the team. Participants should bring sneakers, a water bottle and extra snacks to school on Strong Girls days! Once your Strong Girl is registered, please use the following link to enter additional information: <https://sgunitedfoundation.org/participant-registration-form/>

REGISTRATION: Ongoing

STARTS: October 7th

ENDS: November 18th

COST: \$85.00 Residents / \$95 Non-Residents

LOCATION: Coastal Ridge Elementary

DAYS: Thursdays

TIME: 3:00pm-4:30pm



## **SWIMMING LESSONS**

*There will not be any scheduled swimming lessons this fall or winter.  
We are hoping to bring them back in the spring. Stay tuned!*

## **Run Club - Grades K-1st**

Run Club is designed to promote physical activity and gives boys and girls grades K-1st the opportunity to experience running in a fun, friendly and safe environment. Participants will learn how to build endurance, running techniques/form, and nutrition. We are thrilled to have head coach Jonna Dijkstra, an ACE certified personal trainer and owner of InspiredMovement, lead this program. She is inspired by children and helping them find the joy in movement and outdoor activity. She is looking forward to sharing her passion for running with your children. It's time to get moving, SIGN UP TODAY! Registration includes a Run Club Tek Shirt.

REGISTRATION: Ongoing  
 DATES: Session 2: October 18th – November 8th  
 COST: \$50.00 Residents / \$60.00 Non-Residents  
 LOCATION: Bog Rd  
 DAYS: Mondays  
 TIME: 3:40pm-4:40pm



## **Run Club - Grades 2nd-5th**

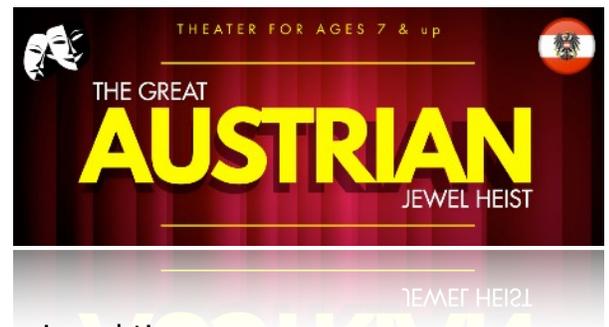
Run Club is designed to promote physical activity and gives boys and girls grades 2nd-5th the opportunity to experience running in a fun, friendly and safe environment. Participants will learn how to build endurance, running techniques/form, and nutrition. We are thrilled to have head coach Jonna Dijkstra, an ACE certified personal trainer and owner of InspiredMovement, lead this program. She is inspired by children and helping them find the joy in movement and outdoor activity. She is looking forward to sharing her passion for running with your children. It's time to get moving, SIGN UP TODAY! Registration includes a Run Club Tek Shirt.

REGISTRATION: Ongoing  
 DATES: Session 2: October 20th-November 10th  
 COST: \$50.00 Residents/\$60.00 Non-Residents  
 LOCATION: Bog Rd.  
 DAYS: Wednesdays  
 TIME: 3:40pm-4:40pm

## **Theater - The Great Austrian Jewel Heist - Ages 7 and up**

This theater class, involves some of the world's most notorious criminals as they gather for the unveiling of the world's largest emerald. Before it can be revealed the stone has been stolen leaving all in attendance as suspects!!!! The hills are alive with the sound of criminal activity as each criminal has the opportunity to defend themselves. This Zoom only production will allow students to access their creative imaginations as they create convincing despicable characters. Written and directed by George Hosker-Bouley

REGISTRATION: Ongoing  
 STARTS: October 5th  
 ENDS: November 9th  
 COST: \$85.00  
 LOCATION: Virtual  
 DAYS/TIME: The first meeting will provide students with their characters, script and direction. After that, students will meet one-on-one at assigned times.



