

## Town of York - Center for Active Living November 2020 - Lunch Menu

Donation \$5.00 per meal per person. **Reservation required by noon the Friday prior to the meal you would like;** call 207-363-1036, Monday – Friday, 9:30am-3:30pm. Please note, you can order for the entire month or multiple weeks at once if you'd like. You may also order multiple meals, except for special meals, and freeze for the future. Sugar Free Dessert available if requested at time of ordering meal. Payment may be made by credit/debit card at time of reservation or by check made out to Town of York or CAL punch card provided at pick-up time except for special meals; special meals must be paid at time of ordering. When you arrive for pick-up, you must remain in your car, wear a mask over your mouth and nose, and put up your name sign; someone greet you, get your name (and payment, if not already paid), and then, someone else will deliver your meal. Please keep to your pick-up time and do not arrive early. **MUFFINS are not part of the meal. You may order muffins** - 5 muffins for \$2.00; order at time of submitting lunch order or by 11:00am the day prior to when you want the muffins. **If you need to cancel a meal so as not to be charged, you must cancel 48 hours in advance. REGISTRATION BEGINS WEDNESDAY, OCTOBER 28 AT 9:30 AM.**

Tuesday	Thursday	Friday
3 <b>Chicken Vegetable Rice Soup</b> <b>Philly Cheese Steak Sub</b> Chips, Crackers <i>Muffin: Peanut Butter Jelly</i>	5 <b>Garden Salad, Homemade Lasagna, Sausage, Meatball</b> <i>Muffin: Blueberry Cranberry</i>	6 <b>CHOICE DAY</b> <b>Haddock Florentine OR Plain Baked Haddock, Roasted Red Potato Wedges, Vegetable</b> <i>Muffin: Cherry Chocolate Chip</i>
10 <b>VETERANS DAY PANCAKE BREAKFAST</b> <i>Muffin: Banana Walnut {One muffin will come with your breakfast; you can order 5 more for \$2.00}</i> <b>No lunch this day!</b>	12 <b>Everyone's Favorite Meatloaf, Smashed Potato, Vegetable</b> <i>Muffin: Cranberry Orange</i>	13 <b>Baked Haddock with Crumb Topping, Spanish Rice Pilaf, Vegetable</b> <i>Muffin: Honey Raisin Bran</i>
17 <b>Broccoli Cheese Soup, Italian Sub Sandwich, Chips, Crackers</b> <i>Muffin: Cranberry Walnut</i>	19 <b>Roast Pork with Stuffing, Mashed Potato, Vegetable</b> <i>Muffin: Banana Chocolate Chip</i>	20 <b>Haddock Chowder &amp; Seafood Salad Roll OR Two Chowders &amp; No Seafood Roll, Cole Slaw, Chips</b> <i>Muffins: Blueberry</i>
24 <b>THANKSGIVING PRELUDE</b> <b>Turkey Dinner with all the Fixins,</b> <i>Muffin: Sweet Georgia</i>	26 <b>THANKSGIVING DAY</b> <b>CENTER CLOSED</b>	27 <b>Center Closed</b>
DEC 1 <b>Hearty Beef Stew, Rice, Vegetable</b> <i>Muffin: Blueberry Corn</i>	DEC 3 <b>Country Breaded Chicken Breast, Mac &amp; Cheese, Vegetable</b> <i>Muffin: Banana Walnut</i>	DEC 4 <b>CHOICE DAY</b> <b>Seafood Pie OR Baked Haddock with Crumb Topping, Rice Pilaf, Vegetable</b> <i>Muffins: Blueberry Cranberry</i>