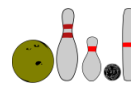
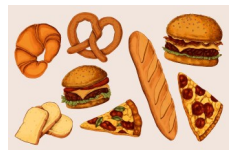
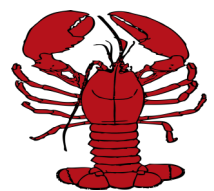




CAL Activities Calendar

August 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Movie Monday 1-3pm 	4	5 CAL Gals 1-2.30pm 	6 Ukulele 10-11.30am	7 Bingo with Scott 1-3pm 	8
9	10 CAL Summer Camp 8am-1pm 	11 CAL Summer Camp 8am-1pm Bowling 2-4pm 	12 CAL Summer Camp 8am-1pm	13 CAL Summer Camp 8am-1pm Ukulele 10-11.30am	14 Let`s Welcome Back Deb Meyers 11am-Noon Frozen Friday Finale 1-3pm 	15
16	17 Book Club 10am-11.30am BP/Glucose 2pm-2.30pm	18 Leftover Food Tips with Brianna 10.00am-11.00am 	19 Exploring with Art (Littleton NH) 6.30am-5.00pm MAKEUP DATE	20 Ukulele 10-11.30am Tech Help 11am-2pm Haircuts with Susan 1.30pm-4.00pm	21 Summer Bash "Lost Tracks" 1-3pm 	22
23	24 Seacoast Wheelers 9am-Noon Foot Clinic 9am-Noon Taddei Talks 10am-11am Final Cowboy Country Mtg 11am-Noon	25 Sing Along with Art 1pm-3pm Electric Light Orchestra	26 Game Day-Card Sharks 1-3pm 	27 Casino Trip 8am-4pm  Ukulele 10-11.30am	28 Lobster Bake 11.30am-1.00pm Bingo with Art 1.30-3.30pm	29 
30	31 CAL Fall Craft 1-3pm 	1 Breakfast Out @ Perkins Cove Kitchen 7.30am-10.30am 	2 Resident Registration	3 Ukulele 10-11.30am Non-Resident Registration	4	