### **FALL, WINTER, SPRING 2021-22 BROCHURE:**

*We intend to bring you a full size brochure later this fall. Its not too late to become a sponsor, call us today FMI 207-363-1040 or email [Janice](mailto:Janice)*

### **MOUNT A. FREE Story Walk:**

*The Fall story is a mix of science with story, fact with fiction, and real life wonders with magical mysteries. Follow along with the illustrations as you read and learn about fungi, as another story, with a bit of a fun and spooky twist at the end, is being told! Come check out We Are Fungi, by Christine Nishiyama.*

## **MAD SCIENCE - ENERGIZE IT! - Grades K-4th**

Hop on board the Mad Science express for a high-speed, hands-on science experience guaranteed to energize your mind! Explore the many facets of energy, forces, motion, potions, and yes...slime! Reach for your potential and ramp up your thinking about energy with gadgets, cars, and catapults. Discover how to make objects disappear and reappear as we unravel the mysteries of magic using science. Slide down the colorful pH scale and make liquids bubble, fizz, and pop. Learn the physics of optical illusions and build your very own periscope. Ooze into a gooey hour of sliming around as you discover the slimy properties of your favorite polymer. Act out hot molecule movements and discover some unusual applications of glow-in-the dark technology. Explore forces by making centrifuges, spinning gyroscopes, and building your own center of gravity game to take home. This program is so energizing, even gravity can't keep you down! Put your seat belt on...these energetic classes are going to make you have a blast!



INSTRUCTOR: Mad Science Instructors

REGISTRATION: Ongoing

STARTS: October 19th

ENDS: December 14th (No class on November 23rd)

COST: \$120.00 Resident / \$130.00 Non-Resident

LOCATION: The Barn at the Grant House - 200 US Rte 1

DAYS: Tuesdays

TIMES: 3:30pm-4:30pm

## **Introduction to Cursive Handwriting - 3rd Grade and Up!**

Do you want your child to learn how to read and write cursive? We have just the group for you! An experienced occupational therapy assistant will teach your child how to write cursive using the "Loops and Other Groups" cursive handwriting program. Your child will engage in multi-sensory activities to learn how to write upper and lowercase letters in cursive and will be provided with many opportunities to practice!

Registration: Ongoing until October 12th

Starts: October 18th

Ends: December 6th

Cost: \$210 for the 8-Week Program

Location: Wiggle Worms Pediatric Physical Therapy: 16 Landmark Hill Lane, Kittery Maine

Days: Mondays

Time: 4:00pm-5:00pm



## **Nature Playgroup Drop-In - Ages 2-5 with Caregiver**

We are pleased to have partnered with the York Land Trust and White Pine Programs who invite you to join them on Monday mornings to connect with the natural world and other preschool families at Fuller Forest Preserve in York, Maine.

This program, designed for children ages 2-5, with their caregivers, is led by educators at White Pine Programs, who have been providing nature-based education in York for over twenty years. We will explore the land, sing songs, read stories, and connect with nature through art activities. White Pine's caring educators will provide a fun and immersive experience for participating families.

Fuller Forest Preserve is a beautiful property maintained by the York Land Trust and we are grateful to share this land with our community. Please join us each week to explore our local resources, connect with other members of our community and get to know the amazing land that surrounds us.

REGISTRATION: Not required, but recommended. Drop-Ins welcome.

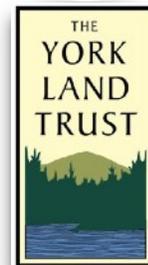
STARTS: October 18th

COST: Free

LOCATION: Fuller Forest Preserve, Bartlett Rd, York

DAYS: Mondays

TIME: 9:00am-10:00am



## Scarecrow Making Contest

Looking for something fun to do with the entire family? Need help with Autumn decorating? Join us on Wednesday, October 13th for our Scarecrow Making Contest at Goodrich Park from 4:30pm-6:00pm to build your very own scarecrow. The only thing you need to bring are some old clothes to dress your scarecrow (we will have small and life-sized frames so plan accordingly when choosing what clothing to bring). All other materials will be provided to perfect your creation. A photo will be taken of each scarecrow and posted on our Facebook page. The scarecrow with the most "likes" will win a \$50 York Parks & Recreation Gift Certificate! :)

REGISTRATION: Ongoing

DATE: Wednesday, October 13th (Rain Date Oct. 14th)

TIME: 4:30pm-6:00pm

COST: \$10 per Scarecrow

LOCATION: Goodrich Park, 200 US Rte. 1, York



# SPECIAL EVENTS

## Pumpkin Hunt

York Parks & Recreation is now hosting the Pumpkin Hunt! What originally started as an adapted program during the pandemic, has quickly turned into a community favorite for all ages. York Parks & Recreation will be hosting four hunts throughout a calendar year, a Heart Hunt in February, a Lobster Hunt in June, a Pumpkin Hunt in September & October and a Candy Cane Hunt in December. Hunts are free for participants and there are some amazing prizes up for grabs. All prizes are funded and donated by the participating businesses themselves.

