TOWN OF YORK PARKS & RECREATION

York Hospital

York Parks and Recreation Department Presents . . .

The Thirty-Seventh Annual

YORK DAYS 5K: Miles for Smiles

Date: Sunday, August 2nd, 2020
Time: Race Day Registration opens at 6:30 a.m.
and closes at 7:45 a.m.
Race starts at 8:00 a.m
Location: York High School, York, ME
Course: USATF Certified 5K Course
Entry Fee: $25 mail-in registration/$25 online (plus fees)
$35 Race Day, space permitting

- Limited to 1,200 runners
- *T-shirts to those registered by EOD July 3rd*
- FREE, no registration needed, Kids 1 Mi Fun Run

BOB the SCREENPRINTER
York Family Dental
Dr. Jason Marhue
Amidon Family Dentistry D.M.D. LLC

NO DOGS
PLEASE *for their safety and ours*

PRE-REGISTRATION DEADLINE IS JULY 29th
ANYONE WANTING TO REGISTER AFTER THAT MUST REGISTER ON RACE DAY.
YORK HIGH SCHOOL – 1 Robert Stevens Dr., York, ME 03909
1st, 2nd & 3rd place prizes to division winners.
Race includes professional chip timing & traffic management.

PROCEEDS BENEFIT YORK PARKS & RECREATION YOUTH PROGRAMS

Mail In Bottom Portion Of This Page With Registration Fee

Road Race Division

	12 & Under	13 - 17	18 - 29	30 - 39	40 - 49	50 - 54	55 - 59	60 - 64	65 - 69	70 - 79	80 & Up	Race Walking	Wheelchair
MEN	0	0	0	0	0	0	0	0	0	0	0	0	0
WOMEN	0	0	0	0	0	0	0	0	0	0	0	0	0

RACE SHIRT (Check one)
If Registering by 7/3 ONLY

[ ] S [ ] M [ ] L [ ] XL [ ] XXL [ ] No Shirt

Make checks payable to:
York Parks and Recreation

Mail application to:
York Parks & Recreation Department
186 York St., York, ME 03909

For information on applications, call the York Parks & Recreation Department at 363-1040 Mon – Fri 8:30 a.m. to 4:30 p.m.

YORK DAYS 5K ROAD RACE REGISTRATION FORM

PLEASE PRINT CLEARLY!!!!

Name:_____

Address:_____

Town:_____ State:_____ Zip:_____

Sex:_____ DOB:_____ Telephone:_____

Email Address:_____

Emergency Contact Name & Number _____

WAIVER *must be signed

In signing this entry, I for myself, my heirs, executors and administrators, release the manager of the race, all sponsors and promoters, the Town of York, for any and all liability in case of death or injury received during participation in this race. In the case of a minor, this entry must be signed by a parent or guardian of entrant.

Signature_____

Parent/Guardian_____

Visit our WEBSITE www.yorkparksandrec.org for online registration