Yorks Illustrated

TOWN OF YORK
PARKS & RECREATION

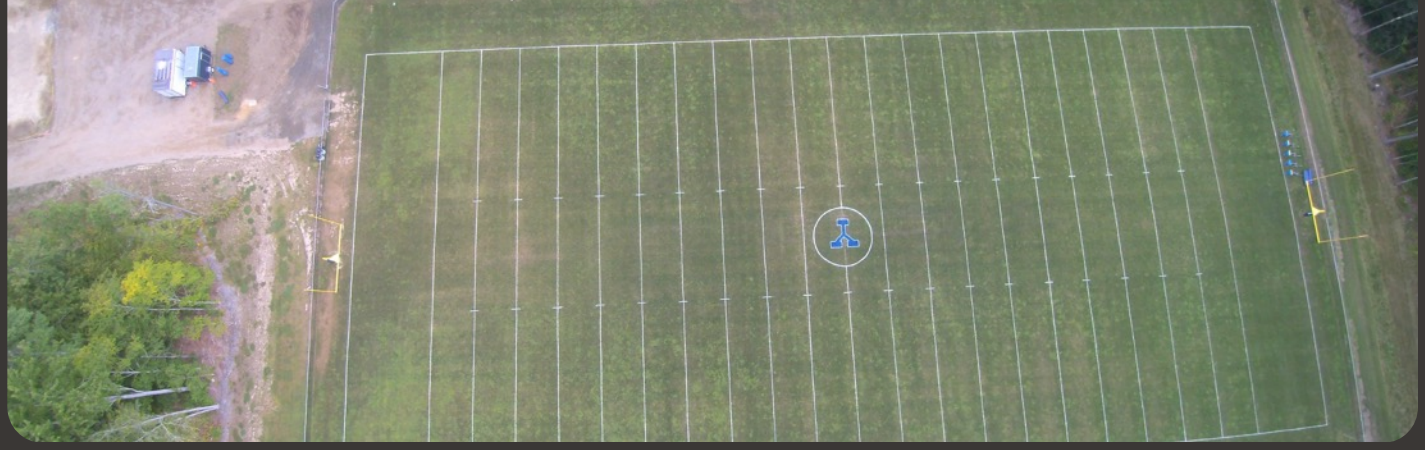
SEPT 2016

ENRICHMENT

BE ON THE LOOK-OUT FOR DETAILS OF UPCOMING ENRICHMENT OFFERINGS, INCLUDING BUT NOT LIMITED TO: MAD SCIENCE, SEWING CLASSES, WHITE PINES PROGRAMS, SAFE SITTER AND MORE!

GOOD LUCK THIS SEASON TO YORK YOUTH FOOTBALL & YORK SOCCER CLUB

MT A TRAILFEST SEPTEMBER 18TH



Upcoming Fall Programs

Youth

Fall Field Hockey - We will be offering a Monday afternoon field hockey program again this fall for students in the 3rd - 6th grade. This program has become very popular and is limited to 25 players, so don't hesitate in signing up.

Spirit Squad - We are pleased to announce the return of the York Junior Cheerleading Program! This program will be open to all Elementary and Middle School students who would like to spread cheer and spirit on the sidelines of the York Youth Football games this fall.

Lil Tikes Fall Soccer - This program is for children ages 3 and 4. This junior 6 on 6 soccer league will run for 4 weeks and will be offered as a basic introduction to the game of soccer.

Kindergym - Your child will love it, and so will you! We are looking for all children who are walking, through age 3, to bring their parents along to our Kindergym program!

Karate - Martial arts training for kids will show marked improvement in confidence, mutual respect, self-esteem, academics, coordination and concentration.

Hammerhead Wrestling - The Hammerhead Wrestling Club seeks to provide basic instruction and advanced training in folkstyle wrestling & in the Olympic styles of wrestling (freestyle and greco-roman).

SWIM REGISTRATION

MARK YOUR CALENDARS NOW FOR THE WINTER SESSION
REGISTRATION DATE! THURSDAY, SEPTEMBER 29TH!!!

Registration can be done on line from the comfort of your home or office, or you can register at the office. No registrations will be taken over the phone the first day of registration.

Through the generosity of the Anchorage Inn on Long Sands Beach in York, we are again able to offer swimming lessons this fall and winter. Thank you!!These Red Cross Certified swimming lessons will be geared toward Parent-tot and levels 1, 2, 3, 4 and stroke enhancement swimmers. Classes are held once a week, for an 8-week session on Monday, Tuesday or Wednesday afternoons for 45 minutes. These classes are limited and fill quickly, so don't hesitate to register. Please have your child ready to swim when you arrive. There is a small changing room for use after the class.

