



February 2019 Luncheon Menu

YORK PARKS AND RECREATION DEPARTMENT SENIOR CENTER

(207) 363-1036

MEMBER DONATION \$4.00

					1 CHOICE DAY Baked haddock Florentine OR plain baked haddock, rice pilaf and vegetable.	2
3	4 Pork chops with pepper and onion, mashed potato and vegetable.	5 CHOICE DAY Homemade soup, bacon/ham quiche OR spinach/ broccoli quiche.	6 Yankee pot roast with vegetable garnish, mashed potato and vegetable.	7 Salisbury steak with mushrooms, onions and peppers, mashed potatoes and vegetable.	8 CHOICE DAY Seafood pie OR plain baked haddock, rice pilaf and vegetables.	9
10	11 Homemade soup, Canadian pork pie, and vegetable.	12 Garden salad, chicken parmesan over spaghetti and garlic bread.	13 Beef stroganoff meatballs over egg noodles, and vegetable.	14 Marinated Strip Steak with red potatoes or marinated shrimp over rice and vegetable COST \$6	15 Baked haddock with crumb topping, spinach rice pilaf and vegetables.	16
17	18 CLOSED  *** HAPPY *** PRESIDENTS DAY *****	19 Baked spiral ham with pineapple, mac and cheese and vegetable.	20 Turkey dinner with all the fixin's. Cost \$5.00. Deadline 2/15/19—don't miss out!	21 Garden salad, spaghetti with meat sauce, meatballs/sausage and garlic bread.	22 "Oven fried" fish-n- chips, cole slaw and corn muffin.	23
24	25 CHOICE DAY Chicken ala king over rice OR biscuit, and vegetable.	26 Roast pork dinner with "smashed" garlic potatoes, and vegetable.	27 Greek salad, Greek meatballs over rice with a vegetable.	28 Homemade soup, grilled Reuben sandwich, chips and a pickle.	1 Baked haddock with shrimp sauce OR plain, parsleyed potato and a vegetable.	

Friendly Reminder

As we continue to grow and welcome new members, it becomes more important for you to make your lunch reservations with us in a timely fashion. Some of our popular meals have been known to sell out on occasion, so please remember to sign up early to reserve your space!

Registrations can be made by **3:00pm the day before** you wish to join us. On rare occasions, same day reservations may be accepted **before 9:00am** as long as space permits.

Please **do not leave a voice message**, but be sure and speak with someone personally when making your reservation.

When joining us for lunch, **please arrive by 11:30am** to allow ample time for set-up before we serve. If you are running late, kindly let us know and we'll set your meal aside for you.