

Town of York - Center for Active Living - January 2021 - Lunch Menu

Donation \$5.00 per meal per person. **Reservation required by noon the Friday prior to the meal you would like;** call 207-363-1036, Monday – Friday, 9:30am-3:30pm. Please note, you can order for the entire month or multiple weeks at once if you’d like. **Don’t wait to order too late as we can only produce a certain number of meals per day and you might end up on a waitlist.** You may order multiple meals, except for special meals, and freeze for the future. **With the possibility of inclement weather and either the Center not being able to provide a meal or you being unable to get out to pick-up your meal, do consider ordering an extra meal or two and freezing it for such situations.** Sugar Free Dessert available if requested at time of ordering meal. Payment may be made by credit/debit card at time of reservation or by check made out to Town of York or CAL punch card provided at pick-up time except for special meals; special meals must be paid at time of ordering. When you arrive for pick-up, you must remain in your car, wear a mask over your mouth and nose, and put up your name sign; someone will greet you, get your name (and payment, if not already paid), and then, someone else will deliver your meal. **Please keep to your pick-up time and do not arrive early. MUFFINS are not part of the meal. You may order muffins - 5 muffins for \$2.00; order at time of submitting lunch order or by 11:00am the day prior to when you want the muffins. If you need to cancel a meal so as not to be charged, you must cancel 48 hours in advance.**

REGISTRATION FOR MEALS WILL NOT BE ACCEPTED UNTIL TUESDAY, JANUARY 5 STARTING AT 9:30 AM.

Monday	Tuesday	Wed.	Thursday	Friday
11	12 Everyone’s Favorite Meatloaf, Smashed Potato, Vegetable <i>Muffin: Lemon Poppy Seed</i>	13	14 Pork Chop with Pepper & Onion, Mashed Potato, Vegetable <i>Muffin: Cranberry Walnut</i>	15 Fish Chowder and Seafood Salad Sandwich or Two Chowders & no seafood roll Cole Slaw, Chips <i>Muffin: Cherry Choc Chip</i>
18 CLOSED Martin Luther King Jr.’s B-day	19 Chicken A la King over Rice, Vegetable <i>Muffin: Banana Walnut</i>	20	21 Beef Barley Soup, Turkey Club Sub (sliced turkey, bacon, lettuce, tomato, mayo), Chips, Crackers <i>Muffin: Blueberry Corn</i>	22 CHOICE DAY Baked Haddock Florentine or Plain Baked Haddock, Rice Pilaf, Vegetable <i>Muffins: Sweet Georgia</i>
25	26 Lasagna Roll-Up with Sauce, Meatball, Sausage, Vegetable <i>Muffin: Peanut Butter Choc Chip</i>	27	28 Quiche – CHOICE: Vegetable (broccoli/spinach) or Meat (ham/bacon), Sausage, Home Fries <i>Muffin: Blueberry</i>	29 CHOICE DAY Baked Haddock with Shrimp Sauce or Plain Baked Haddock, Smashed Red Potato, Vegetable <i>Muffin: Apple Spice</i>
FEB 1	2 GROUND HOG DAY! Boneless Chicken Teriyaki, Fried Rice, Vegetable <i>Muffin: Banana Choc Chip</i>	3	4 Yankee Pot Roast with Vegetable Garnish, Mashed Potato, Vegetable <i>Muffin: Peanut Butter Jelly</i>	5 CHOICE DAY Seafood Newburgh over Rice or Baked Haddock, Rice, Vegetable <i>Muffin: Mixed Berry</i>