



# March 2019 Luncheon Menu

YORK PARKS AND RECREATION DEPARTMENT SENIOR CENTER

(207) 363-1036

MEMBER DONATION \$4.00

					1 Baked haddock with shrimp sauce OR plain parsley potato and vegetable.	2
3	4 Stuffed cabbage roll, smashed potato and vegetable.	5 Sweet N sour pork over rice, egg roll, vegetables.	6 Meatloaf, mashed potato and vegetable.	7 Yankee pot roast with vegetable garnish, mashed potato and vegetable.	8 Seafood Newburgh over rice OR baked haddock, rice pilaf, vegetable.	9
10	11 Baked chicken breast with mushroom sauce.	12 Salisbury steak with peppers and onions, mashed potato and vegetable.	13 Pork chops with pepper and onion, mashed potato and vegetable.	14 Garden salad, lasagna roll-up with red sauce, sausage, meatball.	15 <b>St. Patrick's Day</b> Corned beef and cabbage. <b>NO TAKE OUTS TODAY.</b> <i>Deadline 3/8 as long as space permits. Cost \$6.00</i>	16
17	18 Garden salad, chicken cacciatore over spaghetti, garlic bread.	19 Shepherd's pie, vegetable, corn muffin.	20 Philly shaved steak stuffed pepper, potato wedges, vegetable.	21 Roast chicken breast with stuffing, potato, vegetable.	22 Baked haddock with seafood crumb topping, au gratin potato and vegetable.	23
24 31	25 Grilled liver with onions and bacon OR spiral baked ham, potato, vegetable.	26 Mini meatloaf, mashed potatoes, vegetable.	27 Country style chicken breast, potato-and-egg salad, coleslaw, vegetable.	28 Garden salad, stuffed shells with red sauce, meatball, sausage.	29 Seafood pie OR baked haddock, rice pilaf, vegetable.	30

## Friendly Reminder

As we continue to grow and welcome new members, it becomes more important for you to make your lunch reservations with us in a timely fashion. Some of our popular meals have been known to sell out on occasion, so please remember to sign up early to reserve your space!

Registrations can be made by **3:00pm the day before** you wish to join us. On rare occasions, same day reservations may be accepted **before 9:00am** as long as space permits.

Please **do not leave a voice message**, but be sure and speak with someone personally when making your reservation.

When joining us for lunch, **please arrive by 11:30am** to allow ample time for set-up before we serve. If you are running late, kindly let us know and we'll set your meal aside for you.