



Town of York - Center for Active Living July 2020 Lunch Menu

Donation \$5.00 per meal per person. **Reservation required by 3pm the Friday prior to the meal you would like; call 207-363-1036, Monday – Friday, 9:30am-3:30pm.** Each meal includes dessert; sugar-free dessert available if requested at time of ordering meal. Payment may be made by credit/debit card at time of reservation or by check made out to Town of York or CAL punch card. If you previously purchased a punch card for \$4.00 meals, the card will be honored with no additional payment need until the card runs out. When you make your reservation, you will be assigned a pick-up time between 12:10 - 1pm. When you arrive for pick-up, you must remain in your car. Someone will come get your name and payment (if not already paid) and then someone else will deliver your meal. **MUFFINS:** Purchase 5 muffins for \$2.00; order no later than the day prior by

Mon.	Tuesday	Wed.	Thursday	Friday
June 29	June 30 Chinese Pepper Steak over Rice, Egg Roll, Vegetable <i>Muffin: Orange Cranberry</i>	1	2 Baked Haddock with Crumb Topping, Rice Pilaf, Vegetable <i>Muffin: Lemon Blueberry</i>	3 Holiday Pre-July 4th Center Closed
6	7 Everyone's Favorite Meatloaf, Smashed Potato, Vegetable <i>Muffin: "Sweet Georgia" Spice</i>	8	9 Pork Chop with peppers & onions, Mashed Potato, Vegetable <i>Muffin: Blueberry-Cranberry</i>	10 Baked Haddock with Seafood Crumb Topping, Rice, Vegetable <i>Muffin: CherryChocChip</i>
13	14 Broccoli Cheese Soup, Melty Ham & Cheese & Tomato Sub, Chips <i>Muffin: Honey Raisin Bran</i>	15	16 BBQ Baked Chicken, Potato Salad, Cole Slaw, Corn on the Cob <i>Muffin: Cranberry Walnut</i>	17 CHOICE DAY Baked Haddock with Florentine <u>or</u> Plain with Crumb Topping, Rice, Vegetable <i>Muffin: Wild Blueberry</i>
20	21 Turkey Divan Roll-Up (Hot Turkey wrapped around broccoli with cheese sauce) Rice Pilaf, Vegetable <i>Muffin: Cranberry Orange</i>	22	23 Baked Spiral Ham with Pineapple, Potato au Gratin, Vegetable <i>Muffin: Peanut Butter & Jelly (extra)</i>	24 SPECIAL MEAL - \$12 Corn Chowder, Lobster Roll , Chips, Cole Slaw SIGN-UP BY JULY 13 <i>Muffin: Lemon Blueberry</i>
27	28 15 Bean Soup, Our Own Italian Sub Sandwiches, Chips, Pickle <i>Muffin: Lemon Poppy</i>	29	30 Lasagna Roll-Up with Meat Sauce, Meatball/Sausage, Vegetable <i>Muffin: "Sweet Georgia" Spice</i>	31 Seafood Newburg over Rice, Vegetable <i>Muffin: Banana Walnut</i>