



Message From The Director

As I look back on 2024, it was an amazing year of collaborations. I want to thank the following list of community partners that teamed up to make a difference. We are so fortunate to work with each of you. Yorkwise, York Hospital, York Land Trust, York Rotary, York Community Services Association, the York Schools, White Pine Programs, Tindon Senior Services, Cornerstone VNA, York Public Library, York Historical Society, The Cliff House, The Anchorage, Williams Realty Partners, York Fire Departments, York Police Department, York Public Works, York Planning Department, SOS – Serving Our Seniors, York Senior Advisory Committee, York Conservation Commission, York Parks and Recreation Committee, Sohler Park Committee, York Water District, St. Aspinquid Lodge, American Legion, the Friends of Mount Agamenticus, York Ready

for Climate Action, Seacoast Pickleball, York High School Athletic Boosters, York Little League, York Youth Football, York Soccer Club, York Committee for Veterans Affairs, the USS North Dakota, and all of our amazing sponsors!

You will find exciting new opportunities throughout this brochure as well as information about programs that the community has embraced for years. It is our honor to serve the York community, and we are so thankful to be part of a great team.

A handwritten signature in black ink, reading "Peter J. Murray".

Peter Murray
Director of Parks & Recreation

Letter from the Chair of the Parks & Recreation Board

As I gathered material to compose the “Letter from the Chair” for this edition of *Yorks Illustrated* I was impressed by the diversity and depth of programs offered by the Department of Parks and Recreation. This would not be possible without everyone in every department doing the necessary work. I commend each and every one of them. I urge the reader to check this edition closely and consult the various websites in support of our expansive offerings.

The Chair’s letter usually focuses on accomplishments from the past year with a look towards the future. This year I would like to emphasize projects that are under way for 2025 and beyond.

A Community Center has been under discussion and study for at least the last 20 years. Beginning with individuals and small groups asking questions, such as, *Why don’t we have a Community Center? Who would use one? What do we need or want? and Where should it be located?* The Town of York and the Parks and Recreation Department, under the capable leadership of three Parks and Recreation Directors; Mike Sullivan, Robin Cogger and, currently, Peter Murray, held discussions, formed committees and made necessary decisions. At each step, the voters in town agreed to move ahead to the next stage. First with a Needs Assessment, then a Feasibility Study and in 2025 a newly formed Building Committee begins its work. As always, meetings are open to the public and public hearings will be held. I urge all York residents to follow the progress closely and engage in the process so that the ultimate building and programs will reflect the desires of the citizens of the town.

An Ad Hoc subcommittee of the Harbor Board for paddle craft access to the York River has been studying sites and options at various locations. The intent is to move non-motorized water craft (kayaks, canoes and paddle boards) away from the Town Docks where there is significant motorized traffic, commercial as well as recreational, and provide adequate parking space and safe launching access to the river. Near the end of 2024 the committee settled on the Goodrich Park / Grant House location as the most desirable site. Funds have been raised from various sources so that planning for the construction and the construction can proceed in 2025. The parking lot and the launch site are already under the management of the Parks Department. The ramp will allow for an increase in available Recreation Programs including a kayaking program funded by a \$6,000.00 grant from the York River Stewardship Committee. Maintenance costs and management tasks will need to be addressed.

Winter storms, waves, wind, and storm surges caused significant damage at the Nubble and Sohier Park in 2024. The Sohier Park Master Plan has been updated for the coming year and will yield some reconfiguring and improvement of the parking lot and roadway to and around Sohier Park. Special attention will be

paid to protecting the area from anticipated future storms and sea level rise. The Parks and Recreation Department continues to work closely with the Sohier Park Committee for repair and improvement to this keystone feature for visitors to York.

The Cliff Walk, from beyond the gate just before the Reading Room, has been closed to public access this past summer because of serious damage along the walkway. Two sections are completely washed away and impassable. Significant damage was sustained to much of the relatively intact remainder. The Selectboard is committed to reestablishing the Cliff Walk and will need to seek appropriate sources of funding before work can proceed. The short section of the Cliff Walk between the Reading Room gate and Harbor Beach is repaired and passable. It connects to the Hartley Mason Preserve and the Fisherman’s Walk leading to the Wiggly Bridge and Steedman Woods trails.

During 2024, discussions were initiated by the Old York Historical Society with the Town of York and the York Land Trust considering the possible transfer of Steedman Woods (currently owned by Old York Historical Society) to the Town under a conservation easement to be held by the York Land Trust. The Parks Department’s involvement came about because such a transfer would result in Steedman Woods being a Town Park. This will necessitate the writing of an appropriate Park Regulation. The Parks Department will be responsible for maintenance and management. Steedman Woods gets significant local and tourist use throughout the year and is also increasingly impacted by sea level rise. The Wiggly Bridge has recently been under water during a number of high tides making connection to the Fisherman’s Walk from Steedman Woods impassable. Voters agreed to move ahead with this transfer and in the coming year specific management plans will be underway.

This year the fireplace in the Learning Lodge at the summit of Mount Agamenticus Park was repaired and renovated to allow for fires to enhance and warm the space as it continues to be available for expanded educational programs. Additional repair and renovation work will be necessary, not only for the Learning Lodge, but also boardwalks, signs, kiosks, trails, and bridges.

The Center for Active Living has significantly increased its warmth and welcome to both old members and newcomers. Everyone participating or contacting the Center is made to feel they are not only welcomed but can have a hand and voice in developing programs to enhance social connectivity, health, wellness, and recreation. CAL continues to reach out to its members (all York residents aged 50 and over) and to collaborate with community and regional organizations such as White Pine Outdoor Programs, York Public Library, York Community Services Association, the Cliff House,

Town of York

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Robert Palmer, Vice Chair
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Marilyn McLaughlin
Marla Johnson

Town Manager

Peter Joseph

Parks and Recreation Board:

Mike Modern, Chair
James Kelly
Brenda Knapp
Bill Olsen, Jr.
Thomas Rose

Parks & Recreation

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Grant House at Goodrich Park
Mailing Address: 186 York Street, York, ME 03909
Telephone: (207) 363-1040
Email: parks-rec@yorkmaine.org

Fax: (207) 351-2967

Website: www.yorkparksandrec.org

Facebook: www.facebook.com/yorkmaine

Instagram: @yorkparksandrec

Administration

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Robin Kerr, Parks Natural Resource Manager
Andy Kaherl, Recreation Coordinator
Marquis MacGlashing, Sohler Park Gift Shop Manager
Nick Darby, Coordinator of Events & Enrichment
Naomi Densmore, Mount Agamenticus Outreach and Education Coordinator
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Janice Callaghan, Administrative Assistant
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Ella Yentsch, Lifeguard Captain

Center for Active Living Staff

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Art Jacobs, Program Coordinator
Becky Osgood, Administrative Assistant
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Kim Tourigny, Alternate

and Portsmouth Senior Center, in order to expand and enhance programming. We look forward to what the year 2025 will bring.

The Parks and Recreation Board worked closely with the Bicycle and Pedestrian Committee to develop plans for Active Transportation access (non-motorized interconnectivity) throughout the town. Stay tuned for coming developments in 2025 and beyond.

This letter is informed by the belief that the residents of York should be aware of the diverse events and projects of the Parks

and Recreation Department. Many of these will require ongoing funding and support. I am hopeful that many of you will reach out to York residents who are not as directly involved in our programs, both to inform them and to urge them to support these long-range goals for the greater good of the York community.

Michael G. Modern, Chair
Parks and Recreation Board
Town of York, Maine



Registration Information and Program Policies

Please pay close attention to the deadline dates as you review the programs! Each program session is considered a new class. All individuals must register for any sessions in which they wish to participate. Please remember that you are not automatically registered into additional sessions until your registration is complete, including payment.

You may register online at www.yorkparksandrec.org or by calling the office. Office hours are between 8:30am and 4:30pm, Monday through Friday.

Online Registration Helpful Hints:

◆ When you are registering your child for a program and online registration will not allow you to select your child's name because they are ineligible by grade, you need to manually update their grade in your account. Ages automatically update, but not grades. Try this:

- Click on "Account" in the upper left-hand corner.
- Click on the "Edit" button next to your child's name.
- Select their current grade from the drop-down menu.
- Click "Save."

◆ If you forgot your Parks and Recreation account password, please do not create a new account. Instead:

- Click on the "Login" button in the upper left-hand corner.
- Click on the "Forgot Password" link.
- Enter your email address and a new password will be emailed to you (Please note that you may change your password once

◆ Can't find the program you are looking for?

- Visit www.yorkparksandrec.org and select the "Register Now" box in the main heading, a list of all current programs will appear.
- Or go to the "Programs" drop down menu on the left.

◆ Are you still having problems with online registration? If so, please call the office during normal business hours and we would be happy to assist you!

Warning, dates in calendar are closer than they appear!
Nothing hurts a recreation program faster than participants who wait until the last minute to register. Please pay close attention to the registration dates.

Refunds

We do not send or call with confirmations for our programs. Consider yourself or your children enrolled in the program of your

choice when you complete your registration and payment. Your online registration receipt will show your program details.

We will notify you if the class has been filled, canceled, or changed. The York Parks and Recreation Department reserves the right to cancel or consolidate any program that does not meet minimum registration numbers.

If you need to withdraw from a program, you must notify us no less than one week prior to the first day of the program to receive a refund.

We do not issue refunds after the start of a program!

If the Parks and Recreation Department cancels the program, you will receive a full refund.

We would like all program participants to be advised that the York School Department has priority over all school facilities. This, on occasion, may cause recreation programs to be canceled. We will make every effort to avoid this, however, should it occur, we will do our best to notify program participants in advance. All canceled programs will be rescheduled if possible.

Non-residents are subject to an adjustment of fees.

All persons participating in Parks and Recreation Department sponsored programs and activities do so at their own risk and without recourse to the Town of York, its agents, officers, or employees.

Behavior & Conduct Policy

All participants in York Parks and Recreation Department programs are expected to behave in a respectful manner. We will not tolerate any hitting, name calling, foul language, destruction of property or any other behavior deemed inappropriate by the staff. In accordance with the severity and frequency of behavior, the Parks and Recreation Department reserves the right to dismiss participants from the program. No refund will be given.

Sportsmanship

The York Parks and Recreation Department sets high standards for good sportsmanship! We encourage fans, coaches and players to enthusiastically support their team, recognize the outstanding performance of opponents, and always exhibit good sportsmanship in their words and actions.

ADA

If you have a disability or injury and need additional accommodation to participate in any of our programs, please contact our office.

Pictures

We use pictures of adults and children who participate in our programs to be printed in our publications or posted on social media. Please notify us if you do not wish to have your picture published or posted.

Parking

Parks and Recreation Department program participants are not exempt from Town of York parking regulations. When participating in our programs please pay close attention to permit and/or other meter requirements.

Scholarship Assistance

With the generous support of York Hospital, Optima Dermatology, and York Community Service Association, the York Parks and Recreation Department offers a scholarship program for children in need. These scholarships are available to serve our core programs and do not include special events. Families needing assistance should pick up a scholarship application at the Parks and Recreation office. Proof of residency is required at the time of application. All requests are confidential. No child in our community is ever turned away from participating in our core programs. Scholarship needs have increased in recent years. If you would like to help support our Scholarship efforts by contributing, please contact the office at 207-363-1040.

The Mike Sullivan Scholarship

This scholarship is awarded, annually, to a York High School Senior who has shown promise as a young leader through their commitment to building community. For more information contact the York High School or the Parks and Recreation Office. Be on the lookout in our Fall brochure when we announce this year's recipient.



Parks, Beaches and Athletic Fields

The Parks and Recreation Department is responsible for the operations and maintenance of public buildings and grounds, parks, cemeteries, beaches, recreation facilities and school and municipal athletic fields. York has an expansive parks system that extends from the summit park and conservation lands at Mount Agamenticus to the iconic Nubble Lighthouse. A bustling tourist community during the summer months, our beaches are visited by thousands of visitors each year, and we work hard to maintain a safe and pristine natural environment.

Consisting of mostly seasonal staff, our employees are highly visible during the summer months. Our parks crews, custodians and lifeguards are all here to serve the public and set high standards for the care of our parks and beaches. Likewise, we encourage you to treat our public properties with the respect they deserve. The health and well-being of these natural resources is of utmost importance and our goal is to protect them for generations to come.



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Beach Information

Our lifeguard program begins on June 21st and runs through September 1st. Guards will be on duty every day between 9:00am and 4:30pm, and will be stationed at Long Sands, Short Sands and Harbor Beaches.

The restroom facilities at Long Sands, Harbor Beach, and Short Sands will be open daily from mid-April through October 13th.

Resident parking stickers are available in the Clerk's office at the York Town Hall. Stickers are \$40.00 each and \$20.00 each for seniors (cash or check). They are effective from May 15th through October 15th and are good for York Harbor Beach, Long Sands

Beach, Cape Neddick Beach, York Beach Ball Field and the Wiggly Bridge.

The Town of York participates in the Maine Healthy Beaches Program. This is part of a larger statewide effort to insure healthy, informed opportunities for swimming and other recreational water activities along the coast of Maine. Our beaches are tested weekly at various locations in order to provide a standardized quality-assured monitoring and notification system. For more information about York's beaches, you may call the Parks and Recreation office or visit the Maine Healthy Beaches web site at www.mainehealthybeaches.org.

PLEASE OBEY ALL BEACH ORDINANCES PROHIBITING:

- Alcoholic beverages
- Playing baseball, football, golf, or horseshoes
- Leaving trash, garbage, or waste on the beach
- Building fires
- Removal of sand or rocks
- Motor vehicles, horses, or ponies
- Bicycles
- Dressing or undressing on the beach or in cars

Shade Structures

Shade structures to include tents, canopies, and umbrellas, and other similar structures are regulated on all public beaches from June 15th through Labor Day and shall meet the following standards:

1. Shade structures exceeding 7 feet wide, 7 feet deep, or 7 feet tall are prohibited.
2. Shade structures shall be safely anchored and secured to the ground.
3. Shade structures shall not be set up prior to 9:00am. Shade structures set up prior to 9:00AM are subject to removal.
4. Shade structures shall not be used to reserve space on a beach. Any shade structure that is left unattended for greater than 1.5 hours shall considered as reserving space and will be subject to removal.
5. "Easy-up" canopies of any size are prohibited. Easy-up canopy is defined as any shade structure having metal corner poles that rigidly attached to a metal perimeter frame. The definition of easy-up canopy is not intended to include structures with metal corner poles that are flexibly attached to the shade structure using fabric, rope, cord, or other flexible material.

Any changes or updates are available on the Town of York website – yorkmaine.org

Dogs on the Beach

from May 20th through September 20th

No dogs on the beach from 8:00am-6:00pm

Dogs on the beach must be leashed between 6:00pm and sunrise.

Dogs may be unleashed between sunrise and 8:00am if under the voice control of the responsible party. (Owners must carry leashes)

Please pickup dog waste.

Surfing

- Surfing is prohibited at all public beaches from June 14th to and including Labor Day between the hours of 9:00am and 5:00pm except as provided for below. At Long Sands Beach from June 14th to and including Labor Day between the hours of 9:00am and 5:00pm surfing is permitted within the mixed-use zone subject to the following conditions.
 - (A) A surf leash will be properly always engaged when the surfboard is in the water.
 - (B) Surfers shall maintain a minimum distance of 35' from any swimmer.
 - (C) Surfing is prohibited within the Safe Swim Zone.
- Surfing at Short Sands Beach is always prohibited and is controlled by the Ellis Short Sands Park Ordinances.

How can you help us?

- Help us keep our beaches clean by minimizing the amount of trash you produce and always picking up after your pets. *York has adopted the Carry In Carry Out policy. There are no trash receptacles, all trash must be taken with you, including pet waste. Please, help keep our community clean and do your part.*
- When visiting one of our parks, fields or beaches you can help us by picking up a piece of litter when you leave.
- Coaches and teams can help us by making sure all trash, water bottles and clothing is picked up before you leave our athletic fields. Put goals and benches back to their intended areas.
- Recognize wear areas in the turf! Rotate drills so the same area is not being used constantly. Please don't practice or play on a field that has standing water, the damage it causes will take months to heal.

