

York's Illustrated

Town of York, ME Parks and Recreation Department



Lacrosse Coaches Needed

We are currently looking to fill the position of volunteer spring girls lacrosse coach. TRAINING OPPORTUNITY AVAILABLE. This is an excellent way for parents to get involved and help with your daughter's team. Anyone interested should contact our office for more information.

Wrestling, York Art Association and more...



HAMMERHEAD

Hammerhead wrestling is starting up again. [More Info...](#)



YAA GROUP CANVAS

Work together to create a large group canvas. [More Info...](#)



YAA DREAM CATCHER

Create a dream catcher to hold all of your dreams. [More Info...](#)



Ski Trips

[Shawnee Peak](#)
[Gunstock](#)



Swimming

Registration Jan 5th
[More info...](#)



Karate

Wax on..... Wax off.
[More Info...](#)



Spirit Squad

[More Info...](#)

Whats going on for Enrichment classes this winter?

MAKERS SPACE

Who can MAKE the world an awesome place? YOU can, of course! During this 6-session Maker Class, you'll get to choose a project from MakerCamp.com and bring it to life, program your own interactive story or game on Scratch Jr. (or Scratch if you're a pro), or design and build an idea of your own. If you can dream it and you're passionate about it, then you can make it! [More Info...](#)

BRIXOLOGY

The Mad Science BRIXOLOGY Program sets the foundation for our next generation of makers! This program is unlike any Bricks program your kid has ever done! Kids learn about different types of engineering and then team up to construct a different engineering-themed project using LEGO® bricks. [More Info...](#)

“Mistakes are proof that you are trying”



VES INTRAMURALS

Village Intramurals is a fun, social, and inclusive program for students in Kindergarten and 1st Grade. [More Info...](#)

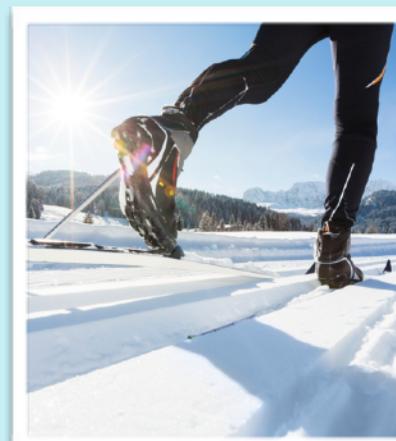
LEGO CAMP

LEGO® Club provides quality enrichment learning and activities for ages 6 -12. Students will learn STEM concepts (science, technology, engineering and math) while playing with LEGO® bricks and education kits. Students will be divided into groups of similar age ranges. [More Info...](#)

MULTI-USE WINTER TRAILS

Multi-Use Outdoor Recreation Trails

Are you an outdoor enthusiast? Do you want to be? We're making it easier for you! As Mother Nature allows, we will be maintaining packed, multi-use trails at the Grant House at Goodrich Park and along the Mt. Agamenticus "Big A" Universal Access Trail this winter. Both locations provide approximately one mile of scenic trail. We encourage multi-use outdoor, winter recreation including, cross country skiing, hiking, snowshoeing, walking and wildlife watching. Stop by and check out the trails or give us a call for updated conditions. 207-363-1040.





Working on weight loss from the inside out.

**You've decided it's time to start
your journey to better health!**

Introducing an approach to losing weight that includes both group and individual classes. Brought to you by a team of health care professionals at York Hospital:

- Registered Dietitian
- Behavioral Health Counselor
- Exercise Professionals... and more!

The next class begins Friday, January 6th
at 1:30pm and runs weekly through February 10th
Registration is only \$99! Space is limited
Classes will be held on York Hospital Campus.

Pre-screening is required.

To learn more, call Sue Patterson, RDN at 207.351.2658
or email spatterson@yorkhospital.com.

\$99

Start your
journey
January 6th!
Space is limited.
Call 351-2658
for more
information!

 **York
Hospital**

A community. For life.

MAD SCIENCE OF MAINE



AFTERSCHOOL PROGRAMS

BRIXOLOGY

Mad Science is sponsored by the York Park and Recreation Department

The Mad Science BRIXOLOGY Program sets the foundation for our next generation of makers! This program is unlike any Bricks program your kid has ever done! Kids learn about different types of engineering and then team up to construct a different engineering-themed project using LEGO® bricks. They learn about aerospace engineering while assembling a space station. They explore mechanical engineering as they build boats and vehicles. That's not all, from carnival rides to drawing machines, mechanical animals to truss bridges, your future engineer will build upon their creativity to solve real-world design challenges, while developing their problem-solving and team-building skills. Let the tinkering begin!

