















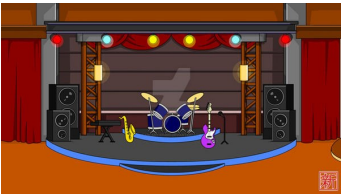













CAL Activities Calendar

August 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Bingo with Scott 1.00pm-3.00pm 	2
3	4 Matter of Balance 1.00pm-3.00pm  Movie Monday 1.00pm-3.00pm	5 	6 Matter of Balance 1.00pm-3.00pm 	7 Ukulele 10.00am-11.00am 	8 	9
10 	11 Matter of Balance 1.00pm-3.00pm BP/Glucose 2.00pm-2.30pm Summer Camp 8.00am-1.00pm	12 Homecare Info (Sensicare) 10.00am-11.00am  Summer Camp 8.00am-1.00pm	13 Matter of Balance 1.00pm-3.00pm Social Club Mtg 2.00pm-3.00pm Summer Camp 8.00am-1.00pm	14 Ukulele 10.00am-11.00am  NE Passage Kayaking@ Pawtuckaway 10.00am-Noon	15 Blue Ocean Society (Travels of Ocean Trash) 10.00am-11.00am Lobster Bake 11.30am-1.00pm Bingo 1.00pm-3.00pm	16  
17 	18 Matter of Balance 1.00pm-3.00pm Book Club w/Kim 10.00am- 11.30am Hike @ Mt A 10.00am Craft with Lisa 2.00pm-4.00pm	19  Bowling 2.00pm-4.00pm	20 Matter of Balance 1.00pm-3.00pm  CAL Gals 1.00pm-3.00pm	21 Ukulele 10.00am-11.00am Mystery Dinner Out 3.45pm-7.30pm 	22 	23
24 	25 Matter of Balance 1.00pm-3.00pm Show of all Shows 1.00pm-4.00pm 	26 Seacoast Wheelers 9.00am-Noon  End of Summer Celebration 5.00pm-10.00pm 	27 Matter of Balance 1.00pm-3.00pm  Resident Registration Day	28 Ukulele 10.00am-11.00am Tech Help 11.00am-2.00pm Haircuts with Susan 1.30pm-4.00pm Casino Daily Double 8.00am-4.00pm  Non-Resident Registration Day	29 Blue Ocean Society (Clean-up) 10.00am-11.00am 	30 
31 	1  Center Closed for the Holiday					