*Please enjoy our beaches, and when you leave, may you only leave your footprints behind.
York Beaches are Carry In/Carry Out.
Please, help to keep our beaches and community healthy, clean, and safe.*



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Nubble Light Gift Shop and Restrooms Hours of Operation:

Restrooms: End of April-Late October (7 days per week)
7:00am-7:00pm

Gift Shop: First of May-Mid October (7 days per week)
9:00am-7:00pm

Please note that hours may be subject to change.

FIND US ON SOCIAL MEDIA AND THE WEB

Online Store: www.NubbleLightStore.com

Website: www.NubbleLight.org

Facebook: www.facebook.com/capeneddick

Instagram: @NubbleLighthouse

Nubble Light / Sohier Park

Our community is home to one of the most beautiful lighthouse parks in the country. The Cape Neddick "Nubble" Lighthouse is a top tourist attraction in Maine. The preservation and upkeep of this historic landmark is extremely important and is largely dependent on community volunteers. Under the watchful eye of the Sohier Park Committee, the Parks and Recreation Department is responsible for maintenance and operations at the Park. Proceeds from the gift shop go directly to the upkeep of Sohier Park and Nubble Light. The gift shop is located inside the Welcome Center at the park. A team of more than 40 devoted volunteers and employees help keep the park and island looking it's best. The Gift Shop is open daily from the first of May through mid-October. Please come by and visit us.

If you can't visit in person, check out our online store:
www.nubblelightstore.com

The Nubble Lighthouse is always looking for new, passionate ambassadors for the season. You'd help take photos, answer questions, and meet people from all over the world! Volunteer for a few hours per a week, or more. If you are interested in becoming a Nubble Light ambassador or a gift shop volunteer, please reach out to Brian Ross at ross.brian.other@gmail.com.

Nubble Raffles and Donations

We will, once again, be running the "Visit the Nubble" Raffle. Tickets are available for \$10.00 each. Tickets are sold 1,000 at a time and one lucky winner will be picked from each set of 1,000 tickets sold. Winners, and up to five friends, will enjoy four hours on the island with complimentary lunch. We will work with you on a date that fits your schedule and that of our lightkeeper. All proceeds benefit the lighthouse, park, and gift shop. Tickets must be purchased in person at either our Gift Shop (open from early May until mid-October) or at the Parks and Recreation office.

Donations can always be made at the Gift Shop or by sending a check to:

Nubble Light
186 York Street
York, ME 03909

Christmas in July

Come celebrate Christmas in July at the Nubble! Enjoy seeing the lighthouse decorated in holiday lights every evening between Friday, July 25th and Sunday, August 3rd.

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Employee Spotlight

Meet the newest member of the Parks & Recreation team! It's a mobile robotic line painting machine, specifically designed for athletic fields. This robot helps our crew keep up maintenance of miles and miles of athletic field lines. After much research we decided on the Pro-x model from Tiny Mobile Robots. This robot can paint a soccer field in 40 minutes and uses 50% less paint compared to traditional methods. It pays for itself with the savings from paint purchases. With GPS tracking and digital maps the robot is able to recreate any type of field and is a huge success story for our department.



Mount Agamenticus Conservation Program

Mount Agamenticus is the most outstanding natural feature in York; physically, ecologically, and recreationally. It sits prominently at 692 feet high just miles from the coast and above Second and Third Hills. It is the featured landmark within the greater Mount Agamenticus Conservation

Region and includes numerous wetlands,

vernal pools, ponds, and rugged, rocky terrain that makes up the largest contiguous block of undeveloped coastal forests in the northeastern United States.

Mount A is the epicenter for conservation in southern Maine. This land provides an oasis of biological diversity and home to state listed threatened and endangered wildlife, plants, and natural communities. With its high concentration of vernal pools, it supports breeding and feeding grounds for state listed turtle species not found elsewhere in Maine.

This monadnock is also a popular destination for people of all ages and abilities for hiking, biking, bird watching, picnicking, and enjoying the scenic views. Each year, an estimated 50,000 people enjoy the unique summit park and explore miles of well-marked and maintained trails.

State, local and non-profit landowners work together to protect and cooperatively manage this land. These landowners make up the Mount Agamenticus Steering Committee and include: the Towns of York and South Berwick, the York and Kittery Water Districts, Maine Department of Inland Fisheries and Wildlife, Great Works Regional Land Trust, and York Land Trust. Together, these partners strive to provide safe and sustainable recreational experiences for a diverse range of trail users while practicing sound stewardship to protect and enhance the natural and cultural resources that exist here.

Use Fee

Revenue from the seasonal \$2/hour access fee supports the important work of balancing the management of sustainable recreation with the protection of habitats and water quality and helps keep Mount A a significant resource for wildlife and people.

Register On Time

Nothing hurts a recreation program faster than participants who wait until the last minute to register. Please pay close attention to the registration dates.

Season Passes

The purpose of the Mount Agamenticus Season Pass program is to provide an opportunity for frequent visitors to purchase calendar year access, in lieu of paying an hourly admission fee. Season Passes are available to single, private, non-commercial vehicles only. Passes shall be issued per vehicle and are valid from April 15th-November 15th of the calendar year.

Non-Resident Pass – \$100

South Berwick Resident Pass – \$70

Senior (65+) and Active Military/Veteran Pass – \$50

YORK RESIDENTS: A motor vehicle bearing a valid York Parking Permit is exempt from day fees. Permits are available for purchase through the Town Clerk's office at York Town Hall.

For more information on the 2025 fee structure please visit Agamenticus.org/planning-your-visit/admission-fees/.

Groups

All organized groups or parties of ten or more people visiting Mount Agamenticus must fill out our Group Registration form prior to their visit. This form allows us to determine applicable fees as well as better track the activities that take place at Mount A and help ensure careful stewardship of the land. Furthermore, we will be better able to assist groups in planning their visit, verify that there are adequate staff and facilities and ensure there are no conflicts with other groups or activities.

Summit Learning Lodge and Gift Shop

Lodge: The summit Learning Lodge will be open to the public on most Saturdays and Sundays from 12:00pm-4:00pm from Memorial Day weekend to Indigenous Peoples Day. The Lodge is also available during the week for scheduled group visits and guided programming. To learn more about the educational options available, fill out our Group Registration form located at Agamenticus.org or reach out via our contact form. We'll be ready

for school groups indoors starting **mid-May** and will continue to schedule **through the end of October!** *The Lodge is not currently available for events or functions.*

Gift Shop: The Gift Shop is open during Lodge hours, most Saturdays and Sundays, 12:00pm-4:00pm starting Memorial Day weekend to Indigenous Peoples Day. In addition to locally designed and printed Mount A logo gear, we're also happy to support local artists as well as carry products made by companies that promote sustainable and environmentally friendly practices. All purchases made at the gift shop directly support the Conservation Program, from the upkeep of the trails and facilities to our educational outreach efforts in the Learning Lodge and beyond. Thank you for helping us grow!

Upcoming Programs, Events and Work Days

We are excited to continue the valuable work that ensures Mount A will continue to be a safe place to form a connection to the outdoors. The following provides information on the many guided, self-guided and volunteer opportunities available this year. We hope you have an opportunity to safely explore Mount A, experience it for yourself, and make your own memorable nature connections!

The StoryWalk® at Mount A

The StoryWalk® program combines the benefits of physical activity, time outdoors, and literacy by taking children's books and posting them, in pieces, along a recreational path or hiking trail. Our story at Mount A is posted along the western side of Ring Trail. The featured story is generally seasonal in nature and is swapped out quarterly. **Location:** Access the Ring Trail from the main Base parking area on Mountain Road. Cross the access road to follow the western side of Ring, then Witch Hazel trail to finish at the summit.

Difficulty/Distance: The trail is somewhat steep in places but comfortable at easy stroll pace with stops at the reading stations. Terrain varies from gentle slopes on dirt trails to rocky sections with short climbs or descents. Distance is 1.3 miles. Allow 1 ½ hours for younger children. For good hikers just stopping to read, time can be reduced to about half an hour.

The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT and developed in collaboration with the Kellogg-Hubbard Library. StoryWalk® is a registered service mark owned by Ms. Ferguson.

Guided Educational Programs

**A Wheel of Seasons – Summit Nature Walk and Phenology Wheel
Saturday May 17th - 11:00am-12:30pm**

Phenology is the study of recurrent natural events in relation to seasonal climatic changes. We'll explore the signs of spring in the summit shrubland of Mount Agamenticus with a guided walk of the Big A trail. Following our walk, we'll record our observations by creating our own phenology wheels. Supplies provided, but please feel free to bring any art supplies you love most! Ages 12 and up.





Cost: \$10 per person directly supports the Mount Agamenticus Conservation Program. Admission is included (all participants will receive a day pass). Please reach out to ndensmore@yorkmaine.org if this program is of interest but cost is prohibitive.

Creating Backyard Habitats with the Center for Wildlife Thursday June 12th - 5:30pm – 7:30pm

How can we be good neighbors? When we think about community, wildlife sometimes gets left out, but our backyards are home to an incredible variety of wild species. Sharing space with wildlife comes with a multitude of benefits. Join the Center for Wildlife and the Mount Agamenticus Conservation Program to learn all about cohabitation with our wild neighbors. We'll start our program with a presentation featuring some of the Center's live animal Ambassadors, learning the roles that each of these unique species plays in our environment. After a brief walk to explore the summit's shrubland habitat and native plant species, we'll finish the evening with a bird box building workshop. Activity level: easy.

Intro to Leave No Trace Hiking

Sunday June 22nd - 9:00am-12:00pm - Ages 5-6 years old

Sunday June 29th - 9:00am-12:00pm - Ages 7-8 years old

This program is for beginners and first-time youth hikers. Through a variety of fun games and hands-on activities in our summit Learning

Lodge, new hikers will receive an overview of the 7 Principles of "Leave No Trace," with a focus on Principle #1, "Plan Ahead and Prepare." We'll then work together using everything we've learned to plan a short group hike on First Hill trails. We'll hit the trail with kids in the lead, taking plenty of time to explore along the way! \$20 per guardian/child pair, \$5 each additional person. Admission is included (all participants will receive a day pass).

Nature in Art Camp

Grades 2-4

Monday-Thursday August 4th-7th – 9:00am-12:00pm

Grades 5-8

Monday-Thursday August 11th-14th – 9:00am-12:00pm

Join our Outreach and Education Coordinator for this immersive art camp at the summit of Mount A. Students will get an introduction to various artists, art styles, and movements, all while exploring the human connection to the natural world. Each day of camp will focus on a particular theme, usually based on the work of a single artist. We'll learn about methods and materials, as well as the ecological context in which both famous and lesser-known works have been created. Students will create works inspired by the artists who came before them and the beautiful backdrop of the Mount Agamenticus Conservation Region. For more information and registration please visit: Agamenticus.org/nature-in-art-camp/

Full Moon Hike**Saturday August 9th - 8:30pm-10:00pm**

Join us for a nighttime hike to the summit of First Hill! We will meet at the Base parking lot, and hike west on Ring to arrive at the summit via Witch Hazel. After enjoying tea or hot cocoa at the summit, we'll return via Witch Hazel and then continue east on Ring back to Base parking. Headlamps required; we have some spares. Limited spots available. No minimum age requirement, but prior hiking experience is recommended. Moderate difficulty. Terrain varies from gentle slopes on dirt trails to rocky sections with short climbs or descents. Full distance is just over 2 miles. \$8 per person directly supports the Mount Agamenticus Conservation Program. Please reach out to ndensmore@yorkmaine.org if this program is of interest but cost is prohibitive.

Geology Hike**Early September - Date TBD**

Join Conservation Program Staff along with Friends of Mount A volunteer, Learning Lodge Docent, and rockhound extraordinaire, Mr. Smith, for a geological tour of First Hill.

All ages. FREE. Donations to the Friends of Mount Agamenticus are greatly appreciated. Registration will be required as space is limited. Date and route will be announced later this summer!

Spotting Silhouettes: Eyes Like a Hawk**Saturday - September 27th - 10:00am-12:00pm**

Every fall, the summit of Mount Agamenticus becomes center stage for annual raptor migration. Join the Center for Wildlife and the Mount Agamenticus Conservation Program for an artistic twist on one of our favorite annual programs! Through a presentation starring the Center's live raptor Ambassadors, we'll learn how to spot some of our common raptor species in flight by recognizing special features and distinct silhouettes. We'll recreate some of those silhouettes with an art project and then take our newfound observation skills out to the summit. Bring your binocs! Activity level: easy.



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Big A 50K – Sunday, May 3rd**Mt. A Trail Challenge 5K/1 Mile – Saturday, September 20th***See Full Details in Road Race Section***Give Back and Help Make a Difference!**

More than 50,000 individuals, families, summer camps, and school groups come to the mountain each year to enjoy the summit and trails for picnicking, hawk watching, hiking, trail running, mountain biking, Nordic skiing, snowshoeing and other uses. Seasonal trail crews and volunteers work hard to maintain the area's extensive recreational trail system that is open for public use, however, there is still much more to do!

Join Us on a Community Work Day

Want to help steward an incredible natural resource? Community Work Days are open to the public, and hosted monthly, each with a specific hands-on focus. Projects include: Shrubland Habitat Management, Native Plant Bed Rehabilitation, Trash Cleanups, Boardwalk Construction, Invasive Plant Removal, and assisting with Trail Races. Without the help of dedicated volunteers, we would not be able to manage the Mount Agamenticus Conservation Region's habitats and many miles of trail. Community Work Days are generally held on **Saturdays, from 9:00am to 12:00pm**, with light refreshments afterward. We provide the necessary tools and supplies, sunblock, and bug spray for each event. Just bring sturdy shoes, gloves, a water bottle, and some energy!

Earth Day Trail Clean-up

Saturday April 19th: In Honor of Earth Day, volunteers will divide and conquer to remove trash and restore trails and roadways from the effects of winter. Work will involve cleaning out debris from drainages, raking gravel, removal of downed branches, and placing strategic organic matter to help keep trails single track.

The Big A 50k Trail Race

Saturday May 3rd: Volunteers are needed throughout the day to assist with this 31-mile (50k) race. To keep this impressive event safe and successful, Mount A needs help with parking, setup/breakdown, staffing the grill and general race support. Volunteer opportunities are available anytime throughout this ten-hour event.

National Trails Day

June 7th: Celebrate National Trails Day by helping to build a boardwalk, while learning about the Adopt-A-Trail program, at Mount A! Volunteers will learn hands-on dimensional lumber construction techniques to replace a 40ft multi-use boardwalk. Boardwalks and bridges prevent wet feet, protect trails from erosion, and provide essential search and rescue access. Project location will involve hiking up to 1.5 miles total. Work will include demolition, moving heavy planking, and installing new decking. No experience necessary!

Through initiatives outlined in the National Wildlife Federation's "Mayor's Monarch Pledge," the Town of York has joined other communities to support, protect and create habitat for the monarch butterfly and other pollinators, and to educate residents about how each of us can make a difference at home and in our community.

Pollinator species are vital for maintaining healthy ecosystems, are essential for plant reproduction, and for ecological survival. We cannot live without pollinators! The monarch butterfly is one of the most iconic pollinator species. In recent years eastern populations have declined by 90% while western populations have declined by 99%. Monarch butterfly caterpillars feed exclusively on the leaves of milkweed, and they derive a chemical toxin from it that makes them distasteful to predators.

Please, be on the lookout throughout the year for milkweed plant giveaways, tips for propagation, creating habitat, seed collection drives, alternatives to pesticides, and more! By supporting any of these initiatives and doing what we can in our own yards and neighborhoods to protect the iconic monarch butterfly we will in turn protect other important pollinator species and the habitats upon which they rely.

Monarch



Invasive Species Management

July 12th: The focus of the day is invasive plant education and hands-on removal of buckthorn in a sensitive wetland habitat. Volunteers will hand-pull and use tools to uproot smaller plants and for larger ones.

5K / 1 Mile Trail Challenge

September 20th: Featuring both a 5K and a 1-mile loop, the Trail Challenge is all about promoting Accessible Recreation. Mount A is looking for volunteers to help with setup/breakdown, trail marshalling, water tables and general race support.

