Town of York - Center for Active Living  
July 2020 Lunch Menu 

Donation $5.00 per meal per person. **Reservation required by 3pm the Friday prior to the meal you would like; call 207-363-1036, Monday – Friday, 9:30am-3:30pm.** Each meal includes dessert; sugar-free dessert available if requested at time of ordering meal. Payment may be made by credit/debit card at time of reservation or by check made out to Town of York or CAL punch card. If you previously purchased a punch card for $4.00 meals, the card will be honored with no additional payment need until the card runs out. When you make your reservation, you will be assigned a pick-up time between 12:10 - 1pm. When you arrive for pick-up, you must remain in your car. Someone will come get your name and payment (if not already paid) and then someone else will deliver your meal. **MUFFINS:** Purchase 5 muffins for $2.00; order no later than the day prior by

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| 30   | Chinese Pepper Steak over Rice, Egg Roll, Vegetable  
Muffin: Orange Cranberry | 1 | Baked Haddock with CrumbTopping, Rice Pilaf, Vegetable  
Muffin: Lemon Blueberry | 2 | Holiday Pre-July 4th  
Center Closed |
| 6    | Everyone’s Favorite Meatloaf, Smashed Potato, Vegetable  
Muffin: “Sweet Georgia” Spice | 7 | Pork Chop with peppers & onions, Mashed Potato, Vegetable  
Muffin: Blueberry-Cranberry | 8 | Baked Haddock with Seafood Crumb Topping, Rice, Vegetable  
Muffin: CherryChocChip |
| 13   | Broccoli Cheese Soup, Melty Ham & Cheese & Tomato Sub, Chips  
Muffin: Honey Raisin Bran | 14 | BBQ Baked Chicken, Potato Salad, Cole Slaw, Corn on the Cob  
Muffin: Cranberry Walnut | 15 | CHOICE DAY  
17 | Baked Haddock with Florence or Plain with Crumb Topping, Rice, Vegetable  
Muffin: Wild Blueberry |
| 20   | Turkey Divan Roll-Up  
(Hot Turkey wrapped around broccoli with cheese sauce) Rice Pilaf, Vegetable  
Muffin: Cranberry Orange | 21 | 23 Baked Spiral Ham with Pineapple, Potato au Gratin, Vegetable  
Muffin: Peanut Butter & Jelly (extra) | 22 | SPECIAL MEAL - $12  
Corn Chowder, Lobster Roll, Chips, Cole Slaw  
SIGN-UP BY JULY 13  
Muffin: Lemon Blueberry |
| 27   | 15 Bean Soup, Our Own Italian Sub Sandwiches, Chips, Pickle  
Muffin: Lemon Poppy | 28 | Lasagna Roll-Up with Meat Sauce, Meatball/Sausage, Vegetable  
Muffin: “Sweet Georgia” Spice | 29 | Seafood Newburg over Rice, Vegetable  
Muffin: Banana Walnut | 30 | 31 |