TRAVEL BASKETBALL

2016/2017 TRAVEL BASKETBALL
IMPORTANT! If you are planning to try-out for the Boys and Girls 5th or 6th grade travel basketball teams **PLEASE SIGN UP NOW and Please Spread the word!** Once again, we will entering our teams into the Cape Elizabeth Travel League. In order to reserve our spots we need to have some idea of how many players are planning to try-out. **THERE IS NO COST TO SIGN UP FOR TRY-OUTS.** Travel Team fees will not be assessed until the teams are chosen.
REMINDER! Mark your calendars. Travel Basketball Try-Outs will be held on October 19th and 20th at 5:00pm for boys and 6:30pm for girls (location TBA). Attendance at both try-outs is mandatory to be considered for placement on a team.
For more detailed information regarding the travel basketball program or to register for the try-out, click here.

FALL THEATRE PRODUCTION - "THE CEMETARY CLUB"

Fall Theatre Production THE CEMETARY CLUB
Be on the look-out, registration will be opening soon for our fall production THE CEMETARY CLUB. Each year on Halloween, a group of trick-or-treaters meet to try and find the ghost that has haunted their town ever since the terrible accident. The ghost only appears once a year and she seems to be looking for someone who can give her the answer as to why she appears every Halloween. This group of kids is known as The Cemetery Club and this year they find out the answers! Join us for this fun ghost story that will make you laugh and wonder if ghosts actually exist. Classes will be held after school on Wednesday, October 19th , Friday, October 21st , Monday, October 24th , Wednesday, October 26th , and Friday, October 28th . Dress rehearsal will be held on Sunday, October 30th (in the afternoon so as not to interfere with Trick or Treating). There will be one performance on Monday, October 31st . The performance will be held in at the cemetary ..also known as Foster's Clambake!

BABY BOOMER GOLF - ADULT

It is true that any motor skill improves most rapidly if you practice EVERY day. With that in mind, we have partnered with Cape Neddick Country Club to offer our Baby Boomers this opportunity to learn, practice and play more golf. This is the perfect clinic for anyone who wants to spend a full week fine tuning your skills in preparation for a golf-filled summer or fall.

JACKI'S DANCE AEROBICS - ADULT

It's never too early to sign up and commit to a fitness program!! Fitness leader, Jacki Sorensen created her nationally recognized program of "serious fitness fun" over 30 years ago. This class appeals to women who want the benefits of regular exercise but also want to be motivated to stick with a program. The program combines the fun of dancing with the health benefits of a balanced workout.

SEPTEMBER PICKLEBALL SCHEDULE- ADULT

$3.00 per per person drop-in or $5.00 per person for the week, drop-in.
Beginning September 7th (no Pickleball on Labor Day , Sept. 5th) the following Pickleball schedule will be in place:
Mondays –organized pickleball with Recreation staff, immediatley following the YMS tennis team practice , Approximately 4:00pm – exact time TBA
Wednesdays – organized pickleball with Recreation staff 4:30pm -6:30pm
Friday-9:00- 11:00am pick-up, no Recreation Staff
Be on the lookout for Indoor Pickleball in October at the Kittery Community Center…..

TOWN OF YORK PARKS & RECREATION

GREAT MAINE OUTDOOR WEEKEND
A Project of the Maine Outdoor Coalition

Mount A Second Annual TRAILFEST

Sunday, September 18, 2016

Trail Run Fundraiser

Races Begin at 9:30am

Expert: 9-Miler; Intermediate: 5K;

Beginner: Kids' 1-Miler

Register: www.mountatrailfest.com

11:00am: Ribbon Cutting Ceremony for the "BIG A Trail"

11:00am - 4:00pm: FESTIVAL

Kenny Brothers Band, Climbing Wall, Bird Box Building, Bird Language Hike, York County Audubon, Raffle, Guided Walks, Arts & Crafts, & more.

PARKING will be limited. FREE SHUTTLES available to the summit.