Shrubland Management

October 18th: The focus of the day will be to maintain management of the 15-acre shrubland habitat atop Mount A. Early successional forest in New England is decreasing and certain species, such as snowshoe hair, need this habitat to thrive. Specific sections of the summit are cut on a five-year rotation. Volunteer work will involve hauling brush to various locations, and stacking, for wood chipping.



Adopt-a-Trail

The Mount Agamenticus Conservation Region depends upon volunteers to help maintain 15 miles of popular trails. The Adopt-a-Trail program allows volunteers to take responsibility for stewardship of a specific trail. Adopters report issues, clear drainages, prune brush, collect litter, and more. Participants contribute at their own level, and on their own schedule, with a minimum requirement of one visit each season. Tools and annual training provided!

To register for a Community Workday or learn more about Adopt-a-Trail, please e-mail: bjankowski@yorkmaine.org

Become a Learning Lodge Docent or Summit Park Ambassador

Learning Lodge Docent: Seasonal volunteers are needed for our 2025 Lodge season to greet weekend visitors, answer questions, recommend trail routes, possibly assist with scheduled groups, and help to explain our current work and conservation goals. Docents will work directly with Outreach and Education Coordinator. Minimum commitment of two, 2–4-hour weekend shifts each month, May–October.

Park and Trail Ambassador: This is a high visibility position with the primary responsibility of education and informing visitors about Town ordinances, regulations, policies, and general information when they arrive and while exploring the trail system. Ambassadors will have a friendly and welcoming personality that encourages compliance of guidelines and parking capacity. During peak use, Ambassadors may assist in gate operations when parking is full and offer directions to alternate locations. Must be patient, professional, and adaptable.

Please e-mail ndensmore@yorkmaine.org if you're interested in either of the two volunteer positions above!

More Opportunities to Help

- ♦ Looking for a volunteer opportunity for your group or organization? Consider helping us care for our native plants!
- ♦ Join the Friends of Mount A and attend regular meetings to plan, fundraise and advocate for the Mount Agamenticus Conservation Program.
- ♦ Donations and monetary contributions are also always welcome and greatly appreciated!

Visit Agamenticus.org for details about scheduled events, drop-in programs, opportunities to get involved, and more!



Center for Active Living

The Center for Active Living is located at 36 Main Street in York Beach and is operated by the Town of York Parks and Recreation Department. The Center's staff is dedicated to providing individuals in our community, age 50 and over, with opportunities to socialize, learn, recreate, and be well, through participation in activities and programs that are designed to enrich the mind, body, and soul. The Center is open Monday-Friday, 9:00am-4:00pm, except holidays and between Christmas Eve and New Year's Day.

The Center publishes *The Scoop*, a monthly newsletter and program guide. *The Scoop* is available for pick-up at the Center and at the York Parks and Recreation office, as well as being posted on the York Parks and Recreation website (www.yorkparksandrec.org/center-for-active-living/senior-programs/). To receive the monthly newsletter and periodic emails, you must register on an annual basis. Registration for 2025-2026 will begin in May 2025. Please, call the Center, 207-363-1036, or stop by Monday-Friday, 9:00am-4:00pm.

Most programs are open to all area residents with priority given to York Residents. A few programs, however, are reserved for York Residents only. There is an annual Non-Resident User Fee of \$25 (year goes from July 1st-June 30th). Many programs, including meals, require pre-registration. Many programs, including meals, require pre-registration. Some programs are free while other programs have a fee. Program fees are payable at the time of registration. A few programs require a certain level of physical functioning, please check the syllabus attached to programs for level of walking difficulty. To register for programs, including meals, call the Center for Active Living at 207-363-1036, or stop by. You may also register for most programs, but not meals, online via the York Parks and Recreation website.

Programs and activities may vary from month to month. Please check *The Scoop* for specific programs and details. We program according to the following areas:

- Board and Card Games
- Bus Trips
- Creative Arts
- Education
- Exercise and Wellness
- Lunch Program
- Nature and Outdoor Recreation
- Special Events
- Sport
- Other Programs

We welcome programming ideas from participants and potential participants. It is our goal to accommodate everyone

50+ years of age who would like to participate. If you have a special need, please let us know and we will do our best to accommodate you. Programs are subject to minimum and maximum participation numbers based on several factors. Please, register early to avoid disappointment of a cancellation or waitlist. Additionally, if you are a York resident, scholarship opportunities are available.

For pricing and registration information for the following programs, please contact the Center office at 207-363-1036.

BOARD & CARD GAMES

Most board and card games are drop-in, self-directed programs, no registration necessary and no cost to participate. Players of all levels are welcome to participate. In addition to the programs and the times listed below, you are welcome to come in with friends or meet them here during our regular hours to play a board or card game of your choosing, based on the space available. Please note that days and times are subject to change, consider checking with the Center or *The Scoop* to confirm.

Bridge:

Tuesdays & Thursdays, 1:00pm-4:00pm

Cribbage:

Tuesdays & Thursdays, 10:00am-Noon

Dominoes/Mexican Train:

Wednesdays, 1:00pm-4:00pm

Hand and Foot:

Tuesdays, 1:00pm-4:00pm

Mahjong American/Taiwan:

Thursdays & Fridays, 1:00pm-4:00pm

Poker:

Mondays, Wednesdays, Fridays 12:00pm-4:00pm

Scrabble:

Mondays, 1:00pm-4:00pm

CREATIVE ARTS PROGRAMS

Instructed Craft Classes

Each month the center offers a variety of instructed craft classes taught by staff, volunteers and craft professionals. These are group

classes with a variety of skills and techniques to try out. We're always looking for new ideas to introduce to our enthusiastic crafters.

Crafters Gathering

Tuesdays, 1:00pm-3:30pm

Do you knit, crochet, or do other needlework? Love to scrapbook? Maybe you make cards or jewelry? Are you tired of crafting at home alone? Whatever you enjoy doing, you are invited to pack it up and bring it to the Center on Tuesday afternoons for a gathering of similar minded, craft-loving adults. This is also an opportunity to socialize, share ideas, and learn a new craft from an experienced crafter. Drop-In Program – Free of Charge

EXERCISE & WELLNESS PROGRAMS

First class is always FREE!

Check out the class to make sure it is what you were looking for. Registration is done at the Center for Active Living – payment by check or credit/debit card.

Punch cards may be purchased for 5 or 8 classes at a time and can be used for Balance Fun & Workouts, Line Dancing, and/or Shake it Up – \$5.00 per class.

Purchase the \$25 Card for 5 classes or the \$40 Card for 8 classes.

ALL INSTRUCTOR-LED CLASSES REQUIRE A PUNCH CARD.

PLEASE PURCHASE YOUR PUNCH CARDS

AT CAL BEFORE ATTENDING CLASS.

Balance and Fun Workouts

Instructor: Jonna Dijkstra, ACE Certified Personal Trainer, and Senior Fitness Consultant

Tuesdays & Thursdays, 10:00am-11:00am

Jonna Dijkstra, offers exercise programs designed to promote health and wellness. Jonna offers modifications during the program to match your ability. We use hand weights and bodyweight exercises to get you moving and connecting with your body. During class Jonna offers tips and suggestions about balance, nutrition and lifestyle changes to maintain better health. All abilities are welcome!

Line Dancing

Instructor: Diane Anderson

Wednesdays 10:00am-11:00am and/or Fridays, 9:30am-10:30am

Diane Anderson teaches a choreographed routine with a repeated sequence of steps. A low impact, fun exercise for the mind as well as the body. Dances to popular music include waltz, fox trot, jitterbug, mambo, and rumba. All easy movements to work our muscles, joints, balance and memory. No partner necessary!

Shake It Up

Instructor: Rhonda DiCarlo

Tuesdays 9:00am-10:00am / Thursdays 9:00am-10:00am

'Shake It Up' is a lively and active dance class disguised as an exercise class! This fun-filled class, instructed by Rhonda DiCarlo is full of workout moves with a strong focus on dancing. Class begins with a warmup and ends with a cool down, with strategic stretching in different dance routines. The routines are easy to follow for all fitness levels, with an upbeat mixture of American, Latin and International music.

Exercise by Video

Mondays & Wednesdays, 9:00am-9:45am

Fridays 8:30am-9:15am

Join in a self-directed, video-led program. Come ready to move with others and follow along with the video. Appropriate dress and footwear recommended. Drop-In Program – Free of Charge

Tai Chi

Fridays 1:00pm-2:00pm

Self-Directed, Drop-In Program

This is an ancient Chinese exercise that is beneficial for balance, memory, and meditation. There is no instructor for this program, but experienced participants are ready to guide less experienced participants. Often the group does the program in conjunction with a video. Wear comfortable clothing. Drop-In Program – Free of Charge

EDUCATION PROGRAMS

Each month we provide education programs covering a variety of topics including community agencies, elder law, local history, nature, travel, hobbies, and wellness. All education programs are free, have limited number of spaces, and require advanced registration. Check *The Scoop* monthly, for up-to-date education program information.

All education programs are conducted at the Center for Active Living, 36 Main St., York.

AARP Driver Safety Course - May/June

We offer the Driver Safety Course twice a year in the winter and early spring at the Center. Learn up-to-date driving laws and other pertinent information. You may be eligible for a discount on insurance after taking this class. Check with your insurance company to see if you qualify.

Tech Help-Monthly

If you need help with your smart phone, tablet, laptop, or other device, or want to learn how to use Zoom, we have volunteers ready and willing to assist you. Call the Center to reserve your spot.



Peace of Mind

Twice a month, Janie Sweeney, Family Service Manager for the York Community Service Association (YCSA) is available at the Center to meet with you privately. Come in to discuss concerns or needs that you have about aging in place for yourself or a family member/significant other. Janie can help you with immediate needs such as grocery shopping, food pantry, financial assistance for home repairs, emergency funds for utilities and medical expenses as well as provide case management and planning for the future. **Please make an appointment in advance through the Center for Active Living (207-363-1036) or call Janie at YCSA, 207-363-5504, ext. 2.** If you are unable to make an appointment during the time Janie is at the Center, please call and we will try to make other arrangements for you to meet with Janie. See *The Scoop* each month or call the Center, to find out Janie's schedule for the month. All meetings are confidential.

MEAL PROGRAMS

Basic Information

Meals are homemade on-site by our Chef, Sean Carey.

Lunch is available Tuesday through Friday.

Limited number of pick-ups and deliveries are available Tuesday-Friday for individuals who, due to medical/health or mobility conditions, are unable to dine-in at the Center.

For Dine-In: Please arrive by 11:30am.

For Pick-up on Wednesday: Please arrive after 12:20pm for lunch pick-up on Wednesday. We ask that you park your car and enter the building. Check in with the front desk volunteer to request your preordered lunch pick-up.

Reservations are required. Please make your reservation no later than the Friday prior to the week you desire a meal. If reservations have reached capacity, feel free to call back at a later time to see if anyone has cancelled and if there is a meal available.

Cost: \$5.00 per meal per individual except when we're offering a special meal, which may be higher (e.g., lobster roll meal).

Meal cancellation or no show: If you need to cancel a meal, please contact the center at least two days in advance in order to obtain a refund. For dine-in meals, if you are not here before noon, your meal may be given away. For pick-up meals, if you are going to be later than 12:45pm please call to let us know so we save your meal.

Café

Monday-Friday, 9:00am-11:00am

Start your day off by coming to the Dining Room at the Center for coffee, tea, hot cocoa, homemade muffins, and other breakfast items for free! This is a great way to meet people and socialize. No reservation needed, just stop by, and enjoy the treats!

HEART to HEART

Ageless Love



Founded by Jud Knox

Free services for older adults in the York area. Available for needs such as: transportation, grocery shopping, phone friends, tech support, and much more!

All inquiries are welcome.
Please call us at **207.361.7311.**

www.Hearttoheartagelesslove.org

Muffins

Muffins are available Tuesday through Friday; see calendar for muffin of the day

Pre-orders are required: Please make your reservation no later than the Friday prior to the week you desire the muffins.

Pick-Up: Muffins may be picked up between 10:00am - 3:30pm.

Cost: 5 muffins for \$2.50; 10 muffins for \$5.00

SPECIAL MEALS

Annual Summer Cookout

July

Join us here at CAL in July for burgers and hotdogs and all the fixings for a summer celebration. We'll get the grill out and enjoy outdoor dining with our friends.

Lobster Bake

August

In keeping with tradition, the St. Aspinquid Masonic Lodge of York will offer their annual summer lobster bake for the Center on a Friday in August. The Masons will cook the lobsters and the CAL Chef will provide all the extras to complete the meal. Details, including cost and registration deadline date, will be in the July *Scoop*.

Steak-Out

Presented by York Police Department (YPD)

September

This has become a favorite annual tradition! The YPD will be grilling steak and chicken and serving your meal. Chef Sean will provide the extras to complete the meal. Watch *The Scoop* in August and September for details, including cost and registration deadline date.

NATURE AND OUTDOOR PROGRAMS

Kayaking with Northeast Passage

Summer

We have partnered with Northeast Passage, a program of the University of New Hampshire, College of Health & Human Services, Department of Recreation Management and Policy, to provide paddling experience. Northeast Passage will provide all the needed equipment and expert instruction. The program is designed for older adults of all paddling and physical functioning abilities. Everyone is required to wear a PFD (personal floatation device/lifejacket). If you don't have a PFD, Northeast Passage will provide one.

Nature Walks at Mt. Agamenticus with Naomi, Mt. A. Education Coordinator

Spring/Summer

Throughout the year, we invite older adults to take part in nature walks at Mt. Agamenticus. These walks will focus on the seasonal surroundings at Mt. A. This is a great opportunity to enjoy the outdoors with other people and learn a bit about our natural environment. For the most part, the walks are on the universal access trail, which has benches and is a hard surface.

CAL Hiking Club

Late Spring/Summer

If you're feeling adventurous and love being outside, the hiking club is for you! We will be doing monthly hikes that will range in difficulty, so all may enjoy. Participants will provide their own transportation to hike locations.

White Pine Programs

We are currently working with White Pine and their staff to offer monthly programs year-round. The programs range from Tree ID, Fire Starting, Bird Watching, Poetry in Nature to Orienteering, Hiking, Plant ID and Nature Hikes/Walks.



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OPEN ALL YEAR ROUND!

SPECIAL EVENTS

Entertainment Spring/Summer

Throughout the year, we offer special events that may include themed dances, pot-luck dinners, magic shows, and live musical entertainment. Keep an eye on *The Scoop* and York Parks and Recreation website for upcoming special events.

CAL's Annual Spring Tag Sale/Auction

May 2025

A perfect time to obtain seasonal items for your summer home or cottage. Always stocked with plenty of home goods, furniture, glassware, seasonal decorations, and more. Don't miss this event to kick off the busy summer season!

Ice Cream Social - June

Ice cream socials are always popular, no matter what time of year or what age you are! Sharing ice cream with friends is the perfect warm weather activity and they always draw a crowd at CAL.

Late Night at the Center - Spring Only

Come and hang out with friends after dinner at the center. We will have the center open for cards, games, puzzles, crafts, outdoor games or just to socialize.

Summer Drive-In Movie

Do you like the old-fashioned drive-in? Join us for a movie, snacks under the stars. We'll have an assortment of family friendly movies for everyone's viewing pleasure.

Social Club/Fair Monthly Meetings

Come one, come all. We will talk about new program ideas, activities, and plan special events for the Center. We welcome your input and fresh ideas. Sub-committees are forming and there's room for everyone that wants to be involved.

Summer Camp

August 2025

Let us take you back to your younger years at camp. Camp will be held at the Center with activities spread out around York. We will listen to music, play games, watch movies, and make crafts. We will also do local trips that could include hikes, swimming, the library, nature walks, playground, and ice cream. The Center will provide snacks and lunch each day.

CAL Game Shows

Each month the CAL staff designs a special Game Show event for members. CAL members join in the fun as the audience and contestants, winning small prizes and partaking in the zany antics of each show.



