

Yorks Illustrated

MARCH 2017



BEACHES

Enjoy York's Beaches this summer while you get paid. Whether from your Lifeguard Tower, a Picnic with a Day Camp or on the Parks Crew walking the miles of sand in York.

PARKS

Help maintain the many public parks, buildings, grounds & beaches York has to offer. Our grounds crew runs some pretty sophisticated equipment throughout the season.

RECREATION

Greet guests at the office, ref a soccer game, direct a Day Camp, raft the Saco River, hit up a Sea Dogs game, play dodge ball ... Did we mention all while getting paid?



The Town of York Parks and Recreation Department has openings for the following seasonal positions:

Parks Division:

Grounds and Beach Maintenance, Bathhouse Custodians, Mt A. Trail Crew, Lifeguards, Veterans Graves Maintenance.

Recreation Division:

Day Camp Directors and Counselors, Program Instructors, Youth Enrichment Instructors, Kayak Instructors, Youth Soccer Officials, Flag Football Referee, Lacrosse Coaches and more.

WWW.YORKPARKSANDREC.ORG 207-363-1040



APPLY TODAY!

ADULT PROGRAMS



Volleyball

This program is designed to meet the needs of the beginner, intermediate or advanced volleyball player, so in other words, join in the fun of Sunday morning volleyball. Teams will be chosen each Sunday morning and pick-up games will be played from 8:00am - 10:00am, at the York Middle School Gym. Sunday morning play emphasizes fun with a competitive edge. Players must be 18 years of age and older to participate. [FMI](#)



Jackies Dance

It's never too early to sign up and commit to a fitness program!! Fitness leader, Jacki Sorensen created her nationally recognized program of "serious fitness fun" over 30 years ago. This class appeals to women who want the benefits of regular exercise but also want to be motivated to stick with a program. The program combines the fun of dancing with the health benefits of a balanced workout. Each hour consists of stretching, strengthening, and easy to follow aerobic dance moves. [FMI](#)



Pickleball

Mondays, Tuesdays, Wednesdays, Thursdays and Fridays at the Kittery Community Center What is the fastest growing sport in the country right now? You guessed it... PICKLEBALL! Pickleball is a racquet sport in which two or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball over a net. [FMI](#)



Mens Basketball

CRES- Every Wednesday, Mid-November through May, open gym is offered at 8:00pm at Coastal Ridge Elementary School

YHS – Every Wednesday, September – Mid-November and Mid-May - Mid-June open gym is offered at 8:00pm at York High School

YMS - Every Sunday open gym is offered at 8:00pm at York Middle School. [FMI](#)

YOUTH PROGRAMS



Indoor Soccer

L'il Tikes, Mites, Bantam, and Youth

This spring we're taking it to the gym! Join us for indoor gym soccer at York Middle School. Our "goal" (pun intended) will be on FUN! We'll be focusing on the skills of confidence, dexterity, coordination, endurance, positioning and rules. This program is designed for children ages 3 - 10 and will be offered on Saturdays, beginning March 11th. [FMI](#)



Flag Football

Grades 2-8. Considered by many as the skills version of American football, Flag Football is a version of American football that is popular across the U.S. The basic rules of the game are similar to those of the professional game, but instead of tackling players to the ground, the defensive team must remove a flag or flag belt from the ball carrier ("de-flagging") to end a down. [FMI](#)



Indoor Lacrosse

Grades K-8. The goal of the program is to have our players leave as better skilled, more confident athletes. We will help to develop a player's all-around game, while allowing each athlete time to focus on different player positions. We will work to improve their general lax IQ, emphasizing strategy, techniques, and teamwork. This understanding of the game of lacrosse will be taught through drills and intra-clinic scrimmages. [FMI](#)



Spring Lacrosse

Outdoor

Everything Lacrosse.

K-2 program is the very basics and is designed with fun in mind. Saturday mornings.

Grades 2,3,4 starts to pass a little more to the experience. This program requires practices and game play both during the week and on Saturdays.

Grades 5-8 This program requires a major commitment of time. A typical week will include at least 2 -3 practices and a 10 - 12 game season. We strongly recommend that you choose just one activity during this spring season as all practices for lacrosse are mandatory in order to play in the games. [FMI](#)

ENRICHMENT PROGRAMS



LEGO

Ages 6-12. LEGO® Club provides quality enrichment learning and activities for ages 6 -12. Students will learn STEM concepts (science, technology, engineering and math) while playing with LEGO® bricks and education kits. Students will be divided into groups of similar age ranges. One group will work in pairs and explore age appropriate LEGO® Education themes such as Simple Machines, Motorized Mechanisms, Pneumatics, Renewable Energy, Space Exploration, We do Robotics and Mindstorms NXT Robotics while the other group spends time in the free build area. [FMI](#)



Nature Photography

Grades 2-8. In this three week photography class we will use digital cameras to photograph the beauty in the place we live. We will have one session at location near the ocean to be announced (which you will need to provide transportation that day and two sessions at VES. Young photographers will learn the basics of digital photography and learn important elements to what makes a photograph a quality image. We will explore composition, depth of field and lighting. All photographers participating in the class will have the opportunity to display their photographs at the Piscataway Garden Show in June. [FMI](#)



Robotics

Grades K-4. Robotics has never been this exciting! The applications of robotics is all around us and we invite girls and boys to discover first-hand the design, construction, and application of modern-day robotics. Through the integration of exciting modular robotics learning systems and various types of robots children will discover how robotic devices use sensors to learn about their environment and how people use robots to get work done. Explore the mechanical aspects of robots, circuitry, and programming. [FMI](#)



Nature Club

Grades 1-4. Go further... Go deeper... Our all outdoor Nature Club takes us adventuring through the woods and waters behind Coastal Ridge Elementary School. We'll be exploring, playing games, investigating natural mysteries and strengthening our understanding and connections with nature. Nature Club is an all-outdoor, program (even if it's an indoor recess day) – please send your child in clothes & footwear that can get filthy, and well prepared for that day's weather. Spring session April 3 - June 6. [FMI](#)



LOOKING FOR A SUMMER JOB?



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