Thank You to Our Sponsors: *Ameriprise Financial, Kittery Trading Post, ReMax, Revision Energy, Sanford Institute for Savings, Weirs GMC, York Harbor Inn.*

SPECIALIZED

Center for Wildlife
Cape Neddick, Maine

NORTH WOODS LAW

KITTERY TRADING POST
Outfitters with Style Since 1938

YAA

RE/MAX

ReVision Energy

Ameriprise Financial

White Pine Programs

NORTHEAST PASSAGE
Living Beyond Disability

YORK HARBOR INN
York Harbor, Maine

JACKALOPE SPORTS

York County Audubon

WEIRS Motor Sales, Inc. GMC

FISHERMEN'S DOCK
Premium Seafood

SIS The Bank That Listens

Rossi's Italian Bakery

RUBY'S
Genuine Brick Oven

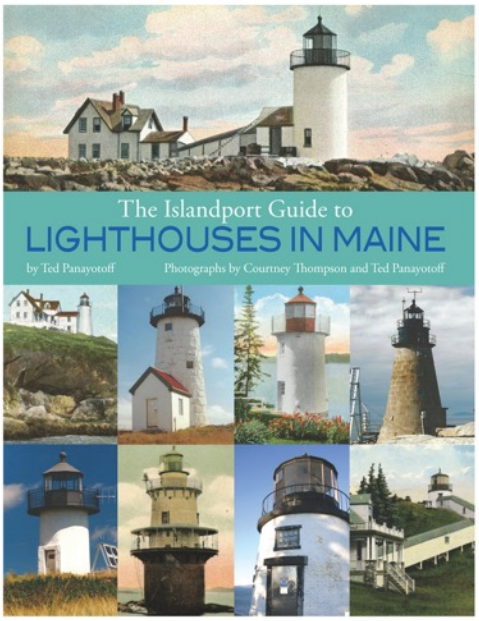
Mount Agamenticus Conservation Region

The Town of York is accepting applications from residents interested in serving on a volunteer committee charged with developing a needs assessment for a multigenerational community center in York. The nine member committee will work with the Parks and Recreation Board to determine needs or "gaps" between current services and desired services or "wants". The assessment will study the needs of all age groups, from senior citizens to preschool, to determine what type of facility would best serve the community as a whole. Interested citizens should contact the Town Manager's office for additional information or to obtain an application (207-363-1000).

COMMUNITY CENTER

The Islandport Guide to LIGHTHOUSES IN MAINE

by Ted Panayotoff ❖ Photographs by Courtney Thompson and Ted Panayotoff



The allure of Maine lighthouses attracts thousands of visitors and enthusiasts each year. From the northernmost outpost of Whitlock Mills Light to Grindle Point Light on Islesboro to the southern beacon of Cape Neddick (Nubble) Light, sixty-four existing lighthouses dot the bold coast and rugged islands of Maine. This comprehensive, useful guidebook celebrates the long-standing history and importance of each lighthouse, as well as its modern-day use and accessibility, helping you make the most of your trip.

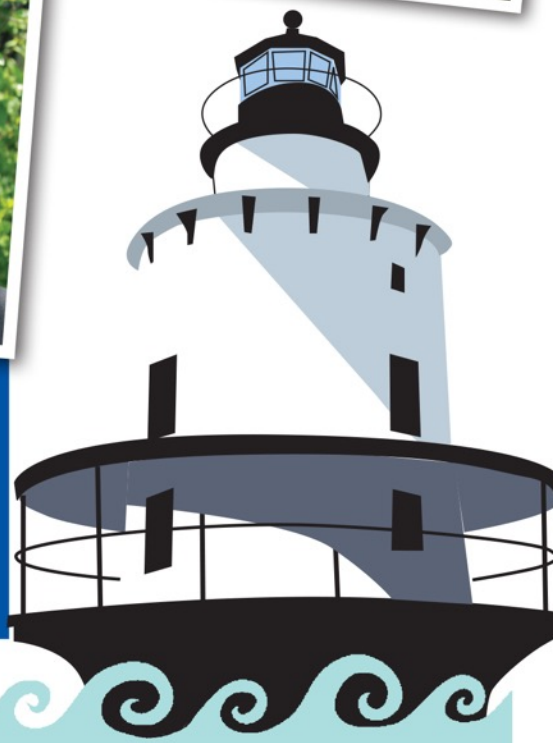
Meet Ted

Book Signing

Labor Day
Monday, Sept. 5, 2016
10 a.m.–12 p.m.

Cape Neddick Lighthouse
(Nubble Light)
York, Maine

FMI contact Ryan at
reavery@yorkmaine.org



ISLANDPORT PRESS

www.islandportpress.com

White Pine Programs

Save the Date!

Fall Nature Fest

Sunday, September 25. 2016

Foster's Clambake, York Maine 1-4pm

FUN FOR THE WHOLE FAMILY

Kids Games
Survival Skills Demos
Local Music, Exceptional Food, Storytelling
Wild Edibles & *Much More!*

Event Proceeds Benefit
WPP Scholarship Fund