SPORT

Candlepin Bowling

Monthly 2:00pm-4:00pm at Bowl-A-Rama in Portsmouth, NH
Transportation is on your own. Join us once a month for a fun afternoon of bowling.

Introduction to Pickleball with Michael Vassey

May/October Tuesdays 8:30am-10:30am

If you've always wanted to learn how to play pickleball or feel that you need to practice your skills, this program is for you. We have 2 outdoor courts in our parking lot and provide the necessary equipment and instruction. The goal is fun and learning, in a recreational, non-competitive atmosphere. Cost: Free.

Drop-in Pickleball

Summer - Mondays 8:30am-10:30am

Come put your newly learned skills to the test and play pick-up games with your friends and family here at the Center.
Cost: Free



TRIPS & EXCURSIONS

TRIP REGISTRATION POLICIES & PROCEDURES FOR THE NEW LOTTERY SYSTEM

Sign up for trips by adding your name to the TRIP CLIPBOARDS located at the front desk at CAL, 7-10 days prior to registration day. Be sure to add your name and your travel buddy's name (York resident) on the same line so that we know you want to be together on your chosen trips. Trip Clipboards will be available until the Friday before registration week. This will allow ample time to draw names using the Lottery System and to let you know which trips you are signed up for. A new drawing will take place for each trip using this procedure, mixing up the order of registrants and giving everyone a fair chance to participate. This new method of signing up will only pertain to our bus trips. Special events and other programs will continue to be on the monthly registration form.

- You may register for yourself and your spouse, and/or travel buddy (York resident) and payment is required at time of registration.

- When a trip reaches the limited number of participants, we will initiate a waitlist. We will contact you if we have an opening, at which time you will have the option of joining the trip and full payment will be required to secure your spot.
- If CAL needs to cancel a trip, for any reason, and we are unable to reschedule, you will receive a User Credit for the full amount.
- If you need to cancel a trip you will receive a User Credit if we are able to fill your spot. There will be no credit issued if the spot is not filled.
- Our bus does not have restroom facilities. We plan a rest stop on longer trips whenever possible.
- Trip reminder calls are made 1-2 days in advance of the trip to confirm times. Please be on time so that we can stay on schedule.

Here is a sampling of the trips offered:

- Restaurants each month for Breakfast, Lunch and Dinner
- Museums
- Sporting Events
- Concerts
- Seasonal Destinations
- Theatre
- Tours
- Shopping
- Casinos

Guided Bus Tours

In addition to day trips, we also offer extended trips. We are currently working with Diamond Tours, Collette Tours and The Best of Times Travel. Check with our staff for details or *The Scoop* for more information on upcoming extended trips.

OTHER PROGRAMS

Book Club with Lisa

Every month a different title will be read and discussed. Books will be available on loan from the York Public Library and will be picked up from and returned to the Center. Books are available in regular or large print.

Cost: Free but advanced registration required. Check *The Scoop* or give us a call to learn what our next read will be.

Sing-Alongs with Art

Join Art Jacobs at the Center for an afternoon of dancing, singing, and good old-fashioned fun. We will be singing along to hits of all decades. We provide a printed songbook so that you can sing along to all the tunes.

Bingo for Fun

Every Other Friday 1:00pm-3:00pm

We play Bingo for candy bars and special Bingo themes. If you

would like to enjoy dine-in lunch before BINGO, be sure to register for lunch by Friday the week before. The sooner the better, to avoid being on the waitlist for lunch.

Bingo Cost: Free Lunch Cost: \$5.00

Movie Mondays

Join other movie enthusiasts for our monthly Monday Movie Day. The Center provides the theater and snacks for your viewing pleasure.

CAL Gals Club

Ladies of CAL provide a safe and non-judgmental environment to promote friendship and camaraderie while sharing information and reducing isolation. We'll engage in meaningful conversations while addressing concerns related to aging and life's challenges, offering tools and resources to better understand our journey. We'll add in some enrichment/social activities too!

Ukulele Group

All levels welcome! Shea Ellis from Mountain Road Music joins us twice a month for guided instruction and other Thursdays the group practices on their own at home or at CAL. Bring your own ukulele to class or borrow one from the York Library with your library card. We'll provide music sheets and encouragement! Cost \$10.00 per month.

Haircuts with Susan

Haircuts and other trims (eyebrows and beards) are offered by Susan once a month on the fourth Thursday. Pay Susan directly (\$15) by cash or check at the time of service. Call or drop-in to check on availability at the front desk.

Blood Pressure & Glucose Screening

The York Beach Fire Department offers a FREE Blood Pressure and Glucose Clinic once a month at the Center. This is a drop-in clinic with no appointment necessary. Usually, the second Monday of the month from 2:00pm-2:30pm. Check the monthly calendar or call the center to check if the clinic will take place.

CAL Vinyl

Bring your vintage vinyl albums and your 45's, too, and share in the nostalgia with other music lovers. We listen to everything from jazz to rock'n roll and everything in between. Be ready for a spontaneous dance party mixed with a lot of reminiscing! Check the monthly activity calendar for the next date for the Vinyl Café.

French Club

Join Volunteer Instructor, Christine Yanco and our new French Club to get a French refresher or get started on a new journey. Maybe you have an upcoming trip planned and need to learn a few simple phrases to help with communication in a French speaking country. All abilities are welcome to join.

Adult Programs



YORK RIVER
WILD & SCENIC

Kayak Programs

Through a grant from the York River Stewardship Committee, the York Parks & Recreation Department is partnering with York Land Trust to provide free kayaking excursions on the York River. Our goal is to help paddlers experience and understand the importance of preserving and caring for the river.

Come explore the upper reaches of the York River and Smelt Brook. Trips will launch from the Scotland Bridge boat ramp and paddle upstream to experience the beautiful salt marsh and estuary. Each trip will be approximately 2 hours and includes basic paddling instruction as well as education on the ecology of the York River and surrounding landscape. All necessary equipment will be provided. For more information and registration visit our website: yorkparksandrec.org

Trip Dates:

Friday, June 13, 2025	3:00pm-5:00pm
Wednesday, July 16, 2025	4:30pm-6:30pm
Thursday, July 17, 2025	4:00pm-7:00pm
Thursday, August 28, 2025	4:00pm- 6:00pm
Friday, August 29, 2025	4:30pm-6:30pm
Monday, September 15, 2025	5:00pm-7:00pm
Tuesday, September 16, 2025	4:00pm-7:00pm
Tuesday, October 14, 2025	4:30pm-6:30pm



York High School Tennis/Pickleball Courts

All courts at York High School are mixed-use for Pickleball and Tennis. York Parks & Recreation Pickleball programming will be scheduled on the upper courts (near the YHS track) and Tennis programming will be scheduled on the lower courts (near the parking lot). Court 1 is mixed use with Tennis players having priority and we ask that Pickleball players, please vacate the court should Tennis players arrive.

Public use of the courts is on a first come, first served basis. We encourage everyone to kindly share court time and practice good sportsmanship so everyone can enjoy themselves.

Punch Card System

Punch Cards may be used for any punch card required Parks & Recreation programming such as Volleyball, Pickleball, or Adult Basketball.

5-Punch: \$20.00

20-Punch: \$80.00

Full Season Pass: \$200.00

Season Pass is good for 1 year of unlimited use.

5 and 20 Punch cards have no expiration date.

BASKETBALL

Adult Basketball

Adult Basketball is an ongoing, year-round program. Drop-in pickup games with teams chosen nightly. Punch card required.

Due to work at the York Middle School Gym, there will be NO BASKETBALL JUNE 16th-AUGUST 18th

REGISTRATION: Drop In with Punch Card

PUNCH CARD: 5 Punch: \$20.00 / 20 Punch: \$80.00 /

Full Season Pass: \$200.00

LOCATION: York Middle School

DAY: Tuesdays

TIME: 8:00pm (Time subject to change during school basketball season.)

Golf - Adult Golf Clinics at Cape Neddick Country Club

We are excited to announce that Adult Golf Clinics at Cape Neddick Country Club will return for the first time since 2019. Clinic information was not available at the time of print but will be available in the spring at www.yorkparksandrec.org.

Jacki's Dance Aerobic Program

Jacki Sorensen's Aerobic Dance is a nationally recognized program of "Serious Fitness Fun" that has stood the test of time. Created for the non-dancer, participants are motivated by a variety of music and fun easy to follow choreography. Each hour-long class begins with a warm-up and a strength training segment followed by the creative aerobic dance routines. A cool down completes the balanced and effective workout. Everyone feels comfortable participating at their own level. If you have any questions about deciding if this class is right for you, stop by for a class on us. We're sure you will want to join in!

REGISTRATION: Ongoing

DATES: April 7th-June 12th

COST: \$100.00 Resident / \$110.00 Non-Resident
\$150.00 for both, morning and afternoon programs
\$10.00 Senior Discount

LOCATION: York Beach Fire Department

DAYS/TIMES: Morning Session: Mon/Wed: 8:00am-9:00am or
Afternoon Session: Tues/Thurs: 5:15pm-6:15pm

Pickleball

We are excited that Pickleball is growing and if you haven't tried it, you should. Pickleball can be played by all levels of players at the same time, so you should not feel intimidated if you are a beginner. We offer both staffed sessions, as well as pick-up options. Each session will have equipment available for your use, however those who have become hooked have preferred to purchase their own paddles.



Punch cards are not valid for indoor pickleball at the Kittery Community Center during the winter months.

REGISTRATION: Drop in with Punch Card

STARTS: June 16th

ENDS: TBA, based on weather

PUNCH CARD: \$20.00 for 5 / \$80.00 for 20
\$200.00 for season pass - Good for 1 year from date of purchase.

LOCATION: York High School Upper Courts closest to the Track
SCHEDULE: Mondays: 3:00pm-5:00pm - Beginner/Novice Levels & Beginner Lessons

Tuesdays: 9:00am-11:00am - Open Play, All Levels
Wednesdays: 5:00pm-Dark - Intermediate & Up Round Robins

Thursdays: 9:00am-11:00am - Open Play, All Levels
Fridays: 9:00am-11:00am - Open Play All Levels

Public Welcome!

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Soccer Games - Co-Ed Pick Up (18 & up)

This is a free, informal pick-up soccer program! No pressure, just casual, fun pick-up. There is no registration fee or pre-registration requirement. Simply go to the field and enjoy a couple of hours on the pitch. The program will start on Sunday, June 15th. Have fun!

STARTS: June 15th
ENDS: August 24th
COST: FREE
LOCATION: Bog Road Upper Field
DAYS: Sundays
TIME: 9:00am-12:00pm

Volleyball - Adult Co-Ed

Sundays and Wednesdays

Teams will be chosen each session. Pickup games will be played at the York Middle School. Play emphasizes fun with a competitive edge. Players must be 18 years of age or older to participate.

Wednesdays are limited to 30 players per night. Schedule subject to change due to York Middle School sports schedule.

STARTS: Ongoing (No Indoor Volleyball from June 15th – August 17th)
COST: Punch Card: \$20.00 for 5 / \$80.00 for 20
\$200.00 for season pass - Good for 1 year from date of purchase.
LOCATION: York Middle School Gym
DAYS/TIME: Sundays - Open Volleyball for All Ability Levels
8:00am-11:00am
Wednesdays - Intermediate/Advanced
Previous Experience Necessary.
Limited to 30 players.
7:15pm-9:15pm (Subject to change during the school's basketball season)

ZUMBA with Marianela at Long Sands Beach

Join the "ZUMBA® with Marianela" frenzy and enjoy a fun and effective workout. Dance, burn calories, and reap multiple benefits for your body and mind. Marianela Ramirez is from Bucaramanga, Colombia and has loved dance since the age of 4. Her life changed forever when she discovered ZUMBA and was trained as a ZUMBA instructor and inspired by its founder and her mentor Beto Perez, in May 2006. She has won several awards as a fitness instructor and has been featured in numerous television, radio, and newspaper stories. Celebrate life, doing Zumba with Marianela at Long Sands Beach by digging our toes in the sand as we unleash our hips, smile, and dance!! All ages are welcome! Bring the whole family and make it a beach day. Rain or shine. Register at www.yorkparksandrec.org. Please meet 1 hour prior to each class in front of the Bathhouse.

REGISTRATION: Must Pre-Register Online

DAYS/DATES: Sunday June 8th - 5:00pm
Sunday July 6th - 5:00pm
Sunday August 17th - 4:00pm
Sunday September 7th - 5:00pm

COST: \$20.00 per class

LOCATION: Long Sands Beach – In front of the Bathhouse

REMINDER!

Parks and Recreation Department program participants are not exempt from following Town of York ordinances governing beach parking regulations.

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March & April

SILENT SPRING

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May & June

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July & August

MAINE MYSTIQUE

Reception: July 11 / 5-7pm

September & October

AUTUMN TONES

Reception: September 12 / 5-7pm

November & December

SPRUCE IT UP

Reception: November 14 / 5-7 pm

yorkartassociation.com

York Education Foundation raises funds to award grants for innovative and challenging programs in the York Public Schools

We strive to enhance and broaden community support for public education

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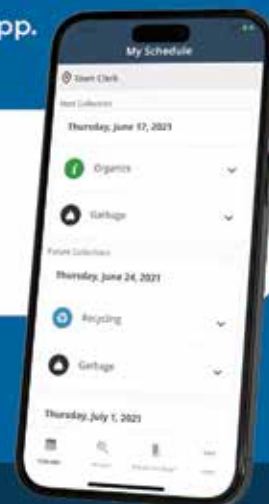
Please join us Friday mornings at 7:15AM at York Masonic Lodge

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yorkpublicworks.org



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Surf Point is a nonprofit organization on the coast of York, Maine that supports diverse visual artists and art workers through a residency; stewards 46 acres of coastal and forested land; hosts public programs; and promotes and shares research on our historic legacy.

www.surfpoint.me



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THANK YOU TO THE WOODS FAMILY FOR 20 AMAZING YEARS! YCSA & YORK PARKS & RECREATION ARE EXCITED TO CARRY ON THE TRADITION. SEE A FULL WRITE-UP IN THE SPECIAL EVENTS SECTION. RAFFLE ITEMS NEEDED, PLEASE CALL YORK PARKS & RECREATION FMI. 207-363-1040.



Family Service Program and General Assistance for The Town of York

Janie Sweeney, Manager
 jsweeney@ycsame.org
 Hours 9:00am-2:00pm, Monday - Friday
 207-363-5504

Food Pantry

Maureen Monsen, Manager
 mmonsen@ycsame.org
 Food Pantry Hours: Wednesday-Thursday
 11:00am - 3:00pm
 Please call for appointment

Donation Hours: Wednesday - Thursday
 8:00am - 11:00am or by appointment
 207-363-5504

For More Information

Please Contact:
Michelle Surdoval, Executive Director
 msurdoval@ycsame.org
 207-363-5504

PO Box 180, York, ME 03909
 855 US Route 1, York, ME 03909



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YCSA Mission:

To partner with York residents who are in need of support, services, and referrals during a difficult times in their lives with the help of our staff, volunteers and our community.

YCSA Thrift Store

Helps provide funds to support our Family Service and Food Pantry Programs.

Thrift Store

Donald Martin, Manager
 dmartin@ycsame.org
 Thrift Store Hours: Tuesday - Saturday
 10:00am - 5:00pm
 Donations by appointment
 207-363-5504

**Amber Harrison,
 Housing Innovation Manager
 Local Health Officer**
 aharrison@ycsame.org
 Office: 207-363-5504 ext. 5
 Cell: 207-351-6517

PO Box 180, York, ME 03909
 855 US Route 1, York, ME 03909

THE ACTION - Teen Programs For York Residents

Co-Ed 3v3 Basketball Tournament & March Madness Watch Party

Open to all York 7th-12th Grade Students

Get ready for an all-day event packed with competition, energy, and nonstop basketball action! Join us on Saturday, March 22nd where the first game tips off at 9:00am for the Co-Ed 3v3 Basketball Tournament and an epic March Madness Watch Party! Gather your squad and get ready to ball out!