To participate, print a participation form that can be found on the York Parks & Recreation website, Facebook Page and at the end of this newsletter, find all the numbered pumpkins and return your completed form to the York Parks and Recreation office by the deadline date. The Pumpkin Hunt is running from 12pm on Monday, September 20<sup>th</sup> until 5pm on Monday, October 11<sup>th</sup>.

Some of the prizes up for grabs include gift certificates to The Central Bean & Bakery, the Classic Compounding Pharmacy, York River Landing, Fox's Lobster House, Henry the VIII Carvery, Hannaford, Dunne's Ice Cream and Norma's Restaurant, a dinner for four at the Cliff House's Tiller Restaurant, a selection of authentic Jamaican spices and sauces from Island Spice Corner, free flights to Some Brewing Co. and York Beach Beer Co., buckets full of sweets from Sweet Josie's Candy Shoppe, an original piece from Ocean Fire Pottery, a sweet treat from Divine Chocolate, a selection of Stonewall Kitchen jams, jellies and mustards and much more!

## Fall Vendor Fair

Join York Parks & Recreation for our second Fall Vendor Fair. Get a jump on holiday shopping with a variety of vendors with the perfect gift ideas! Admission is free to the public.

DATE: Saturday, October 23rd

LOCATION: York High School, Main Lobby and Multipurpose Room

TIME: 9:00am-2:00pm

VENDOR REGISTRATION: Want to be a vendor? Contact [Liz Cooper](#) for details



## Trail Trick-or-Treat

- Location: Goodrich Park, 200 US Route 1
- Date & Time: Thursday, October 28<sup>th</sup> from 3:00pm-6:00pm
- Cost: Free, thanks to the generous support from [York's Williams Realty Partners](#)
- Registration: Opens Friday, October 1<sup>st</sup> and is open until filled
- Welcome ghosts and goblins, princesses, super heroes, and monsters of all ages! York Parks & Recreation presents **Trail Trick-Or-Treat on Thursday, October 28th**. York Families will walk 900ft of trails at Goodrich Park and trick-or-treat at our themed "stops." Pre-Registration is required for a time slot with your group. Trick-Or-Treat sessions are 45 minutes, allowing for plenty of time to arrive, check-in, and wait for your turn to walk the trails! Groups will be staggered for safety. Choose only **ONE** time to attend, in order to allow as many people to have the opportunity to participate, as possible.



WILLIAMS REALTY PARTNERS  
KELLER WILLIAMS C. GASTAL REALTY  
207.351.8188

# The Pumpkin Hunt

What you need to do...Print this answer sheet, drive around our community to visit the listed places below and write down the number that's shown on the pumpkin sign displayed in their window. **The hunt runs from September 20th at 12pm until Monday, October 11th at 5pm. Bring this completed sheet to the submission box located on the York Parks & Recreation's office porch, 200 US Route 1.** Smaller prizes will be drawn from the sheets that have half (20)pumpkins listed & **BIG** prizes will be drawn from sheets containing ALL (41) pumpkins! Prizes will be drawn on Friday, October 15th. Reach out to Liz Cooper with any questions, lcooper@yorkmaine.org

_____	Ann-imals Pet Supply	
_____	Anthony's Food Shop	
_____	Arrowheads Estate	
_____	Bell Farm Shops	
_____	Chalmers Insurance Group	
_____	Choose to Be Heathy Coalition of YH*	
_____	Circa Home Living	*Drive over and past the YH helipad
_____	Classic Compounding Pharmacy	
_____	Cliff House	
_____	Daisy Jane's	
_____	Daisy Trading Co.	
_____	Divine Chocolate	
_____	Dunne's Ice Cream	
_____	Fox's Lobster House	
_____	Great Beginnings Nursery School	
_____	Hannaford	
_____	Harbor Hair Co.	
_____	Henry VIII Carvery*	*Just beyond York border
_____	Island Spice Corner	
_____	Joyride	
_____	Kennebunk Savings	*Near Hannaford

