

Town of York - Center for Active Living - October 2020 - Lunch Menu

Donation \$5.00 per meal per person except for special meals. **Reservation required by noon the Friday prior to the meal you would like except for special meals;** call 207-363-1036 Monday – Friday, 9:30am-3:30pm. Please note, you can order for the entire month or multiple weeks at once if you'd like. You may also order multiple meals, except for special meals, and freeze for the future. Sugar Free Dessert available if requested at time of ordering meal. Payment may be made by credit/debit card at time of reservation or by check made out to Town of York or CAL punch card provided at pick-up time. When you make your reservation, you will be assigned a pick-up time between 12:10 and 12:30pm. Please keep to your pick-up time and do not arrive early. When you arrive for pick-up, you must remain in your car and wear a mask over your mouth and nose; someone greet you, get your name (and payment, if not already paid), and then, someone else will deliver your meal. **MUFFINS are not part of the meal. You may order muffins - 5 muffins for \$2.00; order at time of submitting lunch order or by 11:20am day prior to when you want the muffins.**

Monday	Tuesday	Wed.	Thursday	Friday
			1	2
			Chicken Parmesan over Spaghetti, Vegetable, Garlic Bread <i>Muffin: Blueberry Corn</i>	Baked Haddock with Seafood Crumb Topping, Red Smashed Garlic Potato, Vegetable <i>Muffin: Banana Bran</i>
5	6	7	8	9
	Yankee Pot Roast with Vegetable Garnish, Potato, Vegetable <i>Muffin: Cranberry Orange</i>		Tomato Tortellini Soup Italian Sub Sandwich, Chips, Crackers <i>Muffin: Cherry Choc Chip</i>	CHOICE DAY Marinated Shrimp over Rice or Plain Baked Haddock, Rice Pilaf, Vegetable <i>Muffin: Blueberry Bran</i>
12	13	14	15	16
	Baked Ham Slice with Pineapple, Au Gratin Potato, Vegetable <i>[No muffins today]</i>		Stuffed Cabbage, Smashed Red Potato, Vegetable <i>Muffin: Sweet Georgia</i>	Baked Haddock Crumb Topping, Rice Pilaf , Vegetable <i>[No Muffins today]</i>
19	20	21	22	23
	Sausage & Lentil Soup Grilled Reuben Sandwich, Chips, Crackers <i>Muffin: Peanut Butter Choc Chip</i>		Mini Meatloaf, Mashed Potato, Vegetable <i>Muffin: Blueberry Corn</i>	Seafood Newburg or Plain Haddock, Rice, Vegetable <i>Muffin: Cranberry Walnut</i>
26	27	28	29	30
	SPECIAL MEAL - \$5.00 Roast Turkey Dinner Stuffing, Potato, Gravy, Vegetables <i>Muffin: Sweet Georgia</i> Deadline Register: Tues. Oct. 20		Mexican Casserole with Salad Toppings, Sour Cream, Salsa <i>Muffin: Cranberry Corn</i>	HALLOWEEN EVE SPECIAL MEAL -\$12.00 Corn Chowder, Lobster Roll, Cole Slaw, Chips, Spooky Dessert <i>Muffins: Pumpkin</i> Deadline Register: Thurs. Oct 22