Tournament Highlights:

- Separate Divisions (7th-8th and 9th-12th Divisions) to keep the competition fierce and fun
- Guaranteed at least 4 mini-games for every team
- March Madness games playing on TVs all day long
- Snacks will be provided
- All participants receive a free Action 3v3 Tournament shirt
- Special prize for division winners (we can't spill the secret yet!)

How to Join:

- Form a Co-Ed Team of a minimum of 4 and a maximum of 6 players. (one girl and one boy must be on the court at all times).
- Pick a Team Name and choose a color or theme—feel free to make your own team shirts!
- Have your Team Captain register your team at www.yorkparksandrec.org

REGISTRATION: Open and Required

DAY/DATE: Saturday, March 22nd

COST: \$25.00 per Team

LOCATION: York High School Gym

TIME: First Game Tips Off at 9:00am



THE YORK SURF CLUB

The Parks and Recreation Department is excited to announce the debut of the York Surf Club coming in May 2025. The York Surf Club will be open to High School aged students who live in York. New and experienced surfers are welcome to join and spread the stoke. Participation is free. Funding is available to equip ten surfers with a wetsuit, booties, gloves, surfboard, and YSC sweatshirt. Members will be able to keep this equipment. Surfers who already have all or some of the surf gear are encouraged to join as well. The YSC will provide additional equipment as funding allows. Each member will be required to pass a swim test and take a minimum of number free surf lessons. If you are interested in learning more and joining the club, visit our website for more information.

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Ultimate Bake Off Challenge

York 7th-12th Grade Students

Get ready for a sweet showdown at our Bake Off event! Whether you're a seasoned baker or just love a little friendly competition, this event is for YOU! All supplies will be provided, you just bring your cooking skills and your competitive spirit. More information on our website.

Earth Day Clean Up Service Opportunity at Long Sands Beach!

York 7th-12th Grade Students

Join us for a meaningful Earth Day Clean Up at Long Sands Beach on Saturday, April 19th. This is a fantastic opportunity to give back to the community, make a difference, and contribute to preserving our beautiful beaches while building your resume. Let's clean up and celebrate Earth Day together!

Free parking available near the beach and snacks provided afterward.

REGISTRATION: Free Drop In

DAY/DATE: Saturday, April 19th

LOCATION: Long Sands Beach, meet at Bathhouse

TIME: 10:00am-11:00am

Intro to Beekeeping

York 7th-12th Grade Students

Buzz Into Beekeeping! At the York County Beekeepers Association apiary, you'll get hands-on experience with the art of beekeeping in our fun and interactive session, *Introduction to Beekeeping*. Open to York High School students and 7th and 8th graders, this event is perfect for those curious about these amazing pollinators. You'll learn the buzz-worthy basics, explore a real apiary, and even suit up for some sweet hands-on activities.

Transportation details are coming soon, so stay tuned. Don't miss this chance to be inspired!

REGISTRATION: Open

DAY/DATE: Saturday, May 3rd

COST: Free

LOCATION: York County Beekeepers Association

TIME: 10:00am-11:00am

Mt. A 3-Hill Hike

York 7th-12th Grade Students

Get ready to hit the trails and experience the beauty of Mount Agamenticus on a 3-hill hike! Enjoy a scenic 3 Hill Hike, perfect for adventurers and outdoor enthusiasts. Whether you're a seasoned hiker or just looking to explore something new, this is a fantastic way to connect with nature and discover a hidden gem that many in our community have yet to experience. Lace up your boots and prepare for a rewarding adventure!

REGISTRATION: Open

DAY/DATE: Sunday, May 18th

COST: Free

LOCATION: Mount Agamenticus

TIME: 9:00am-3:00pm - Transportation leaves YHS at 8:45am

End of School Year Bash!

York 7th-12th Grade Students

Get ready to kick off the summer with an unforgettable day of fun and excitement! The End of School Year Bash! is the perfect way to celebrate the last day of school with friends and classmates. A fun-filled event featuring inflatables, food from local favorites like Lorraine's Empanadas and Kona Ice, a Cornhole Tournament, and yard games like frisbee, football, and spikeball. This is the ultimate chance to unwind, indulge in some tasty food, and enjoy classic games with your friends. Don't miss out on this awesome celebration! Drop in at the York High School Field Hockey Field after school!



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YOUTH PROGRAMS

ATHLETIC & SPORTS CAMPS, LEAGUES, AND OTHER PROGRAMS, TOO...

We are happy to offer a wide variety of camps, leagues, and ongoing programs. There's sure to be something to keep everyone active this summer. Please note that camps are listed alphabetically by category.

Refund Policy:

We do not issue refunds after the start of a program!
Full refund issued, only, if we are notified, at least,
one week prior to the start date of any program.
Full refunds are issued if a program is cancelled.

Summer Camps!

Our Camps are designed for Monday-Friday, all day, all week fun! Build new friendships, explore your creativity, and develop skills, all while having a BLAST!

- 8 weeks of camp, June 23rd-August 15th.
- Camp hours are 7:30am-5:30pm
- Before Care: 7:30am-9:00am (included in weekly cost)
- After Care: 4:00pm-5:30pm (included in the weekly cost)
- Registration is by the week only, no daily registrations.
- No camp Friday, July 4th
- Camp FUNshine is for ages 5-8.
- Camp Coastline is for ages 9-14.
- Registration for Camp is on a first come, first serve basis.
- ALL Camp paperwork must be completed and returned before the camper can begin camp.
- All 8 weeks of camp are open for registration. Full payment is due at the time of registration.
- **You must register by 4:00pm on the Thursday prior to the week of camp you wish to register for.**

If you would benefit from a scholarship in order to attend camp, please contact our office to apply.

Camp Funshine

Ages 5-8

Camp Funshine will meet at Village Elementary School, beginning Monday, June 23rd and ending Friday, August 15th. This camp offers a variety of activities such as arts and crafts, sports, and games. If you're looking for a week of fun, this is the place for you! Field trips are included in the weekly camp rate. Be on the look-out in early June for the Week 1 Newsletter.

REGISTRATION: Ongoing

Weekly registration ends at 4:00pm the Thursday



STARTS:

ENDS:

COST:

LOCATION:

DAYS:

TIME:

prior to each week of camp.

Monday, June 23rd (No camp Friday, July 4th)

Friday, August 15th

Per Week: \$250.00 Resident

\$275.00 Non-Residents

Includes before care (7:30am-9:00am) and after care (4:00pm-5:30pm), all activities, and field trips.

Village Elementary School

Monday-Friday, full week registration only

7:30am-5:30pm

York Parks and Recreation / 363-1040



Camp Coastline

Ages 9-14

Camp Coastline will meet at Coastal Ridge Elementary School, beginning Monday, June 23rd and ending Friday, August 15th. Camp will be held at CRES due to the work that will be going on at the York Middle School Gymnasium. This camp offers a variety of activities such as arts and crafts, sports, and games. If you're looking for a week of fun, this is the place for you! Field trips are included in the weekly camp rate. Be on the look-out in early June for the Week 1 Newsletter.

REGISTRATION: Ongoing

Weekly registration ends at 4:00pm the Thursday prior to each week of camp.

STARTS: Monday, June 23rd (No camp Friday, July 4th)

ENDS: Friday, August 15th

COST: Per Week: \$250.00 Resident

\$275.00 Non-Residents

Includes before care (7:30am-9:00am) and after care (4:00pm-5:30pm), all activities, and field trips.

LOCATION: Coastal Ridge Elementary School

DAYS: Monday-Friday, full week registration only

TIME: 7:30am-5:30pm

Rec by the River

Ages 3 & 4

Rec by the River is designed for our youngest campers. This is a great opportunity to introduce the little ones to a camp experience, meet new friends and build relationships. Time will be spent doing activities such as outdoor sports, games, arts & crafts, trail hikes and story walks. Rec by the River will be held at the Grant House at Goodrich Park. The camp will be filled with outdoor activities, but we will use the barn for some small group indoor projects.

Campers must be potty trained.

Deadline for registration is 4:00pm on the Thursday before the week of camp.

REGISTRATION: Ongoing

DATES:

Week 1: July 7th-July 11th

Week 2: July 14th-July 18th

Week 3: July 21st-July 25th

Week 4: July 28th-August 1st

Week 5: August 4th-August 8th

COST:

Per Week: \$160.00 Resident

\$175.00 Non-Resident

LOCATION:

Grant House at Goodrich Park, 200 US Rte. 1

DAYS:

Monday-Friday

TIME:

8:00am-2:00pm



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Basketball - Little Wildcat Hoop Camp

Kindergarten-2nd Grade

This fun-filled week of basketball is geared toward our youngest hoopsters. The emphasis will be on FUN!! Through games and activities, campers will learn proper shooting technique and shooting skills, along with the fundamentals of dribbling and passing. Hoops will be lowered to build confidence. Camp Director and Certified Board Official, Seth Cole is no stranger to youth basketball as he has been coaching Lil Ballers and K-1 Basketball for several years.

Please be sure to send your camper with comfortable clothes and sneakers, a re-fillable water bottle, and sunscreen (please apply before arrival). Register by June 1st and receive a camp T-shirt.

REGISTRATION: Ongoing
 STARTS: June 16th
 ENDS: June 20th
 COST: \$60.00 Resident / \$70.00 Non-Resident
 LOCATION: Coastal Ridge Elementary
 DAYS: Monday-Friday
 TIME: 9:00am-11:00am

Refund Policy:

We do not issue refunds after the start of a program!
Full refund issued, only, if we are notified, at least,
one week prior to the start date of any program.
Full refunds are issued if a program is cancelled.

Basketball - Oceanside Hoop Camp

Children Entering 5th-8th Grade

Oceanside Hoop Camp provides a go-go-go, fun, pressure-free learning environment while teaching fundamentals along with game decision making situations. The program will improve individual skills through small group and team activities. The daily schedule will build confidence and self-esteem in all players regardless of their current abilities. We are committed to improving skills and enjoyment of the game. Join us in developing into a better basketball player with coaches who love to teach. Campers should bring a willingness to have fun, plenty of water, sunscreen, sneakers, and lunch. Camp Director, Lani Silversides brings several years of experience and instructional basketball knowledge. Lani will be accompanied by former and current high school stars along with high school and middle school coaches. The entire Oceanside coaching team loves the game of basketball, and they are all enthusiastic about helping you develop your game.

Camp Features:

- Every camper will receive a reversible camp jersey at check-in
- Team and individual awards will be presented throughout the week
- Team games
- Olympic Games Day
- Age and ability grouping
- Funky fun dress up day
- Exciting fundamental teaching stations
- Fun free throw and shooting competitions
- Tournament games with balanced teams

REGISTRATION: Ongoing until June 15th

STARTS: June 30th

ENDS: July 2nd

COST: \$105.00 Resident / \$115.00 Non-Resident

LOCATION: York High School Gymnasium

DAYS: Monday-Wednesday

TIME: 9:00am-2:00pm



YORK, ME
207-363-4607

Basketball - Wildcat Hoop Camp with York High School Coaches & Players

Boys & Girls Grades 3-9

Join York High School Boys Basketball coaches Matt Regan, Alex Harder and Luke Mackey, along with other coaches and York High School players, for a week of development guaranteed to take your game to the next level. Matt Regan is the York High School Boys Head Basketball Coach and Health teacher at the high school. Coach Regan has 8 years of varsity basketball coaching experience and looks forward to sharing his knowledge with players. All aspects of the game will be covered, jam-packed into a week of serious fun!

Camp Features:

- Camp T-Shirt
- Instruction in all phases of the game
- Game Competition
- Individual Skills Test Documentation
- Foul Shooting Competition
- 3-Point Competition

REGISTRATION: Ongoing through June 9th

STARTS: June 23rd

ENDS: June 27th

COST: \$110.00 Resident / \$120.00 Non-Resident

LOCATION: York High School

DAYS: Monday-Friday

TIME: 9:00am-12:00pm

Basketball Camp by College Basketball Coach, Phil Alibrandi

Boys & Girls Ages 7-15

York, ME native and Head Men's Basketball Coach at Curry College, Phil Alibrandi offers an engaging basketball camp for boys and girls aged 7-15. The camp is designed to help young athletes improve their basketball skills, including drills and exercises that target fundamental skills such as dribbling, passing, shooting, and defense. The camp also emphasizes teamwork, sportsmanship, and leadership, providing campers with a well-rounded basketball education. Coach Alibrandi and his team of experienced coaches and players create a supportive environment where young athletes can learn and grow both on and off the court. Overall, this basketball camp is a fantastic opportunity for young athletes to develop their skills and passion for the game in a FUN and inclusive setting. This camp is for players of all skill levels!

REGISTRATION: Ongoing

STARTS: July 28th

ENDS: August 1st

COST: \$299.00

LOCATION: York High School

DAYS: Monday-Friday

TIME: 9:00am-2:30pm (doors open at 8:30am)

Wildcat Field Hockey Camp with Coach Barb Marois

Grades 5-8

We are very lucky to have Barb Marois, coach of the 2008, 2014, 2015 & 2016 State Champion York High School Varsity team, current York Field Hockey Head Coach, and 1996 captain of the US Olympic Field Hockey Team, leading this weeklong field hockey camp. Camp will provide an opportunity for players to learn basic and advanced skills to prepare for your school season. Please bring a stick, shin guards, mouth guard, and water bottle. Goggles are

optional. Register by July 1st and receive a camp T-shirt.

REGISTRATION: Ongoing

STARTS: July 14th

ENDS: July 18th

COST: \$90.00 Resident / \$100.00 Non-Resident

LOCATION: York High School

DAYS: Monday-Friday

TIME: 9:00am-11:00am

Golf - Golf Clinics at Cape Neddick Country Club

We are excited to announce that Golf Clinics at Cape Neddick Country Club will return for the first time since 2019! Clinic information was not available at the time of print but will be available in the spring at www.yorkparksandrec.org.



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the knot
BEST OF
WEDDINGS
2023

Horse & Farm Camp

Ages 5-12

Enjoy educational and fun days at a horse farm! Campers will learn about horses, goats, chickens, honeybees, and gardening. They will be taught about safety and responsibility around farm animals and will go in depth, learning all about horses and horse care. Campers will also participate in light farm chores including grooming horses, collecting eggs from the chickens, and feeding the farm animals. Campers will enjoy adventurous nature walks with our friendly herd of Nigerian Dwarf goats and have pony rides with our lesson horses. Camp wouldn't be complete without STEAM activities, arts & crafts, sprinkler fun and water games!

Campers should bring long pants with boots and shorts with sneakers. They should also bring lunch, snacks, drinks, sunscreen & bug spray. Bathing suits and beach towels are optional for the water games. Certified riding helmets will be provided when campers take pony rides.

Horse & Farm Camp is run by Erin Sheffer who is the owner of Mahogany Bay Farm and the Director of Riding & Educational Programs at the farm. She is a Certified K-12 Comprehensive Business Education Teacher and has taught STEAM, Computer and Business classes alongside managing her very popular riding lesson program. Learn more at www.MahoganyBayFarmLLC.com

REGISTRATION: Ongoing

SESSIONS: Session 1: June 23rd-June 25th
Session 2: June 30th-July 2nd
Session 3: July 7th-July 9th
Session 4: July 14th-July 16th
Session 5: July 21st-July 23rd
Session 6: July 28th-July 30th
Session 7: August 4th-August 6th
Session 8: August 11th-August 13th

COST: \$375.00 per session, per camper
(max of 8 per session)

LOCATION: Mahogany Bay Farm

44 Major McIntire Road, York, ME 03909

DAYS: Monday-Wednesday

TIME: 9:00am-2:00pm

Wildcat Lacrosse Camp

Grades K-6

This 4-day lacrosse camp is for boys and girls, grades K-6. Beginner and experienced players welcome! Join York Wildcats Lacrosse coaches and players to sharpen your skills, general lacrosse IQ, and have fun! Campers will be split up by age and ability level upon arrival. We promise campers will leave as better skilled, more confident players.

