

Town of York - Center for Active Living - July 2021 - Lunch Menu

REGISTRATION BEGINS Thursday, July 8, 9:30am for York Residents and Friday, July 9, 9:30am for Non-York Residents. See p. 8 for additional information. Reservation required by 2pm the Friday prior to the meal and/or muffins you would like; call 207-363-1036, Monday – Friday, 9:30am-3:30pm. Special Meal limited to one per person. Order early as there is a set number of meals per day.

Tuesday LUNCH TO-GO	Wednesday DINE-IN ONLY	Thursday LUNCH TO-GO	Friday LUNCH TO-GO
<p style="text-align: right;">13</p> <p>Turkey A La King over Rice, Vegetable, Corn Muffin <i>Muffin: Orange Cranberry</i></p>	<p style="text-align: right;">14</p> <p><u>COOKOUT</u> Burger or Hot Dog, Corn on the Cob, Pasta Vegetable Salad, Chips, Strawberry Shortcake</p>	<p style="text-align: right;">15</p> <p>Penne Pasta With Meat Sauce, Meatball/Sausage, Vegetable, Garlic Bread <i>Muffin: Hawaiian</i></p>	<p style="text-align: right;">16</p> <p>Baked Haddock with Crumb Topping Rice Pilaf, Vegetable <i>Muffin: Sweet Georgia</i></p>
<p style="text-align: right;">20</p> <p>Grilled Reuben Sandwich, Chicken Barley Vegetable Soup, Chips, Crackers <i>Muffin: Blueberry Corn</i></p>	<p style="text-align: right;">21</p> <p>Chicken Parmesan, over Spaghetti, Garden Salad, Garlic Bread</p>	<p style="text-align: right;">22</p> <p>Yankee Pot Roast, With Vegetable Garnish, Mashed Potato, Vegetable <i>Muffin: Banana Walnut</i></p>	<p style="text-align: right;">23</p> <p><u>SPECIAL MEAL \$15</u> Lobster Roll, Corn Chowder, Coleslaw, Chips. Two Corn Chowder Meal (No Lobster Roll) - \$5 <i>Muffin: PB Choc Chip</i></p>
<p style="text-align: right;">27</p> <p>Sliced Ham, Mac & Cheese, Vegetable, Corn Muffin <i>Muffin: Banana Choc Chip</i></p>	<p style="text-align: right;">28</p> <p><u>BRUNCH AT LUNCH</u> Broccoli Spinach Quiche or Ham Bacon Quiche, Side of Pancakes, Sausage, Muffin</p>	<p style="text-align: right;">29</p> <p>American Chop Suey with Cheese, Vegetable, Garlic Bread <i>Muffin: Cranberry Corn</i></p>	<p style="text-align: right;">30</p> <p><u>CHOICE DAY</u> Baked Haddock with Shrimp Sauce or Plain Haddock Potato, Vegetable <i>Muffin: Mixed Berry</i></p>
<p style="text-align: right;">August 3</p> <p>Homemade Chili with corn chips and Cheese, Hot Dog in a Bun, Cole Slaw <i>Muffin: Lemon Raspberry</i></p>	<p style="text-align: right;">August 4</p> <p>Open-Faced Hot Turkey Sandwich with Gravy, Stuffing, Vegetable</p>	<p style="text-align: right;">August 5</p> <p>Shepherd's Pie Side of Vegetable, Corn Muffin <i>Muffin: Wild Maine Blueberry</i></p>	<p style="text-align: right;">August 6</p> <p><u>CHOICE DAY</u> Seafood Pie or Plain Baked Haddock Rice, Vegetable <i>Muffin: Orange Cranberry</i></p>

Donation \$5.00 per meal per person. **Reservation required by noon the Friday prior to the meal you would like;** call 207-363-1036, Monday – Friday, 9:30am-3:30pm. Order early as meals sell out. You can order for the entire month or multiple weeks at once if you'd like. Sugar Free Dessert available if requested at time of ordering meal. **MUFFINS are not part of the meal. You may order muffins - 5 muffins for \$2.00;** order at time of submitting lunch order or by the Friday prior to the day you desire the muffins. **If you need to cancel a meal so as not to be charged, cancel 48 hours in advance. You may not re-assign your meal to someone else as we often have a waiting list.**