_____	Nola & Associates of KWCR	
_____	Norma's Restaurant	
_____	Ocean Fire Pottery	
_____	Rick's Restaurant	
_____	Santini Family Chiropractic	
_____	Shoreline Construction	
_____	SoMe Brewing Company	
_____	Stonewall Kitchen	
_____	Sweet Josie's Candy Shop	*Sign will be up after 9/23
_____	The Central Bean & Bakery	
_____	The Central Restaurant & Bar	
_____	The Yarn Sellar	
_____	Walgreens	
_____	Woody's Brick Oven Pizza	
_____	York Bark & Play	
_____	York Beach Beer Co.	
_____	York Family Dental	
_____	York Public Library	
_____	York Region Chamber of Commerce	
_____	York River Landing	

Check all that apply to help us match prizes to participants. Answer for yourself

I have a Dog

I'm under 12 Yrs Old

I'm 21+

I'm 50+

I wear a \_\_\_\_\_ adult unisex sized t-shirt (Small- 2XL)

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

How I heard about the Pumpkin Hunt:  York P&R Enewsletter

Newspaper     Center for Active Living Scoop/Email

FB     Other, Please explain \_\_\_\_\_

50  
Plus

TOWN OF YORK  
PARKS & RECREATION



Center for Active Living  
Town of York, Maine - Parks and Recreation Department  
Life. Be in it!

THE CENTER FOR ACTIVE LIVING PRESENTS

# FALL FEST

WEDNESDAY, SEPT. 29TH

REGISTER BY FRIDAY, SEPT 24TH

FROM  
10:30am  
TO 2:30pm



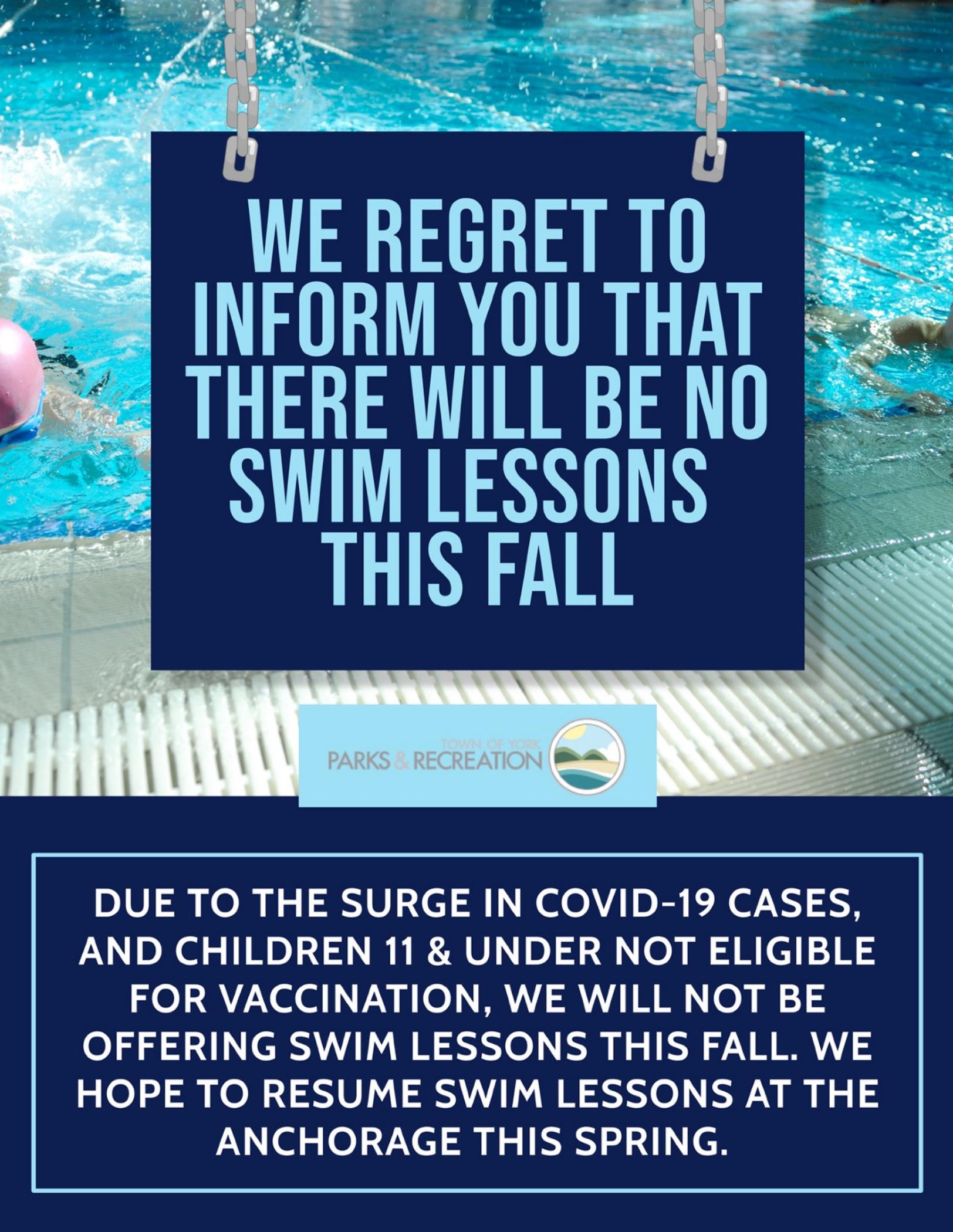
**JOIN US FROM ONE OR ALL THE ACTIVITIES**