REGISTRATION: Ongoing

STARTS: July 21st

ENDS: July 24th

COST: \$90.00 Resident / \$100.00 Non-Resident

LOCATION: Bog Road Field

DAYS: Monday-Thursday

TIME: 5:00pm-7:00pm

Marine Science Camp

Grades K-8 (Must be 5 years old by start date)

Join us for an exciting marine science adventure where young explorers dive into the wonders of the ocean, gaining hands-on experience in marine ecosystem preservation. Campers will discover the mysteries of the sea with engaging lessons on Humpback Whales, Mako Sharks, Moon Snails, Water Quality Testing and more! Through hands-on activities, field experiments, and real-world research projects, budding scientists connect with the marine world like never before. For more information, visit www.marinesciencecamp.com or call us at (732) 250-8124.

Campers, please bring the following:

Water shoes with a closed back, like old sneakers!

Walking shoes for non-aquatic activities (flip flops, sandals etc.)

Swimsuit for sampling

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Sun Protection - Hat, Rash Guard over swimsuit, etc. as well as plenty of sunscreen!!
Towel
Drinking Water (at least two reusable bottles are recommended)
Lunch and Snacks - Peanut and tree-nut free food items are preferred. Reusable containers are preferred.
A sense of wonder!

REGISTRATION: Ongoing until full (max of 17 per session)

DATES: Session 1: June 23rd – June 27th
Session 2: July 14th – July 18th
Session 3: August 4th – August 8th

COST: \$400.00 Per Week

LOCATION: Long Sands Beach – drop off and pick up at Long Sands Bathhouse

DAYS: Monday-Friday

TIME: 9:00am-2:00pm

Pickleball - Youth Pickleball Clinics

Ages 6-17

Join us at York High School and have fun being introduced to one of the fastest growing sports in the country. These clinics are designed to bring fun to kids of all ability levels. Jim White, our pickleball instructor and certified USA Pickleball referee will provide your child with the opportunity to learn all aspects of pickleball and the experience of playing in an exciting and supervised environment. Register today and start the pathway to becoming a competitive player.

REGISTRATION: Ongoing until full

SCHEDULE: Ages 6-12
Session 1: Monday, July 14th - 5:00pm-7:00pm
Session 2: Saturday, August 2nd - 8:00am-10:00am
Ages 13-17
Session 1: Monday, July 21st - 5:00pm-7:00pm
Session 2: Saturday, August 9th - 8:00am-10:00am

COST: \$10.00 Per Clinic

LOCATION: York High School Upper Pickleball Courts

Run Club - Spring

Grades K-1

Run Club is for K-1st graders looking to move their bodies and get some great outdoor time! This is a great opportunity to experience running in a fun, friendly, and safe environment. Participants will learn how to grow upon where they are today with exercise, running techniques/form and nutrition. We are thrilled to have head coach Ashley Dawson, an Indiana University Little 500 bike rider, lead this program. She is inspired by children and helps them find joy in movement and outdoor activity. She is looking forward to sharing her passion for all things movement with your children. SIGN UP TODAY! Registration includes a Run Club Tek Shirt.

REGISTRATION: Ongoing until April 11th

STARTS: April 29th

ENDS: June 3rd (makeup date, if necessary - June 10th)

COST: \$60.00 Resident / \$70.00 Non-Resident

LOCATION: Bog Road

DAY: Tuesdays

TIME: 4:00pm-5:15pm

Run Club - Spring

Grades 2-5

This 6-week program is for 2nd-5th graders looking to move their bodies and get some great outdoor time! This is a great opportunity to experience running in a fun, friendly, and safe environment. Participants will learn how to grow upon where they are today with exercise, running techniques/form and nutrition. We are thrilled to have head coach Ashley Dawson, an Indiana University Little 500 bike rider, lead this program. She is inspired by children and helps them find joy in movement and outdoor activity. She is looking forward to sharing her passion for all things movement with your children. SIGN UP TODAY! Registration includes a Run Club Tek Shirt.

REGISTRATION: Ongoing until April 11th

STARTS: May 1st

ENDS: June 5th (makeup date, if necessary - June 12th)

COST: \$60.00 Resident / \$70.00 Non-Resident

LOCATION: Bog Rd.

DAY: Thursdays

TIME: 4:00pm-5:15pm

Sailing 101 - An Introduction to Seamanship

Ages 8-10 & 11-13

We are pleased to partner with the Agamenticus Yacht Club to offer this unique introduction to Seamanship. In this 2-day mini-camp, participants will be introduced to the basics of sailing; knot-tying, points of sail, wind & tides, parts of the boat, and more. The first day of the camp will be spent preparing to set sail on day 2, aboard one of the Club's J-22 Sail Boats. If sailing is something that you've always wanted to try, this is the opportunity for you! No boating or sailing background is necessary. This camp is run by AYC's knowledgeable staff. All campers will be provided with a list of items to bring, including appropriate clothing and footwear, prior to the camp start date. Space is limited, please register early.

Please Note: The 2nd Saturday times may vary slightly to allow ample time for sailing. A makeup session will be offered if cancellation due to inclement weather occurs.

INSTRUCTOR: Agamenticus Yacht Club Staff

REGISTRATION: Ongoing until full (maximum class size: 5)

DAYS/DATES: Saturday, June 21st and

Saturday, June 28th (Rain Date July 5th)

COST: \$75.00 Resident / \$85.00 Non-Resident

LOCATION: Agamenticus Yacht Club, York Harbor

TIMES: Ages 8-10: 10:00am-12:00pm

Ages 11-13: 1:00pm-3:00pm

Soccer - Seacoast United Grassroots Camp

Ages 3-5 with Parent Participation

Seacoast United Grassroots Camp is a unique opportunity for young children to get involved in the game of soccer. The main objective is to teach while having fun. The overall theme is for children to relate having fun with playing soccer and to develop the necessary skills to be a competitive player in the future. The program offers a unique learning experience for all involved. Each age group is appropriately challenged with specifically designed developmental games and activities.

REGISTRATION: Ongoing until August 1st

STARTS: August 4th

ENDS: August 8th

COST: \$90.00 (T-shirt & soccer ball included)

LOCATION: Bog Road Fields

DAYS: Monday-Friday

TIME: 9:00am-9:45am



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Soccer - Seacoast United Half Day Camp

Ages 6-14

Seacoast United Half Day Camp program is a fantastic way for your child to be introduced to SUSC's fun developmental approach to the game. Our professional, dedicated, full-time coaching staff will offer sessions full of fun technical challenges and game play. This allows players to develop a love for the game while developing important skills. Seacoast United's Summer Skills Half Day Soccer Camp appropriately challenges in a fun learning environment.

This program will focus on individual skills which are crucial to all players' confidence with the ball. These classes will also incorporate their skill work into scrimmage play allowing all players a chance to recognize how their confidence with the ball relates to game play situations and success.

REGISTRATION: Ongoing until August 1st

STARTS: August 4th

ENDS: August 8th

COST: \$180.00 (T-shirt & soccer ball included)

LOCATION: Bog Road Fields

DAYS: Monday-Friday

TIME: 9:00am-12:00pm

Soccer - York High School Wildcat Soccer Camp

Grades 2-8

Champions are built in the offseason.

This one-week camp for children grades 2nd-8th, aims to get each player to their own personal next level. Dribbling, passing, defending, and shooting skills, along with team concepts, will be introduced by current York boys and girls high school soccer players under the supervision of current York Boys Varsity Coach, former Clemson Tiger, Julie Johnson and current York Girls Varsity Coach, Nick Hanlon. Players will leave camp with tools that, with enough practice, can take them to the next level! Players will be divided by grade level at camp. Register by July 4th and receive a camp t-shirt.

REGISTRATION: Ongoing until July 18th

STARTS: July 21st

ENDS: July 25th

COST: \$90.00 Resident / \$100.00 Non-Resident

LOCATION: York High School

DAYS: Monday-Friday

TIME: 10:00am-12:00pm



Seacoast Strong Girls Summer Camp

Grades K-5

Strong Girls United is a 501©(3) nonprofit organization whose mission is to empower girls to be strong, confident, and resilient through sports, mentorship, and mental health programming. This 3-day summer camp will feature multiple sports (track, soccer, volleyball, basketball, and more!) each day alongside team building, girls' empowerment, and mental skills activities and crafts. Please send your child with a snack, sneakers, athletic clothes, and a water bottle.

Once your Strong Girl is registered, please visit the following to enter additional information: <https://sgunitedfoundation.org/participant-registration>

REGISTRATION: Ongoing until full

STARTS: Session 1: July 7th-July 9th
Session 2: July 28th-July 30th
Session 3: August 18th- August 20th

COST: \$105.00

LOCATION: York Middle School Field

DAYS: Monday-Wednesday

TIME: 9:00am-12:00pm

Surf Camp - Ride the Five!

Ages 8-15

Liquid Dreams is offering "Ride the 5" surf camp, once again, for kids ages 8 to 15! This camp is designed to teach all 5 wave and watercraft activities LDS has to offer: surfing, boogie boarding, skim boarding, stand up paddling, and body surfing... all in 5 days! Each day, the Ride the 5 camp begins at 10:00am at our Long Sands location in York, where students will be equipped with wetsuits and surfboards for a 1-2-hour morning surf lesson. Following the lesson, the students will break for lunch, and maybe a sandcastle or two. After lunch, students will learn another water activity that best fits the conditions that day. Ride the 5 camp will break at 3:00pm every day, with student pickup at 3:15pm. Students should bring lunch, bathing suit, towel, and sunscreen. If you own your own board or wetsuit, feel free to bring it to class.

REGISTRATION: Ongoing or until full

DATES: June 23rd-June 27th

COST: \$435.00 - This is a \$60.00 savings

LOCATION: Liquid Dreams – Long Sands Beach
Students meet at Liquid Dreams

DAYS: Monday-Friday

TIME: 10:00am-3:15pm

Any student that takes a class with Liquid Dreams Surf Shop can receive a 10% discount on wetsuits and all accessories, plus \$50.00 off the purchase of a board.

Surfing Camp

Ages 6-9

Learn to surf with the Liquid Dreams surf team. Your instructor will guide you through the fundamentals of surfing. They will cover paddling, wave selection, how to stand and how to ride the waves. Surfing etiquette, ocean awareness, and beach safety will also be discussed. Classes will be offered in the morning from 8:00am-9:00am in the surfing area at Long Sands Beach. Please be sure to arrive by 7:45am. All equipment and supplies will be provided by Liquid Dreams surf shop, however, if you own your own board or wetsuit feel free to bring it to class.

REGISTRATION: Ongoing or until full

DATES: Session 1: July 14th, 16th, and 18th
Session 2: August 11th, 13th, and 15th

COST: \$99.00

LOCATION: Surfing area at Long Sands Beach -
students meet at Liquid Dreams

DAYS: Monday, Wednesday & Friday

TIME: 8:00am-9:00am (Please arrive by 7:45am)

Surfing Camp

Ages 10 & Up

Learn to surf with the Liquid Dreams surf team. Your instructor will guide you through the fundamentals of surfing. They will cover paddling, wave selection, how to stand and how to ride the waves. Surfing etiquette, ocean awareness, and beach safety will also be discussed. Classes will be in the evenings from 5:00pm-7:00pm in the surfing area at Long Sands Beach. Please be sure to arrive by 4:45pm. All equipment and supplies will be provided by Liquid Dreams Surf Shop, however, if you own your own board, feel free to bring it to class. Classes are limited, so sign up now!

REGISTRATION: Ongoing or until full

DATES: Session 1: July 14th, 16th, and 18th
Session 2: August 11th, 13th, and 15th

COST: \$180.00

LOCATION: Surfing area at Long Sands Beach -
students meet at Liquid Dreams

DAYS: Monday, Wednesday & Friday

TIME: 5:00pm-7:00pm

Register On Time

Nothing hurts a recreation program faster than participants who wait until the last minute to register. Please pay close attention to the registration dates.

NEW PROGRAM!

Tennis in the Parks with United States Tennis Association (USTA) Grades 1-8

Tennis in the Parks is the perfect program for kids looking for their first taste of the sport! Led by certified USTA coaches who are SafeSport approved, and background checked, this program uses modified tennis balls, age-appropriate racquets and court sizes. The focus is on fun! The program will focus on developing the skills to serve, rally and play. Once participants develop their skills they will play fun matches with other players in the program. All players in their first session receive and keep a new age-appropriate racket and tennis ball. Look for details on our website.

Contacts for Other Organizations

Agamenticus Yacht Club:

Email: info@aycsail.org
Website: www.aycsail.org

York Little League:

Email: info@yorklittleleague.net
Website: www.yorklittleleague.net

York Youth Football:

Website: www.yorkyouthfootball.com
Written Correspondence: PO Box 411, York, Maine 03909

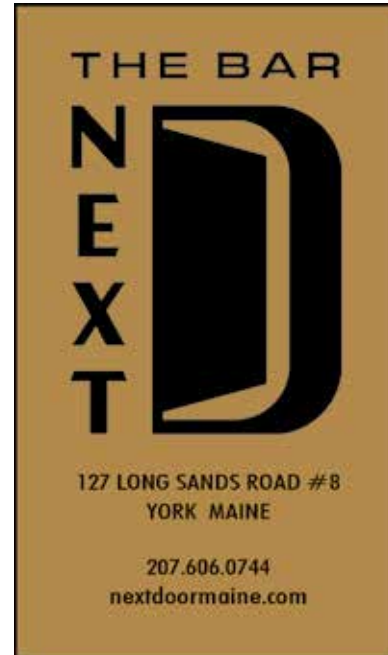
York Soccer Club:

info@yorksoccerclub.com

Track & Field

Ages 6-14

There will be no track and field program this summer due to the ongoing track and field project at York High School. The program will return in the Summer of 2026.





ENRICHMENT PROGRAMS

Something For Everyone!

Art Camp - Lets Create!

Incoming Grades 1 & 2

Ready, set, create! Art Camp artists will use a variety of materials to create masterpieces. We will explore 2D and 3D materials, use paint, printmaking, sculpture, and mixed-media techniques. An important part of being an artist is finding inspiration in the world around you, so artists will have time to be playful and enjoy being in a creative environment together. Artists will take home their finished pieces. This camp is for everyone who loves art! Please bring snacks and plenty to drink.

INSTRUCTOR: Alexis Kochka - VES Art Teacher

REGISTRATION: Ongoing

STARTS: July 14th

ENDS: July 18th

COST: \$125.00 Resident / \$135.00 Non-Resident

LOCATION: Village Elementary School Art Room

DAYS: Monday-Friday

TIME: 9:00am-12:00pm

Captain John's Discovery Camp

Ages 6-12

Get ready to immerse yourselves in the Survival Arts. Captain John and his crew are ready to make the outdoors a wildly good time. Do you know what to do if you got lost in the woods? Can you build a shelter? Read a compass? Follow a map? Campers will learn the basics when it comes to surviving. Each day will be filled with activities, games, crafts, stories and more. Discover the wilderness explorer inside of you! Please bring water, snack, and lunch.

INSTRUCTOR: Captain John & Christy Traquair

REGISTRATION: Ongoing

STARTS: July 21st
ENDS: July 25th
COST: \$350.00 Resident / \$360.00 Non-Resident
LOCATION: Various York Locations – Details will be provided
DAYS: Monday-Friday
TIME: 8:30am-1:00pm

Intro to Cooking With Mrs. Burlingame

Ages 8-12

Unlock the joy of cooking with our Intro to Cooking class! Learn the art of transforming simple ingredients into delightful dishes, mastering techniques like boiling, baking, and sautéing. This class is perfect for anyone eager to nourish both body and soul through culinary exploration. Our expert instructors will guide you through the fundamentals, helping you blend flavors, textures, and nutrition in your own kitchen. Sign up today and start your culinary journey where science meets creativity!

INSTRUCTOR: Melissa Burlingame – YHS Culinary Arts Teacher

REGISTRATION: Ongoing

STARTS: July 15th

ENDS: July 17th

COST: \$125.00 Resident / \$135.00 Non-Resident

LOCATION: YHS Culinary Arts Room

DAYS: Tuesday-Thursday

TIME: 9:00am-1:00pm

Dungeons & Dragons: The Reign of Ashes

30-Hour Campaign over 10 weeks

Ages 12 & Up

Join us for Dungeons & Dragons! Take part in a game of heroic fantasy where your choices (and the luck of the dice) determine the path the story takes. Learn more about collaborative storytelling and creative improvisation that makes roleplaying games so special, whether you're an experienced adventurer or you've never rolled a twenty-sided dice before. We have room for all at our party! Tuesdays don't work for you? If you sign up as a group, you'll not only save money, but you'll be able to work with Thom to schedule your own time!

