NOW HIRING

A YORK PARKS & RECREATION DEPARTMENT OFFERING - THIS OPPORTUNITY HAS BEEN APPROVED FOR ALL AGES. JOIN US THIS SEASON AS WE OFFER A MULTITUDE OF OPEN POSITIONS FOR SEASONAL EMPLOYMENT. MOUNT AGAMIENTICUS, YORKS BEACHES, NUBBLE LIGHTHOUSE, ELLIS SHORT SANDS PARK, LANDSCAPING, TRACTORS, GARDENING, DAY CAMPS, CARPENTRY, CUSTODIAL AND MORE. CALL TODAY. A FUN SEASONAL POSITION AWAITS YOU AND OFFERS COMPETITIVE PAY AND AN EXCELLENT MUNICIPAL WORK HISTORY FOR YOUR GROWING RESUME.

WWW.YORKPARKSANDREC.ORG
parks-rec@yorkmaine.org

200 US RT 1 YORK, ME
207-363-1040

TOWN OF YORK
PARKS & RECREATION
SPRING OUTDOOR LACROSSE

Grades K-2: Our program for grades K - 2 is designed to teach the basics of lacrosse to beginners and to provide a great learning experience while developing each individual player to his fullest potential in a safe, fun environment.

Grades 2-4: We will be offering a third and fourth grade program for boys and girls at the Bog Road Fields. Second graders with some lacrosse experience, and at the discretion of the program director, are welcome at this level.

Grades 5-8: Boys and girls at this level will have their own teams. The league will once again focus on skill development, throwing, catching cradling and shooting. Games will be scheduled with surrounding area towns, so be prepared to travel.

T-BALL

This is a six-week program designed for boys and girls ages 4 & 5 years of age. The intent is to teach the basic rules and skills of the sport as well as promote team play and sportsmanship. At this level the majority of players hit from a tee. Four year old boys and girls are eligible to participate if they are 4 years old by December 31st, 2016, and parents feel they are ready.

NATIONAL LEAGUE

This is a developmental baseball program for boys and girls ages 6, 7 and 8. All hitters are pitched to from the mound or a pitching machine is used and particular emphasis is placed on skill development. Volunteer Parent Coaches are needed for this program, please consider helping. Starts the first week in May. Get your registration on!

SHAOLIN KENPO KARATE FOR CHILDREN

We will be offering karate classes for children ages 5 and up. Martial arts training for kids will show marked improvement in confidence, mutual respect, self-esteem, academics, coordination and concentration. Seacoast Martial Arts combines traditional and modern teaching methods making this program motivational and fun. These classes will be offered Monday and Wednesday evenings at YMS PE Room. New session begins every 8 weeks. 今天注册
JACKI’S DANCE AEROBICS

It’s never too early to sign up and commit to a fitness program!! Fitness leader, Jacki Sorensen created her nationally recognized program of “serious fitness fun” over 30 years ago. This class appeals to women who want the benefits of regular exercise but also want to be motivated to stick with a program. The program combines the fun of dancing with the health benefits of a balanced workout. Each hour consists of stretching, strengthening, and easy to follow aerobic dance moves. Everyone participates at his or her own level. You get a great workout without ever knowing it!!! Classes will be offered Monday and Wednesday mornings from 8:00am – 9:00am beginning January 9th, or Tuesday and Thursday evenings from 5:15pm – 6:15pm, beginning, January 3rd, at the York.Beach Fire Department. We’re sure you’ll decide to join us.

ADULT FLAG FOOTBALL

Once again this spring we will be offering an opportunity for adults to get together on Sunday mornings for some friendly flag football competition. Players of any skill level are welcome to join. Our emphasis will be on fun, friendly competition. This will be a drop-in style format and teams will be determined daily. The Parks and Recreation Department will provide the flags, a lined field to play on, and one game official. So gather your friends, dust off your cleats and join us for some spring football.

Adult co-ed softball league is returning again this year. check out the flyer in this newsletter for more info and get your team together!

Adult Pickup Soccer: Sunday mornings from 9am to 12pm. This is an informal program that is free and open to both men and women. This program has been extremely successful from its first year, and we expect it to be just as popular this year. There is no registration fee or pre-registration requirement. Simply go to the field and enjoy a couple of hours of informal scrimmaging. The program will start on Sunday, May 8th. Have fun!

This seasons Road Races are now available to view and register for on our website. www.yorkparksandrec.org and click events>road races. RUN FORREST< RUUUUUN!
CO-ED SOFTBALL LEAGUE
WEEKDAYS JUNE THRU AUGUST

Back by Popular Demand! Play Ball!
Dig out those bats and balls and get your team together for a summer full of co-ed softball. Games will be played at York High School Softball Field and York Village Elementary School Field on Mondays and Wednesdays. The season will end with a double elimination playoff with prizes being awarded to 1st, 2nd, and 3rd place. ASA rules will govern all play. Each team will have a maximum of 15 players, three of which must be female. There is an 8 team limit. Team’s will have to provide their own uniforms. Team dues will be $750. All players must be over 18. Registration is open now until June 1st. Please call Lynzi Pacitti at 363-1040 or lpacitti@yorkmaine.org for more information.
York Little League Opening Day is April 29th

Parade will start at 9AM, over to Smith Field for the start of opening day festivities

* (Parents please park over at the High School; teams will be meeting on the YHS football field at 8:30am)
* Kids enrolled in T-ball and Nationals, we’d love to have you come join us too

Lots of fun kids activities

- Speed pitch, courtesy of the York Police Department
- Cotton candy and freshly popped popcorn - $1
- Inflatable bounce house, courtesy of Blast Party Rentals
  - Bean bag toss
- York’s very own YHS Wildcat will make an appearance

Raffle tickets will also be on sale during Opening Day!

Great prizes, including....

- Red Sox tickets
- One-night stay at The Cliff House
- A week of summer camp with Coach Chadbourne and YHS
- Gift cards to Dicks Sporting Goods, River Landing & more

Come join the fun to help us get the Season started off right!