



The York Rotary Club in cooperation with York Parks and Recreation Department presents the Annual

# TURKEY TROT 5K



**Date:** Saturday, November 30, 2019  
**Time:** 11:00 a.m.  
**Start at:** York Village Elementary School  
**Finish at:** York Town Hall  
**Course:** 5K USATF – Certified Road Race  
**Entry Fees:** \$20 mail-in, \$22.00 on-line (plus fees)  
\$25.00 Race Day space permitting (plus fees)

Visit our website at [www.yorkparksandrec.org](http://www.yorkparksandrec.org)

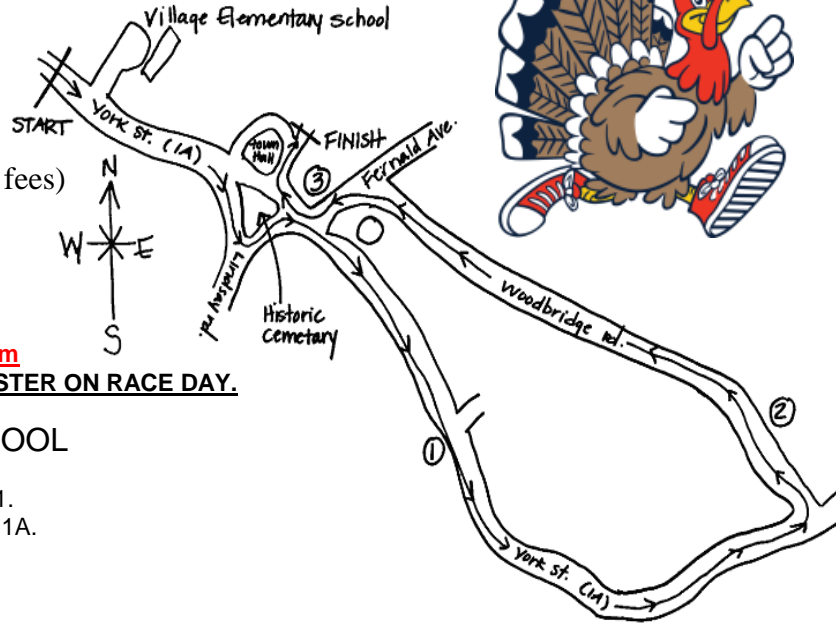
### CHECK-IN & REGISTRATION

Opens 9:30 a.m., Closes 10:45 a.m.

**T-shirts to those registered by November 1st!**

**PRE-REGISTRATION DEADLINE IS NOVEMBER 25<sup>TH</sup> at 9:00am**

**ANYONE WANTING TO REGISTER AFTER THAT MUST REGISTER ON RACE DAY.**



### DIRECTIONS TO VILLAGE ELEMENTARY SCHOOL

124 York Street, York, ME 03909

From I-95: take the York Exit, bear right at the lights onto Route 1.  
Travel to the top of the hill and take a left at the lights onto Route 1A.  
Village Elementary School is six-tenths of a mile on the left.

*Awards will be given to all Division Winners.*

*Race includes water, snacks, professional timing, and Police.*

**NO DOGS PLEASE** for their safety and ours

**ALL RACE PROCEEDS BENEFIT THE YORK FOOD PANTRY AND THE YORK HIGH SCHOOL TRACK & FIELD PROGRAM**

### Unisex Shirt Size

OS OM OL OXL OXXL

### Road Race Division

|       |                          |                          |                          |                          |                          |                          |                          |                          |                          |                          |                          |                          |                          |                          |
|-------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
|       |                          | 12 & Under               | 13 - 17                  | 18 - 29                  | 30 - 39                  | 40 - 49                  | 50 - 54                  | 55 - 59                  | 60 - 64                  | 65 - 69                  | 70 - 79                  | 80 & Up                  | Race Walking             | Wheelchair               |
| MEN   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| WOMEN | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

## York Rotary Club Turkey Trot 5K

Registration Form - Please Print Clearly

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Sex: \_\_\_\_\_ Age: \_\_\_\_\_ Telephone: \_\_\_\_\_

Email Address: \_\_\_\_\_

### WAIVER \*must be signed

In signing this entry, I for myself, my heirs, executors and administrators, release the manager of the race, all sponsors and promoters, York Rotary Club, the Town of York, for any and all liability in case of death or injury received during participation in this race. In the case of a minor, this entry must be signed by a parent or guardian of entrant.

Signature \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Make checks payable to:

## York Rotary Club

Mail Application to:  
York Parks & Recreation Department  
186 York St., York, ME 03909

For more registration information,  
call the York Parks & Recreation  
Department at (207) 363-1040.

Visit our website at [www.yorkparksandrec.org](http://www.yorkparksandrec.org)