INSTRUCTOR: Thom "The Table Top Guy" Freitag!

REGISTRATION: Ongoing

STARTS: June 17th

ENDS: August 19th

COST: \$200.00 Per Player

\$999.99 for Groups up to 7 (\$400 savings!)

LOCATION: The Grant House – 200 US Route 1 in York

DAYS: Tuesdays

TIME: 6:00pm-9:00pm



Dungeons & Dragons 4-Hour Single Shot Campaign

Ages 12 & Up

Join us for Dungeons & Dragons! Take part in a game of heroic fantasy where your choices (and the luck of the dice) determine the path the story takes. Learn more about collaborative storytelling and creative improvisation that makes roleplaying games so special, whether you're an experienced adventurer or you've never rolled a twenty-sided dice before. We have room for all at our party!

INSTRUCTOR: Thom "The Table Top Guy" Freitag!

REGISTRATION: Ongoing

DAYS/DATES: Thursday, April 10th

Tuesday, May 13th

Thursday, July 17th

COST: \$40.00 Per Player

\$250.00 for groups up to 7 (\$30 savings!)

LOCATION: The Grant House – 200 US Route 1 in York

TIME: 5:00pm-9:00pm

Get Ready for 5th Grade

Students Entering Grade 5 at York Middle School in 2025

Everything you will ever need to know about coming to 5th grade!

Are you a little nervous about entering York Middle School? This camp will help! We will tour and explore the building so we can find our way around, spend some time in different classrooms, talk about what we will be learning and studying in Grade 5, go over some study and organization tips, and play some games! Enter fifth grade feeling relaxed and ready. Come join Ms. Dussault and have a blast learning everything you always wanted to know about 5th grade!

INSTRUCTOR: Laci Dussault, Teacher at York Middle School

REGISTRATION: Ongoing

STARTS: August 11th

ENDS: August 12th

COST: \$40.00

LOCATION: York Middle School

DAYS: Monday & Tuesday

TIME: 8:00am-11:00am

LEGO® Camp

Ages 5-12

LEGO® camp has returned to a more interactive version between campers. Campers will have access to Motorized Mechanisms (Mindstorms and WeDo) as well as a large amount of traditional LEGO® to use their creativity to build. There will be a few sets, but most building will be from campers' imagination. We will have a daily challenge to inspire creativity. Halfway through each day we will take a break and go outside to play and eat a snack, weather permitting. Don't miss out, sign up early! Sign up for multiple sessions, there's always a new, creative thing to build! Bring a snack and drinks.

Instructor: Andrea Gould, York Middle School math teacher for many years. She loves math and science and bringing them together in creative, educational ways. Andrea is joined by Kathryn Azeez, a York Middle School Ed Tech who has experience with kids of all ages and needs. She loves challenging kids, watching them have fun and being creative.

REGISTRATION: Ongoing

DATES: Session 1: July 21st-July 25th


Session 2: July 28th-August 1st

COST: \$110.00 Resident / \$120.00 Non-Resident

LOCATION: York Middle School Library

DAYS: Monday-Friday

TIMES: 9:00am-12:00pm



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Safe Sitter Summer Camp

MUST BE 11 & up

This course is intended to improve your child's care skills needed for babysitting. Founded in 1980, Safe Sitter® is the only national nonprofit training program exclusively devoted to preparing young teens to be safe in unsupervised settings, whether babysitting, sibling sitting or home alone.

The Safe Sitter® curriculum is designed exclusively for young teens in grades 6-8, and covers the following areas: safety skills, childcare skills, first aid & rescue skills, and life & business skills. Safe Sitter® courses are instructor-led and interactive, with hands-on demonstrations and skills practice using soft-bodied dolls and medical manikins. Your child will be very prepared to start their babysitting career. Each student completing the course will receive a certificate that verifies this training for caring for small infants and toddlers. The Safe Sitter course has a great deal of information presented in a short period of time. It is important you are available for the entire class.

Please bring a snack and drink.

Please sign up early, as we need to order books ahead of time and don't want you to miss out!!!!

INSTRUCTOR: Melissa Nickerson, Certified Safe Sitter Instructor

REGISTRATION: Ongoing

DAY & DATES: Session 1: Tuesday, June 24th
Session 2: Wednesday, July 9th

COST: \$125 Resident / \$135.00 Non-Resident
Includes \$40.00 book fee

LOCATION: York Middle School Wildcat Room

TIME: 9:00am-3:00pm



Gary Woods, President

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Step up to CRES

Incoming 2nd graders in 2025

Are you a student who just finished first grade at VES? If so, you'll be coming to CRES next year! It's an exciting time to meet new friends, gain new teachers, get to know a new principal, and have a whole new world of experiences!

But you may be a bit nervous...How will I find my way around? What is CRES like? Will I have fun?

If you have any of those questions, this camp is for you! We will tour the school, meet any staff members who are around, spend time on the playground, go for a short hike in the "CRES Woods," sing songs and play games! There are so many amazing things that make CRES unique...from "Wake up and Read" to the "Mile Run" program, fun assemblies, Kids Cabinet, Civil Rights Team, and so much more!

This fun introduction to CRES is sure to make your start to 2nd grade more relaxing and enjoyable. What are you waiting for? Sign up for "Step Up to CRES!"

Please bring a snack and comfortable clothing to hike and play in!

INSTRUCTOR: Sarajane St. John

REGISTRATION: Ongoing

DAY/DATE: Monday, August 11th

COST: \$40.00

LOCATION: Coastal Ridge Elementary

TIME: Morning: 9:00am-12:00pm

Afternoon: 12:30pm-3:30pm

Wild Wonders at Mount Agamenticus

Ages 5-7

Come spend some time outside in nature...creating, observing, crafting and so much more. Each day we will have a new challenge using natural materials. This camp is all about learning about the nature around us, right in our own Maine woods.

Please bring, snacks and plenty to drink

Please dress appropriately for the weather and safe footwear (no flip flops). We will be inside in inclement weather.

INSTRUCTOR: Naomi Densmore, Mount A Outreach & Education Coordinator

REGISTRATION: Ongoing

STARTS: August 20th

ENDS: August 22nd

COST: \$125.00 Resident / \$135.00 Non-Resident

LOCATION: Mount Agamenticus Summit

DAYS: Wednesday-Friday

TIME: 8:30am-11:00am

THEATER PROGRAMS

Something for Everyone!

Camp Rock! With Shea Ellis of Mountain Road Music

Incoming 6th, 7th & 8th Graders!

Are you a musician in need of a band? Do you love to sing and need some back up? We are looking for you! Join Shea Ellis of Mountain Road Music to develop your own rock band. This camp is for experienced musicians including guitar, bass, drums, piano, voice or any instrument that can be translated to a rock band. Prospective campers will audition for their spot in the band. During this weeklong camp, musicians will work together to make a set list, practice chord progressions, lyric writing, and performance techniques. The band will play a concert on Friday.

INSTRUCTOR: Shea Ellis – Mountain Road Music

REGISTRATION: Ongoing

STARTS: August 4th

ENDS: August 8th

COST: \$400.00 Resident / \$450.00 Non-Resident

LOCATION: York High School Chorus Room

DAYS: Monday-Friday

TIME: 9:00am-1:00pm

AUDITION: May 31st

Camp Rock! With Shea Ellis of Mountain Road Music

Incoming 9th, 10th & 11th Graders!

Are you a musician in need of a band? Do you love to sing and need some back up? We are looking for you! Join Shea Ellis of Mountain Road Music to develop your own rock band. This camp is for experienced musicians including guitar, bass, drums, piano, voice or any instrument that can be translated to a rock band. Prospective campers will audition for their spot in the band. During this weeklong camp, musicians will work together to make a set list, practice chord progressions, lyric writing, and performance techniques. The program will culminate with a concert on Friday.

INSTRUCTOR: Shea Ellis – Mountain Road Music

REGISTRATION: Ongoing

STARTS: August 11th

ENDS: August 15th

COST: \$400.00 Resident / \$450.00 Non-Resident

LOCATION: York High School Chorus Room

DAYS: Monday-Friday

TIME: 9:00am-1:00pm

AUDITION: May 31st

Dance 101: Disney!

Ages 6-8

Get ready for a magical week at our Dance Camp, where no experience is needed to join the fun! Dive into the enchanting world of dance with us as we explore the basics of various dance styles set to the unforgettable tunes of your favorite Disney songs. Each day will be filled with dynamic dance instruction to help you master new moves, energetic dance sequences that will have you moving like a pro in no time, and engaging games and activities that make learning dance an adventure. The week culminates in a sparkling showcase on Friday, where you'll get to flaunt your newfound skills in a short, delightful performance. Prepare to twirl, leap, and dance your way into the heart of Disney magic!

INSTRUCTOR: Madison Jenkins - YHS

REGISTRATION: Ongoing

STARTS: June 23rd

ENDS: June 27th

COST: \$150.00 Resident / \$175.00 Non-Resident

LOCATION: York High School

DAYS: Monday-Friday

TIME: 3:00pm-4:30pm

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Memorial Day Performance

Grades 3-6

Join us for a meaningful and inspiring workshop where kids will come together to prepare for a special Memorial Day performance. This program will focus on teaching children the arts of singing, acting, and stage presence, while instilling a sense of respect and honor for those who have served our country. Participants will develop their talents, teamwork, and confidence as they work toward a heartfelt tribute. All skill levels are welcome. Performance at the Memorial Day Parade.

REGISTRATION: Ongoing until April 1st

STARTS: April 14th

ENDS: May 26th - Performance at the Memorial Day Parade

COST: \$125.00

LOCATION: York Community Auditorium

DAY: Mondays

TIME: 3:15pm-4:30pm

Reach for the Stars Theater Camp with Broadway Actor Katie Sarno

Ages 8-15

Join Broadway veteran Katie Sarno for some drama fun! Campers will enjoy a wide range of creative activities focusing on monologues, small scenes, and musicals. Campers will learn various acting techniques, build confidence and practice self-expression all while working together for a small performance on Friday. Come use those creative juices and play with us.

INSTRUCTOR: Katie Sarno

REGISTRATION: Ongoing

STARTS: June 23rd

ENDS: June 27th

COST: \$250.00 Resident / \$275.00 Non-Resident

LOCATION: York High School Auditorium

DAYS: Monday-Friday

TIME: 9:00am-12:00pm



Maine Recreation and Parks Association TICKET PROGRAM

Reduced Price Tickets for Area Amusements, a Maine Recreation & Parks Association Program!

- ◆ Funtown/Splashtown Combo Passes
- ◆ Aquaboggan
- ◆ York's Wild Kingdom

Passes available for purchase at the Parks and Recreation Office



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YOUTH PROGRAMS FOR FALL

Basketball

Our youth basketball program involves nearly 400 children (grades Pre-K-6th), volunteer coaches, and officials in a fun-filled instructional setting during the winter months. Our basketball programs, at all levels, are designed to emphasize individual skill development through fun-filled, healthy competition, and hard work. This includes skills, drills, and games. Be on the lookout this fall for more detailed information regarding registration deadline dates and program start dates. Look for In-House League information on our website, www.yorkparksandrec.org.

Travel Basketball

Please, look for details, updates, and tryout information in our e-newsletters, website, and social media. 3rd & 4th Grade, and 5th & 6th Grade teams will participate in the Southern Maine Hoops League. With over 220 teams the SMHL is one of the most competitive leagues in New England.

3rd & 4th Grade Eligibility: Must be a York resident, and/or be a student in the York School System.

5th & 6th Grade Eligibility: Must be a York resident and/or be a student in the York School System.

Field Hockey - Fall

Grades 3-6 - All Ability Levels Welcome

This program is an opportunity for beginners to learn field hockey fundamentals and for those with experience to refine their skills and play friendly scrimmages in the Southern Maine Recreational Field Hockey League. Practices will consist of learning the rules, working on ball and stick positioning, passing and receiving, and field positioning. Participants will receive a York Field Hockey Team t-shirt. Equipment Needed: Stick, goggles, shin guards, and a mouthguard.

REGISTRATION: Ongoing

STARTS: September 2nd

ENDS: October 21st

COST: \$70.00 Resident / \$80.00 Non-Resident

LOCATION: Coastal Ridge Elementary School

DAY: Tuesdays

TIME: 4:00pm-5:30pm

Football with York Youth Football

Grades 3-8

Come and join the York Youth Football team! The goal of the York Youth Football (YYF) program for grades 3 through 8 is to provide pre-high school aged York youth with a positive and safe experience in the game of football. YYF's objectives are that participants have fun, learn the values of team sports and discipline, and learn the fundamentals of the game of football in a coaching environment where safety comes first!



Contact York Youth Football for information or to sign-up. www.yorkyouthfootball.com

7 on 7 Flag Football League - Fall 2025

Join Coach Andy for Outdoor 7 on 7 Flag Football. Like touch football, flag football was designed to minimize injuries that playing tackle football can bring. This program's emphasis is on fun and friendly competition, as well as an opportunity to learn the game. We will create balanced teams to compete each week. The atmosphere is welcoming and friendly, as is the play. Please note schedules may vary depending on the number of teams. Sneakers and a team shirt must be worn each week (t-shirt provided). We encourage participants to wear sneakers and shorts or athletic pants without pockets.



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Flag Football

Grades 1 & 2 (Co-Ed)

REGISTRATION: Ongoing until August 17th
 STARTS: September 2nd
 ENDS: October 7th
 COST: \$65.00 Resident / \$75.00 Non-Resident
 LOCATION: Outfield of Bog Rd. Baseball Field
 DAY: Tuesdays
 TIME: Evenings (depends on # of teams)

Flag Football

Grades 3 & 4 (Co-Ed)

REGISTRATION: Ongoing until August 17th
 STARTS: September 3rd
 ENDS: October 8th
 COST: \$65.00 Resident / \$75.00 Non-Resident
 LOCATION: Outfield of Bog Rd. Baseball Field
 DAY: Wednesdays
 TIME: Evenings (depends on # of teams)

Flag Football

Grades 5 & 6 (Co-Ed)

REGISTRATION: Ongoing until August 17th
 STARTS: September 4th
 ENDS: October 9th
 COST: \$65.00 Resident / \$75.00 Non-Resident
 LOCATION: Outfield of Bog Rd. Baseball Field
 DAY: Thursdays
 TIME: Evenings (depends on # of teams)

Hot Wheels Garage - Fall 2025

Ages 5-8

Playing with cars is FUN! And it's beneficial for child development. Playing with toy cars provides an opportunity for the development of social skills and aids in emotional and physical development. During this 5-week session, we will build a variety of tracks, create life-like destinations, and create scenarios such as racing, crashing, oil changes, and more. Some structure will be provided, but participant imagination will be the "driving" force in this program. Participants are invited to bring their favorite Matchbox/Hot Wheels cars & trucks, but there will also be plenty of cars and props available to share. We hope you will plan to join Recreation Coordinator, Andy Kaherl (a real-life race car driver) for this fun-filled creative play program. Each participant will receive a Hot Wheels car on the first day.
 REGISTRATION: Ongoing until full, space is limited.
 STARTS: September 8th
 ENDS: October 6th
 COST: \$50.00 Resident / \$60.00 Non-Resident
 LOCATION: Center For Active Living, 36 Main St.
 DAY: Mondays
 TIME: 4:30pm-5:30pm

Soccer - Lil Kickers - Fall 2025

Ages 3-4 with 100% Parent Involvement!

This is a non-contact skills-based program. This 4-week 100% parent involvement program, for children ages 3 and 4, will be offered as a basic introduction to the game of soccer. The main emphasis of this program will be to offer tons of fun for you and your child. This will be achieved through fun games and activities that involve movement, concentration, and footwork between parent and child.