**LIVE MUSIC OUTDOORS AT 1PM - JOYCE ANDERSEN & HARVEY REID**

**FREE PUMPKIN PAINTING & BUILD A SCARECROW**

**\$5 BRUNCH - INCLUDING QUICHE, PANCAKES & MORE**

**CALL THE CENTER FOR ACTIVE LIVING TO REGISTER (207) 363-1036**



**WE REGRET TO  
INFORM YOU THAT  
THERE WILL BE NO  
SWIM LESSONS  
THIS FALL**

TOWN OF YORK  
PARKS & RECREATION



**DUE TO THE SURGE IN COVID-19 CASES,  
AND CHILDREN 11 & UNDER NOT ELIGIBLE  
FOR VACCINATION, WE WILL NOT BE  
OFFERING SWIM LESSONS THIS FALL. WE  
HOPE TO RESUME SWIM LESSONS AT THE  
ANCHORAGE THIS SPRING.**

# AGAMENTICUS SKI CLUB



## LONG SANDS 5K RACE

**SUNDAY, OCTOBER 24TH  
8:30AM START**

JOIN AGAMENTICUS SKI CLUB FOR A  
UNIQUE, 2 LAP, 5K RACE RUN ENTIRELY ON  
THE HARD PACKED SANDS OF SCENIC  
LONG SANDS BEACH.

FMI and TO REGISTER VISIT [WWW.AGAMENTICUSSKI.ORG](http://WWW.AGAMENTICUSSKI.ORG)

GARDNER MARSHALL

# LOBSTER

# BAKE

*Thursday* **SEPTEMBER 23rd**

4:00PM - 8:00PM

## MENU

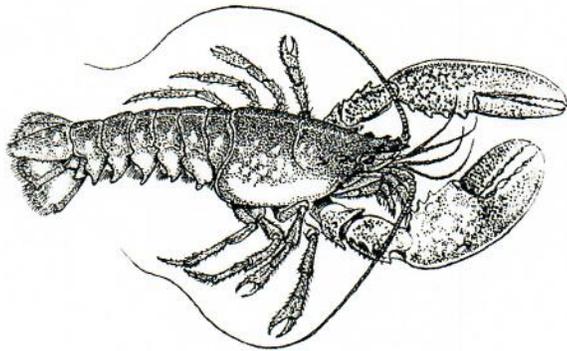
LOBSTER  
CORN  
CLAM CHOWDER  
HAMBURGERS  
HOT DOGS

## WHERE?



The Deck at Dockside  
York Harbor Marine

**\$40 PER PERSON**



Funds to go to local lobsterman and retired Assistant Fire Chief Gardner Marshall who is battling Ampullary Carcinoma, a rare form of cancer.

