

REGISTRATION FOR FEBRUARY 2026 MEALS & PROGRAMS

Please complete the information below. FULL NAME (please print): _____

Date & Time: _____ Preferred Phone w/area code: _____

PROGRAM REGISTRATION: Please check each program(s) you desire to register for below. If a program is offered more than one day a week, please indicate the day(s) you desire to participate. Note, you do not register for drop-in programs.

Creative Arts:

- Crafts w/Lisa (Monday, February 23, - \$20, 2-4pm)
- Mardi Gras Mask Workshop (Monday, February 9 -\$5, 1-3pm)

Trips:

- Dinner Out –Fogarty’s, South Berwick, ME (Thursday, February 19 - \$5, 3:30-7:30pm)
- Andy Cooney’s Irish Celebration, Danversport, MA (Tuesday, March 10 -\$130, 10:30-5pm)

Education & Health:

- Instant Pot Cooking w/Brianna (Thursday, February 12 – free, 1-2pm)
- Tech Help (Thursday, February 19 - free, 11am-2pm)
- Taddei Talks (Monday, February 23 - free, 10-11am)
- Foot Clinic w/Sandy (Monday, February 23 – \$35, 9-11am)

Other Programs:

- Adventure Club (Wednesday, February 4 - free, 1-2pm)
- BINGO w/Art (Friday, February 20 - free, 1-3pm)
- BINGO w/Scott (Friday, February 6 - free, 1-3pm)
- Book Club (Monday, February 9 - free, 10-11:30am)
- CAL Gals Club (Wednesday, February 11 – free, 1-3pm)
- CAL’s Vintage & Vinyl Café (Friday, February 27 – free, 1-3pm)
- Fair Meeting (Wednesday, February 4 – free, 3-4pm)
- Game Day (None for February)
- Karaoke (None for February)
- Late Night at CAL (Tuesday, February 24 – free, 4-7pm)
- Movie Monday (Monday, February 2 - free, 1-3pm)
- Peace of Mind (Wednesday, February 18 – free, 10:30am-noon)
- Sing Along (None for February)
- Social Club Monthly Meeting (Wednesday, February 4 - free, 2-3pm)
- Ukulele Class (Thursdays – \$10/month, 10-11am)

Exercise:

- Activity Punch Card (\$5/class 5 punch cards - \$25.00)
- Activity Punch Card (\$5/class 8 punch cards - \$40.00)
- Jacki Sorensen’s Aerobic Dance (see Scoop for details)

Sports:

- Candlepin Bowling (Tuesday, February 10 - \$14.00, 2-4pm)

Special Events:

- ‘Pal’entine’s Day Celebration (Friday, February 13 - free, 1-3pm)
- CAL’s Valentine Swap (Monday, Feb. 9 – Friday, Feb. 13)
- Mardi Gras Celebration (Tuesday, February 17 - \$10, 12-3pm)
- Winter Camp at the Farm (February 9-11 - \$25, 8-noon)

Nature & Outdoor Recreation:

- Snowtubing, Guilford, NH (Wednesday, February 18 -\$60, 10-12pm)
- White Pine Winter Birding, Ogunquit, ME (Monday, February 23 - free, 10-11:30am)

First & Last Name: _____	Pick-up: _____	Delivery: _____	Dessert: <input type="checkbox"/> regular <input type="checkbox"/> sugar-free
Town of York – Center for Active Living – Lunch Menu February 2026			
Registration: Reservation deadline: <i>Friday by 2pm prior to the meal you desire</i> call 207-363-1036, Monday – Friday, 9:00am-3:30pm. Meal reservations in-person or by phone only; no online option. <i>If you need to cancel a meal, to obtain a User Credit, please cancel two days in advance.</i> Meals are limited to one per person. We ask for a \$7.00 donation for each meal. Order early as there are a limited number of meals per day. Muffins are not part of the meal; order separately (5 muffins - \$2.50; 10 muffins - \$5.00)			

TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
	3		4		5	6
Seasoned Beef Taco w/Lettuce & Tomato Spanish Rice w/Onion		New Meal Chicken Marsala w/Mushrooms & Wine Sauce Pasta Vegetable		Oriental Pork Chop Suey w/Egg Noodles Vegetables		Baked Haddock w/Red Onion & Tomato Garlic Mashed Potato Vegetable
Muffin: Raspberry		Muffin: Honey Bran		Muffin: Maple Walnut		Muffin: Lemon Yogurt
	10		11		12	13
Homemade Chicken Noodle Soup Ham & Cheese Sandwich Chips		Meatloaf w/Gravy Mashed Potato Vegetable & Roll		Baked Mac & Cheese w/Beef Hot Dog on Roll Vegetable		Chicken Lovers Cordon Bleu Rice Pilaf Vegetable
Muffin: Apple Cinnamon		Muffins: Cranberry Orange		Muffin: Pecan		No Muffin
	17		18		19	20
<i>Mardi Gras Party</i> <i>See Scoop for Details</i>		Teriyaki Chicken Fried Rice Vegetable		Baked Ham Scalloped Potato Vegetable		Corn Chowder Haddock Square Sandwich w/Lettuce & Tomato Pickle
No Muffin		Muffin: Cinnamon Crumb		Muffin: Orange Sour Cream		Muffin: Lemon
	24		25		26	27
Grilled Reuben w/Corned Beef & Sauerkraut Tater Tots Pickle		Chicken & Stuffing Bake Mashed Potato Vegetable		Spaghetti & Meatballs Vegetable Garlic Bread		Tuna Salad Sub w/Lettuce & Tomato Chips Pickle
Muffin: Strawberry Banana		Muffin: Blueberry Corn		Muffin: Coconut		Muffin: Cherry Yogurt