Location: Village Elementary School

Day: Wednesday

Dates: 1/25-3/8/2017

***No program on 2/22/2017**

Time: 3:15-4:15 PM

Room: Art Room

Grades: K-4

Cost: \$90 Resident/\$100 Non-Resident

Minimum/Maximum: 12/20

Register online at yorkparksandrec.org or call 207-363-1040!

Mad Science of Maine

105 Main Street, South Portland, ME 04106

Ph: 207-878-2222 Email: taryn@madsciencemaine.com Website: www.maine.madscience.org

MAINE.MADSCIENCE.ORG



Class Descriptions

Aerospace: Launch your imagination to new heights as you explore aerospace engineering! Discover the secrets of working in space – efficiency and compact design. Create a trussed space station module, then connect it with others to create a massive modular spacecraft. Take home an Astro Lander to repeatedly launch!

Carnivals: Feel the thrill as you build a spinning swing ride! Learn about the forces and mechanical engineering concepts behind some of your favorite amusement park rides. Then improve and test the design to create an even wilder ride. Take home a Viking Ship Ride to build.

Creatures: Discover nature's engineering secrets as we investigate biomimicry! We can learn a lot about efficient design from observing plants and animals. Build a walking insect machine then test different ways to help it climb up the steepest branch. Build and take home a Peacock Puzzle.

Towers: Reach for the sky! Find out how structural engineers use ideas from physics to solve problems. Work together to build a structurally sound tower with a working elevator, then test and improve your design for strength and stability. Take home a Sky Beam building set.

Bridges: How can you build the strongest bridge? Work together with your fellow civil engineers to build and test different bridge designs. Then use what you've learned to create the strongest bridge possible. Take home a Truss Bridge building set.

Vehicles: Get in gear as an automotive engineer! Build a motorized vehicle and learn how to optimize it. Use wheels, axles and gears to reduce friction and make it work better. Then shift things into a higher gear to get a hands-on understanding of transmissions and gear ratios. Take home a motorized Hovercraft XS to build.

Our Mission

Mad Science is on a mission to spark the imagination and curiosity of children by providing them with fun, interactive and educational programs that instill a clear understanding about science and how it affects their world.

Mad Science Program Policies

- ★ **Payment and forms must be returned to and processed by York Parks and Rec. Do not return them to the school.**
- ★ A \$20 fee will be charged for checks that are returned unpaid.
- ★ Please pick your child up promptly at the classroom door upon dismissal.
- ★ LATE PICKUP will be charged at the rate of \$1.00 per minute and must be paid in cash directly to the Mad Scientist prior to the start of the next class in order for your child to continue.
- ★ A minimum of 10 children per class must be met in order for the class to run.
- ★ All supplies and materials are included in the class fee.
- ★ Mad Science is not responsible for children before or after the stated class times.
- ★ Mad Science has a zero-tolerance policy regarding violence of any kind.

Don't Delay! Register Today!

Register online at yorkparksandrec.org

-or-

Call

207-363-1040!

For more program details contact
Mad Science of Maine

Ph: 878-2222 Email: info@madsciencemaine.com

DO YOU WANNA BUILD A SNOWMAN? OR RIDE OUR BIKES AROUND THE HILLS?

Enter York's third annual snowman sculpting CONTEST and have some fun in the snow this winter! The rules are simple: build your masterpiece, take a photo of it with the person/people who built it or with an identifying York landmark in the background and post it to York Parks and Recreation's facebook page with the entrant(s) full name and using #yorkmaine. Prizes will be awarded for the photos with the most "likes"! Celebrate the season enjoying outdoor fun in Maine.

This activity is in conjunction with the Great Maine Outdoors Weekend. For more info on the state-wide celebration, visit www.greatmaineoutdoorweekend.org

Contest will begin January 1st and run through the end of February vacation, February 24th. Voting ends February 26th at noon.



\$100 Parks & Rec Gift Card



Donated by: Yours Truly

3 Large Pizzas



Donated by: Anthonys Food Shop

You Could Win!

\$25 Amazon Gift Card



Donated by: Coastline Electric

All Winners receive one dozen of Laura Stanley's famous Chocolate Chip Cookies.

TOWN OF YORK
PARKS & RECREATION