Tickets Available at York Fire Dept. & York Harbor Marine

# TAKE FLIGHT ADVENTURE PROGRAM



INFORMATION: AGES 6-10: WEDNESDAYS  
**\$225** SEP. 29TH - NOV. 3RD  
3:15PM-5:15PM

AGES 11-14: THURSDAYS  
SEP. 30TH - NOV. 4TH  
3:15PM-5:15PM

Take your next great adventure with Take Flight and the York Parks & Recreation Department. This 6 week program for children ages 6-14 will feature zip lining, high ropes course elements, aerial adventure course, nature trails, and team building programming.



FOR MORE INFORMATION AND TO REGISTER CALL (207) 363.1040 OR VISIT [WWW.YORKPARKSANDREC.ORG](http://WWW.YORKPARKSANDREC.ORG)

## Annual Hazardous Waste Day



### SAVE THE DATE

**OCT 23**

9:00 am - 12:00 pm

## Town of York Recycling Facility

*Registration opens Oct 12  
Must register to attend.  
Permit required.*



# ♥ Thank You Sponsors!!!

This year, more than ever, we are grateful for the continued and loyal support of our sponsors!

On behalf of Team Parks and Recreation and the entire community THANK YOU! With your help, you have given us the latitude to print a quality brochure that you can be proud to advertise in. Additionally, the money raised each year helps to support the programs within this brochure. We encourage the community to support these local businesses and organizations with their patronage.

Abbott Bros., Inc.  
207-363-3762

Agamenticus Plumbing  
and Heating  
207-216-3333

Amidon Family Dentistry  
207-363-5242

Anchorage Inn  
207-363-5112

Atlantic Dental Association  
207-363-2406

Bob the Screenprinter  
207-892-8220

Brixham Montessori Friends  
School  
207-351-2700

Camp Eaton  
207-363-3424

Century 21 – Atlantic Realty  
207-363-4053

Coastal Fitness  
207-438-0888

Family Ear, Nose & Throat, LLC  
207-351-3525

Fox's Lobster House  
207-363-2643

Gady's Spanish Lessons  
207-994-9392

Graystone Builders, Inc.  
207-363-6085

Griffin & Griffin Lighting  
207-835-4769

Hale's Landscaping, Inc.  
207-361-2800

HealthMarkets Insurance  
207-337-8340

It's a Dog's World  
207-363-0099

Kennebunk Savings Bank  
800-339-6573

Key Ford  
207-363-2483

Lee Tree  
207-363-2306

Libby's Oceanside Camp  
207-363-4171

Moody's Collision  
207-363-7961

Moonlight Graphics  
207-363-2273

Norma's Restaurant  
207-363-3233

Rebekah Turner  
207-475-2552

Rhodes Plumbing and Heating  
207-439-0334

Shoreline Construction  
207-363-2972

Southern Maine Lobster  
Company  
207-420-7652

Stephen Carr Property Services  
207-451-0156

Stonewall Kitchen  
207-351-2712

Swags Window Decorating  
207-363-2009

Tapley Insurance Agency, Inc.  
207-363-7894

The Central Bean & Bakery  
207-606-0744

The York River Landing  
207-351-8430

Village Laundry  
207-363-1986

Village Scoop Ice Cream  
207-363-0100

Wayside Trailer Park  
207-363-3846

When Pigs Fly  
207-439-3114

Williams Realty Partners  
207-351-8188

York Bark & Play  
207-361-4758

York Community Service  
Association  
207-363-5504

York Family Dental  
207-363-7102

York Golf and Tennis Club  
207-363-0130

York Harbor Marine Service  
207-363-3602

York Hospital  
207-363-4321

York House of Pizza  
207-363-6171

York Maine Rotary Club  
207-396-0871

York Police Department  
207-363-4444

York's Wild Kingdom  
207-363-4911

YorkWise  
info@yorkwise.org



**Summer 2021**