REGISTRATION: Ongoing until August 30th
 STARTS: September 6th
 ENDS: September 27th
 (Makeup October 4th, if necessary)
 COST: \$60.00 Resident / \$70.00 Non-Resident
 LOCATION: Coastal Ridge Elementary School
 DAY: Saturdays
 TIME: 45-minute sessions between 8:00am-12:30pm.
 Schedule depends # of registrations

Soccer This Fall with York Soccer Club

York Soccer Club offers two programs to accommodate the different age levels of our players:

Early Development Soccer - K-2nd Grade - Saturdays, Mid-September-Late October

The focus of this program is on the early development of basic soccer skills (dribbling, kicking, shooting, etc.)

Travel Soccer (U9-U14) Grades 3rd-8th - August-Early November

This program continues to develop basic skills and includes weekday practices and weekend games with other area soccer clubs.

For more information or to register please visit the York Soccer Club website at www.yorksoccerclub.com



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2025 ROAD RACES, WALKS AND CHALLENGE EVENTS

Our road races and challenges can be a great way to get the whole family moving! We encourage runners and walkers alike to join us for one or all our scheduled events this season. For more information or to register for any event in our line-up please visit our website at www.yorkparksandrec.org. Whether you're looking for a slower, more leisurely walk, or striving to reach your personal best, we have an event for you.

Big A 50K

Saturday, May 3rd, 2025

Join us for a day of stamina and fantastic views, all to benefit the Mount Agamenticus Conservation Region. This is not a traditional event, no loud music at check-in, race bibs or an award ceremony here! Event timing is done by volunteers and registration is free. Participant donations are appreciated and necessary to sustain this event and support conservation efforts! This event is, truly, run by volunteers, from the aid stations to post-event BBQ. The course is composed of three 10.35-mile loops starting at the summit of Mount Agamenticus (Big A) and climbing back up the Big A and going over Second Hill and Third Hill and back up the Big A. There are opportunities to cross the finish line at approximately 10 miles and 13 miles (or any multiple of them up to 31 miles/50K). The terrain is mostly single track with some dirt road and ATV-type trails. Footing is technical with plenty of rocks, roots, and elevation changes. Trail running shoes are recommended. The full 50K has approximately 5,787 of elevation gain.

Come for the challenge and return for the community.

REGISTRATION: Online at Run Signup:

<https://runsignup.com/Race/ME/York/BigA50K>

COST: Donations in lieu of registration fee

LOCATION: Start/Finish: Mount Agamenticus Summit

EVENT DATE: Saturday, May 3rd, 2025

York Hospital 5K Road Race

Saturday, June 7th

Enjoy this early summer run through scenic York Village and York Harbor. For more information or to register go to <https://runsignup.com/Race/ME/York/YorkHospital5K> or contact York Hospital's Community Relations Office at (207) 351-2385 or email info@yorkhospital.com. Day of Race registration begins at 7:00am and race start time is 8:30am.

REGISTRATION: Online at: <https://runsignup.com/Race/ME/York/YorkHospital5K>

York Hospital's Community Relations Office
(207) 351-2385

or email: info@yorkhospital.com

Race Day Registration: 7:00am-8:15am

COST: \$10.00 pre-reg. 13 yrs. and under

\$25.00 pre-reg. 14 yrs. and up

\$50.00 pre-reg. family fee

(each family member must fill out form,
up to 5 total registrants)

LOCATION: Start/End: York Hospital, 15 Hospital Drive

TIME: 8:30am Start

Annual Four on the 4th Race

Friday, July 4th

Sponsored by the York Rotary Club, this USATF certified 4-mile course has become one of the most popular races in the seacoast area. Registration opens on Saturday, February 1st, 2025, on the RunSignUp website. The race is limited to 1,000 participants so register early! Those who register by June 1st will be guaranteed a free race shirt in their requested size. Beyond June 1st shirts will be given upon availability.

NO DAY OF REGISTRATION AVAILABLE!

All registrations must be completed by July 1st at 8:00pm!

This is the 46th Annual Four on the 4th and we hope you join us!

REGISTER AT: <https://runsignup.com/Race/ME/York/YorkMEFouronthe4th>

This race is proud to be a member of the Seacoast Road Race Series and third in the series of races. Online registration information is available on our website at www.yorkparksandrec.org. Please note mail-in registration is not available. For more information on the Seacoast Road Race Series visit www.proportsmouth.org/seacoastseries.cfm



F. Neil Amidon D.M.D.
207-363-5242

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York, Maine 03909

Annual York Days 5k

Sunday, August 3rd

The Parks and Recreation Department will once again sponsor the York Days 5K Road Race. Free T-shirts will be given to anyone registered by July 1st. Kick off the week-long York Days Celebration with our scenic race. Proceeds from this race benefit York Parks & Recreation Department Youth Programs.

NO DAY OF REGISTRATION AVAILABLE!

All registrations must be completed by July 31st at 8:00pm!

REGISTER AT: <https://runsignup.com/Race/ME/York/YorkDays5K>

This race is proud to be a member of the Seacoast Road Race Series and fourth in the race series. Online registration information is available on our website at www.yorkparksandrec.org, note that mail-in registration is not available. For more information on the Seacoast Road Race Series visit www.proportsmouth.org/seacoast-series.cfm

Mount A Trail Challenge 5K/1 Mile

Saturday, September 20th

This is an event for all health levels to enjoy the outdoors and meet your own fitness goals. Our Big A Universal Access trail can accommodate all capabilities, while adjoining trails offer even greater challenges. Join us and establish your own personal record! This race is timed by the York Track & Field Program, traditional stopwatch style! Race amenities include post-race water and snacks. Consider bringing your own picnic lunch to enjoy at the summit after the raffle. Parking is limited. Rather than finisher awards, all runners are eligible for our raffle prizes! Unlike in years past, there is NO race day registration available. This and other modifications are put in place to ensure the safety of our staff, volunteers, participants, and spectators.

REGISTRATION: Available online at <https://runsignup.com/Race/ME/York/MtATrailChallenge>
Ongoing through September 18th
Bib Pick-Up will be on race day starting at 8:00am.

There will be no race day or mail-in registration.

COST: \$20.00 per individual, for either the 5K or 1 Mile
LOCATION: Mount Agamenticus Summit
DATE: Saturday, September 20th
TIMES: 5K starts at 9:00am / 1 Mile starts at 9:20am

Volunteers are needed to help make this event a success. More information and the course map will be available at www.agamenticus.org and www.yorkparksandrec.org

Register On Time

Nothing hurts a recreation program faster than participants who wait until the last minute to register. Please pay close attention to the registration dates.

SPECIAL EVENTS

Listed Chronologically

Memorial Day Parade

Monday, May 26th at 10:00am

Join the York community for the annual Memorial Day Parade, which runs from St. Christopher's Church to the First Parish Cemetery. The parade begins at 10:00am, ceremony to follow at First Parish Cemetery.

Old York Garden Club Annual Plant Sale

Saturday, May 31st - 9:00am-12:00pm - Rain or Shine

Join the Old York Garden Club for their Annual Plant Sale at the Grant House, 200 US Route 1 in York on Saturday, May 31st. The sale hours are 9:00am-12:00pm. The sale will feature hundreds of herbaceous perennials, pollinator plants, grass and shrubs selected from Garden Club member's borders to thrive in yours. Experienced gardeners will be on hand to answer questions and help you locate the perfect plant. Pollinator habitat plants are available! Credit cards accepted for plant purchases. Proceeds from the sale support OYGC undergraduate scholarship giving, Town of York civic beautification plantings, and community-wide outreach efforts.

Annual Four on the 4th Road Race

Friday, July 4th

See details in Race Section of this catalog.

July Fireworks at Short Sands

Friday, July 4th at 9:30pm

York Days 2025 & Future Dates

York Days is celebrated on the first full weekend in August. Future York Days will be held on the following dates:

2025 York Days: August 1st-August 3rd

2026 York Days: August 7th-August 9th

2027 York Days: August 6th-August 8th

York Days Lighting of the Nubble

Friday, July 25th - Sunday, August 3rd

Throughout the week and ending with York Days weekend, our summer residents and vacationers will have a chance to see the Nubble as it appears each year during the holiday season! A spectacular view from Sohier Park features the keeper's house and tower entirely outlined in white lights. For park details and updates, visit www.nubblelight.org.

York Days Wellness Fest for All Ages

Saturday, August 2nd

9:00am-1:00pm at York High School

Join us for a rejuvenating Wellness Fest in partnership with A Welcome Haven and Rise Wellness Collective! Experience the tran-

quility of yoga, the peace of meditation, and test your limits with an invigorating cold plunge. This event is completely free, so mark your calendars and stay tuned for more details on our website. Whether you're looking to find balance, seek inner calm, or push your boundaries, this wellness fest has something for everyone!

Annual York Days 5K

Sunday, August 3rd

See details in Race Section of this catalog.

York Days Craft Fair

Saturday and Sunday, August 2nd & 3rd - 9:00am-3:00pm

The York Days Craft Fair will be held at the York Beach Ball Field on Saturday, August 2nd and Sunday, August 3rd from 9:00am to 3:00pm. We would like to welcome both artisans and shoppers to participate in the display of crafts and family activities. Food, photography, sand art, pottery, crafts, jewelry, paintings, and clothing are just a few of the attractions. Visit our website for vendor information and applications: www.yorkparksandrec.org

York Days Fireworks

Sunday, August 3rd - 9:00pm

Sponsored by the York Beach Fire Department to celebrate the end of York Days, at Short Sands Beach, 9:00pm.

National Night Out

Tuesday, August 5th - 5:00pm-8:00pm

Join the York Police and York Fire Departments at the Bog Road Athletic Fields Complex on the first Tuesday in August, from 5:00pm-8:00pm. National Night Out is an annual community building campaign that promotes police/community partnerships and neighborhood camaraderie. The York Police and York Fire Departments will hold their third National Night Out for the citizens of York, complete with free food, games, bouncy house, emergency vehicles to explore, giveaways for kids, and more! This event is free for the York community and no registration required.



Sandcastle Contest at Short Sands Beach For All Ages!

Saturday, August 16th

Free Registration 9:00am-Noon

Get ready to showcase your sculpting skills at the Sandcastle contest. Whether you're a professional builder or a first-time participant, this is your chance to create something spectacular by the sea. Sign Up for Free! Look for our table on the boardwalk. Judging will begin at 1:00pm. Award ceremony at approximately 1:45pm. Winners in each category will receive awards. You must be present to win an award. Categories will be judged as follows: Children, Adult, and Family.

Bring your buckets, shovels, and imagination for a fun-filled day of sand art. See you there!

York Village Fire Department Annual Parade & Muster

Saturday, August 16th - 12:00pm

Join the York Village Fire Department for its 109th Annual Field Day. The parade begins at 12:00pm at the intersection of Woodbridge Road and York Street and finishes at the York Public Library. The muster follows at Moulton Park, located on York Street in York Harbor. Join them to view fire trucks and watch or participate in firefighter competitions. There will be food, games for kids, and t-shirts for sale. This is a great community event and the members of the York Village Fire Department hope you will join them!



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Mid-June-Mid-August
40 Hours Per Week

Camp Counselors

Mid-June to Mid-August
40 Hours Per Week

Recreation Intern

Mid-May-Late August
Hours Negotiable

Mt. Agamenticus Park Rangers

Early April-Mid-November
24-40 Hours Per Week

Mt. Agamenticus Volunteer Outreach Internship

8-Week Commitment
July-Mid-October
16 hours Per Week

Gift Shop Clerk

Sohier Park/Nubble Light
Early May-Late October
20-30 Hours Per Week

Lifeguards

Mid-June-Labor Day
Full Time

Applications are available online or at our office
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ELLIS PARK SUMMER CONCERT SERIES



Sponsored by Ellis Park – 6:30pm-8:30pm

The Ellis Park Concert Series will take place at the gazebo most evenings, this summer

July

- 3 Brian Walker
- 4 Johnny Bubar Show
- 5 Gerry T Band
- 6 Dover Community Band
- 10 Miraj
- 11 ELVIS
- 12 New Magnolia Jazz Band
- 13 Key Elements Band
- 17 Knock on Wood
- 18 Merrimack Valley Concert Band
- 19 After Hours Band
- 20 Compaq Big Band
- 24 Fred Dame Jr.
- 25 Big Picture Band
- 26 Amherst Town Band
- 27 Fugitive
- 31 Seacoast Wind Ensemble

August

- 1 Belairs
- 2 Cool Beans
- 3 60's Invasion
- 7 World Famous Grassholes
- 8 Amherst Brass Quintet
- 9 The Visitors
- 10 Windham Swing Band
- 14 Eastern Sound Band
- 15 Truth About Daiseys
- 16 Sing Along With Rich
- 17 Paul and Matt Marquis
- 21 North River Music
- 22 ELVIS
- 23 Cocheco Street Jazz Band
- 24 Mark Marquis Band
- 28 Delta Knights Band
- 29 All Together Now (Beatles)
- 30 Chris Desmond
- 31 Stone Broke

Beach Bonfire Benefit at Long Sands Beach

Saturday, August 30th - 6:00pm-10:00pm

(Tide may cause an earlier end)

The Beach Bonfire Benefit was started in 2001 after the tragic events on September 11th. Local business owners and residents, Walter and Jennifer Woods of Graystone Builders of Maine, felt the need to rally the community to raise funds for the NYFD. The excitement and success of the bonfire inspired and motivated the Woods family to create an annual tradition for the residents and visitors of York Beach. Since its inception, over 20 years ago, the bonfire has raised over \$100,000 for local charities and foundations. Graystone Builders of Maine has passed the torch, and together the York Parks & Recreation Department and York Community Service Association carry on this end of summer community tradition. The Beach Bonfire Benefit offers live entertainment and delicious concessions, enticing raffles, a food drive benefiting the York Food Pantry and of course, the town's largest bonfire! The bonfire and grills will be ignited at 6:00pm and continue until 10:00pm, or when the food runs out! This event would not be possible without the generous support of Graystone Builders of Maine and the Woods Family, the event's chief sponsor. Thank you for getting this event started Graystone Builders of Maine, we're delighted to be involved!

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TOWN OF YORK
PARKS & RECREATION



COMING THIS FALL & EARLY WINTER.....

More event information will be available in the 2025 fall and winter brochure

Festival of Frights Parade with "Trunk or Treat"

Friday, October 24th

A past favorite returns! The York Parks & Recreation Department, with special help from the York Police Department, is pleased to host this Halloween event to be held October 24th. The event will consist of a Halloween costume parade that begins at Short Sands on the basketball courts at 4:30pm and finishes at the Center for Active Living at 36 Main Street. If you'd like to be in the parade, please line up at Short Sands basketball courts no later than 4:15pm. Following the parade portion of the event there will be a "Trunk or Treat" for all participants to get some candy and treats at the Center for Active Living. Get those costumes ready and join us for a night of fun!

REGISTRATION: Drop In

COST: FREE

LOCATION: Parade starts at Short Sands Basketball Courts and ends at Center for Active Living
"Trunk or Treat" immediately following parade.

DAY: Friday, October 24th

TIME: Parade line starts to form at 4:15pm
Parade leaves for the Center for Active Living at 4:30pm

Annual Veterans Breakfast

Tuesday, November 11th

Free special for Veterans, generously sponsored by the York Committee for Veteran Affairs. All others may purchase any meal of their choosing. This event started and continues to thrive off the generosity of our community and sponsors!

Thank you, to all veterans, for your service! Be on the lookout for venue information in our Winter Brochure!

Nubble Holiday Lights

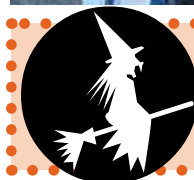
Saturday, November 29th–February 1st 2026

Visit Sohler Park to see the Nubble Lighthouse dressed in its holiday best. Lights will be on nightly from 4:00pm to midnight.

2025 Festival of Lights Parade

Saturday, December 6th

The Festival of Lights is held annually at the beginning of December to give thanks to the community for making York the delightful place it is and to celebrate the warmth and tradition of the season.



Trick or Treat night in York is
Thursday evening, October 30th,
the night before Halloween!

Thank You Sponsors!

Thank you to our sponsors! Their generous support allows us to print a quality brochure and helps support the programming available to the community. We encourage everyone to support these local businesses and organizations with their patronage.

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